

**FINA 18th OW World Champs 2019 @ Gwangju - 2019-08-09 to 2019-08-11****Yeosu Expo Ocean Park - Gwangju South Korea****Results - OW Friday 9th to Sun 11th****Event 1 Women 40-44 3k Open Water****43:49.00 40-44 SAQT SAMS CQT 2019-2020**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
2	Nurse, Kathryn	40	Cape Town MSC-CP	44:41.30
3	Kruger, Sam	41	Synergy MSC-ET	45:56.50
13	van Wyk, Melanie	42	Cape Town MSC-CP	58:59.60

**Event 1 Men 50-54 3k Open Water****41:18.00 50-54 SAQT SAMS CQT 2019-2020**

1	Albertyn, Gary	50	Coelacanth MSC-TS	36:48.10	SAQT
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**Event 1 Men 60-64 3k Open Water****45:12.00 60-64 SAQT SAMS CQT 2019-2020**

7	Upneck, Russell	63	Synergy MSC-ET	49:08.40
12	Lotkin, Roy	60	Waterborn SCM-JH	53:38.00

**Event 1 Men 65-69 3k Open Water****48:32.00 65-69 SAQT SAMS CQT 2019-2020**

9	Sundelowitz, Selwyn	69	Coelacanth MSC-TS	55:37.90
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**Event 1 Men 70-74 3k Open Water****51:44.00 70-74 SAQT SAMS CQT 2019-2020**

6	Mitchell, Tocher	72	Wahoo MSC-JH	58:43.30
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