Early Bird entries for the 16th annual Dis-Chem Sun City Swim, to be held on 26th October 2013, closed on Saturday 31st August. Standard entries only close Friday 4th October 2013 and late entries will ONLY be taken at Sun City on the 25th and 26th October but there is a R100 penalty per person with no guarantee of a goody bag.

[Dis-Chem](http://www.dischem.co.za/) and [Sun City](http://www.suninternational.com/sun-city/Pages/default.aspx) remain the title sponsors. [Speedo](http://www.speedo.co.za/) have committed to providing Speedo golf shirts to identify helpers and swimming caps for each event, [Voltaren](http://www.voltaren.co.za) will once again present medals to all finishers and [Bené Water](http://www.bene.co.za) will hand out bottles of spring water to all competitors exiting the finish area.

Some of our new sponsors include; [Garrun Group](http://www.garrun-group.co.za/) who is providing In Motion Africa with Events Indemnity Insurance, as well as Personal Accident Cover to all those participants who accept the offer, with [Similasan](http://www.similasan-sa.co.za/) providing face painting for the children and [Biogen](http://www.biogen.co.za/) supplying Slushies, and some other handouts.

The fun swim will be sponsored by [PharmaChoice](http://www.pharmachoice.co.za/) this year, becoming the PharmaChoice 600m Fun Swim.

At the closing of Early Bird Entries we had received 1567 entries, almost a 20% increase from the 2012 Swim, with the largest group being Event 3, with 231 entries so far.

This swim is considered an event both for the top swimmers and the entire family. Elite swimmers may earn points for the CGA Challenge Series and use their times to qualify for SSA National Events as it will meet all the requirements for Swimming South Africa sanctioning.

The first Event of the day at 08h00 is 3km followed by 4 age group 1500m swims every hour from 09h30, with the disabled swimmers competing in the last of the 1500m race. The 2012 course for the Fun Swim went off as a success, so the same course will be used for this years’ untimed 600m fun swim, taking place at 13h30. Swimmers may swim this event with swimming aids if required.

Those that have completed the Dis-Chem Sun City Swim 10 or more times will receive an Orange Loyalty Swimming Cap. This swimming cap will distinguish them from all the other swimmers. At this year’s swim, swimmers will be required to swim in the Speedo sponsored cap or the 10 Year Loyalty swimming cap.

The Dis-Chem Sun City Swim has committed to using the ChampionChip system for this year’s swim. Each swimmer purchases a chip which is registered to that swimmer for life. It can be used at any other sporting event that makes use of ChampionChip Timing. It is highly recommended that each swimmer purchases a chip if they do not yet own one. The organisers have arranged Biogen branded ankle straps to give to all chip owners in their registration pack. Without a chip, the swimmer will not get a time and their swim will not be counted towards the 10 Year Loyalty Award.

As in 2012, Annemarie Dressler, the Official Biokineticist of the Dis-Chem Sun City Swim, will once again bring novice and beginner swimmers a training program to get them fit in time for this year’s swim. Annemarie is a registered practicing Biokineticist and holds ASCA Level 1&2 qualifications for Open Water and Masters Swimming Coaching. Annemarie has been running an internet coaching service since 2005, providing individualised email based coaching and strength conditioning services. She has also recently started a Masters Swim Squad in Pretoria.

[Little Eden](http://www.littleeden.org.za/) and [The Kidney Beanz Trust](http://www.kidneybeanz.co.za/) are the official charities for the Dis-Chem Sun City Swim. The organisers will donate R5 of each pre-entry fee to these charities and entrants are asked to make voluntary donations. The Dis-Chem Foundation has agreed once again to match the swimmers voluntary donations Rand for Rand. These donations will be handed over in the form of a cheque to each of these beneficiaries on the day of the swim.

Entries will be taken either online by credit card or by faxed/scanned entry with direct deposit. For online entries, detailed information and an entry form go to [www.suncityswim.co.za](http://www.suncityswim.co.za)