

Frostbite 1 - 26/05/2018

Results

Event 1 Women 40-44 800 SC Meter Freestyle

WORLD record: 8:55.34 W 24/01/2016 KIRSTEN CAMERON GBR
SAMS record: 10:04.49 S 28/11/2009 Heather Morris-Eyton (Jhb)
GMS record: 10:04.49 G 28/11/2009 Heather Morris-Eyton (Jhb)
 9:56.05 40-44 SAQT SAMS Colours 2017-18
 10:37.77 40-44 CGQT GMS Colours 2017-18

Name	Age	Team	Button 1	Button 2	Button 3	Finals Time	Points
1 O'Mahony, Pearl	41	WAHOO MSC-JH	18:24.23			18:24.23	12

Event 1 Women 45-49 800 SC Meter Freestyle

WORLD record: 9:11.37 W 15/05/2009 K.PIPES-NEILSEN USA
SAMS record: 10:23.16 S 19/10/2008 Cecilia Stanford (Stb)
GMS record: 10:27.71 G 24/11/2012 Heather Morris-Eyton (Jhb)
 10:07.24 45-49 SAQT SAMS Colours 2017-18
 10:49.75 45-49 CGQT GMS Colours 2017-18

1 Isakov, Rachele	48	WAHOO MSC-JH	11:31.20		11:31.05	11:31.20	12
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Event 1 Women 50-54 800 SC Meter Freestyle

WORLD record: 9:23.45 W 09/01/2011 LYNN MARSHALL CAN
SAMS record: 10:14.35 S 16/10/2011 Cecilia Stanford (CT)
GMS record: 11:34.54 G 01/11/2003 Marissa Rollnick (USA)
 10:19.77 50-54 SAQT SAMS Colours 2017-18
 11:03.15 50-54 CGQT GMS Colours 2017-18

1 Dressler, Annemarie	54	COELACANTH MSC-TS	12:01.36		12:01.20	12:01.36	12
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Event 1 Women 55-59 800 SC Meter Freestyle

WORLD record: 9:32.63 W 23/04/2017 LYNN MARSHALL CAN
SAMS record: 10:25.15 S 19/11/2016 Cecilia Stanford (CT) CPTW-WP
GMS record: 11:23.65 G 19/05/2012 Clare Davie (Jhb)
 10:46.46 55-59 SAQT SAMS Colours 2017-18
 11:31.71 55-59 CGQT GMS Colours 2017-18

1 du Rand, Dawn	59	WATERBORN SCM-JH	14:40.14		14:39.95	14:40.14	12
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Event 1 Women 65-69 800 SC Meter Freestyle

WORLD record: 10:34.67 W 30/01/2016 LAURA VAL USA
SAMS record: 12:30.86 S 27/08/2016 Maureen Mons (Jhb) PHOE-CG
GMS record: 12:30.86 G 27/08/2016 Maureen Mons (Jhb) PHOE-CG
 12:34.56 65-69 SAQT SAMS Colours 2017-18
 13:27.38 65-69 CGQT GMS Colours 2017-18

1 Rollnick, Marissa	67	PHOENIX MSC-JH	14:21.99		14:21.93	14:21.99	12
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2 Ferreira, Mercia	69	WAHOO MSC-JH	17:25.57		17:25.42	17:25.57	10
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--- Mons, Maureen 67 PHOENIX MSC-JH NS

Event 1 Women 70-74 800 SC Meter Freestyle

WORLD record: 12:11.34 W 13/11/2016 CAROLYN BOAK USA
SAMS record: 13:46.37 S 14/01/2017 Bev Shuttleworth (Dbn) HIGH-KZ
GMS record: 15:27.48 G 19/10/2013 Sue Leuner (Jhb) PHOE-CG
 14:16.98 70-74 SAQT SAMS Colours 2017-18
 15:16.97 70-74 CGQT GMS Colours 2017-18

1 Rees, Jane	74	COELACANTH MSC-TS	18:47.74			18:47.74	12
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Event 1 Men 30-34 800 SC Meter Freestyle

WORLD record: 8:17.06 W 10/12/2000 ALEX KOSTICH USA
SAMS record: 9:15.48 S 1991 P Blackbeard (Dbn)
GMS record: 9:20.70 G 19/10/2013 Mike Phillips (Jhb) WAHO-CG
 8:54.00 30-34 SAQT SAMS Colours 2017-18
 9:31.38 30-34 CGQT GMS Colours 2017-18

1 O'Mahony, Andrew	32	WAHOO MSC-JH	12:35.29		12:35.15	12:35.29	12
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Frostbite 1 - 26/05/2018

Results

Event 1 Men 35-39 800 SC Meter Freestyle

WORLD record: 8:16.19 W 06/12/2009 ALEX KOSTICH USA
SAMS record: 9:46.33 S 9/2004 Bruce Sneddon (CT)
GMS record: 9:58.75 G 19/10/2013 Adrian Goate (Jhb) AQUA-CG
 8:52.59 35-39 SAQT SAMS Colours 2017-18
 9:29.87 35-39 CGQT GMS Colours 2017-18

1 Mattes, Jason 36 AQUA ATHLETE - MASTERS 13:31.79 13:31.72 13:31.79 12

Event 1 Men 40-44 800 SC Meter Freestyle

WORLD record: 8:15.69 W 25/02/2017 SAMUELE PAMPANA ITA
SAMS record: 9:33.07 S 11/2004 Gregg Price (Jhb)
GMS record: 9:33.07 G 28/11/2004 Gregg Price (Jhb)
 9:05.54 40-44 SAQT SAMS Colours 2017-18
 9:43.73 40-44 CGQT GMS Colours 2017-18

1 Ford, Coillard 44 CHAMPION SC-M-TS 9:53.88 9:53.80 9:53.88 12

2 Potgieter, Dirk 41 WAHOO MSC-JH 11:57.57 11:57.56 11:57.57 10

Event 1 Men 45-49 800 SC Meter Freestyle

WORLD record: 8:24.75 W 29/03/2015 FABIO CALMASINI ITA
SAMS record: 9:41.22 S 12/2000 C Quibell (Dbn)
GMS record: 10:40.41 G 13/11/1994 Ron Prior
 9:12.45 45-49 SAQT SAMS Colours 2017-18
 9:51.12 45-49 CGQT GMS Colours 2017-18

1 Carstens, FC 48 COELACANTH MSC-TS 13:27.60 13:27.38 13:27.60 12

Event 1 Men 50-54 800 SC Meter Freestyle

WORLD record: 8:44.51 W 10/12/2000 JIM MCCONICA USA
SAMS record: 9:42.64 S 14/01/2017 Julian Taylor (Dbn) EACS-KZ
GMS record: 11:02.92 G 16/11/1997 Ron Prior
 9:13.38 50-54 SAQT SAMS Colours 2017-18
 9:52.12 50-54 CGQT GMS Colours 2017-18

1 Collins, Tom 51 WATERBORN SCM-JH 11:23.74 11:23.74 11:23.74 12

2 de Villiers, Dawie 52 COELACANTH MSC-TS 13:49.69 13:49.65 13:49.69 10

Event 1 Men 55-59 800 SC Meter Freestyle

WORLD record: 8:51.34 W 21/11/2009 MICHAEL MANN USA
SAMS record: 10:04.18 S 19/10/2008 Doug Howieson (Stb)
GMS record: 10:18.52 G 27/08/2016 Joel Finn (Jhb) WAHO-CG
 9:46.44 55-59 SAQT SAMS Colours 2017-18
 10:27.49 55-59 CGQT GMS Colours 2017-18

1 Gray, Garth 56 WATERBORN SCM-JH 13:22.20 13:22.20 13:22.20 12

Event 1 Men 65-69 800 SC Meter Freestyle

WORLD record: 9:53.06 W 04/04/2015 JIM MCCONICA USA
SAMS record: 11:00.56 S 15/10/2017 Tim Shead (Orl) CPTW-WP
GMS record: 13:26.70 G 12/11/1995 Peter Pirow
 11:08.81 65-69 SAQT SAMS Colours 2017-18
 11:55.63 65-69 CGQT GMS Colours 2017-18

1 von Geyso, Carl 66 COELACANTH MSC-TS 14:24.79 14:24.75 14:24.79 12

Event 1 Men 70-74 800 SC Meter Freestyle

WORLD record: 10:52.68 W 12/10/2001 GRAHAM JOHNSTON USA
SAMS record: 12:36.93 S 19/10/2008 Dave McLachlan (Stb)
GMS record: 14:16.66 G 24/11/2007 Russel Wolpe (Jhb)
 12:13.40 70-74 SAQT SAMS Colours 2017-18
 13:04.74 70-74 CGQT GMS Colours 2017-18

1 Myers, Winton 74 WAHOO MSC-JH 16:35.84 16:35.69 16:35.84 12

Frostbite 1 - 26/05/2018

Results

Event 2 Women 25-29 50 SC Meter Breaststroke

WORLD record:	30.50	W	08/06/2014	PETRA CHOCOVA						
SAMS record:	35.36	S	10/06/2007	Claire Rolt (Jhb)						
GMS record:	37.33	G	14/01/1996	Heather Morris-Eyton						
	33.35			25-29 SAQT SAMS Colours 2017-18						
	35.68			25-29 CGQT GMS Colours 2017-18						
1	Marais, Nadine		25	AQUA ATHLETE - MASTERS	38.87		38.63	38.87		12
2	Odendaal, Dalena		25	WAHOO MSC-JH	42.37	42.23	42.21	42.37		10

Event 2 Women 35-39 50 SC Meter Breaststroke

WORLD record:	31.87	W	25/03/2012	HITOMI MATSUDA						
SAMS record:	35.21	S	28/10/2017	Claire Rolt (Jhb)						
GMS record:	37.37	G	21/08/2005	Heather Morris-Eyton (C.T.)						
	35.00			35-39 SAQT SAMS Colours 2017-18						
	37.45			35-39 CGQT GMS Colours 2017-18						
1	Grobler, Telani		38	COELACANTH MSC-TS	44.67			44.67		12

Event 2 Women 45-49 50 SC Meter Breaststroke

WORLD record:	33.01	W	16/07/2017	LINLEY FRAME						
SAMS record:	35.87	S	27/10/2012	Heather Morris-Eyton (Jhb)						
GMS record:	35.87	G	27/10/2012	Heather Morris-Eyton (Jhb)						
	36.35			45-49 SAQT SAMS Colours 2017-18						
	38.89			45-49 CGQT GMS Colours 2017-18						
1	Struwig, Nicky		46	COELACANTH MSC-TS	49.15		48.95	49.15		12

Event 2 Women 65-69 50 SC Meter Breaststroke

WORLD record:	40.90	W	09/05/2010	NOBUKO YASUDA						
SAMS record:	43.63	S	05/03/2017	Annette Thatcher (Dbn)						
GMS record:	48.68	G	17/06/2017	Dael Stojakovic (Jhb)						
	44.21			65-69 SAQT SAMS Colours 2017-18						
	47.30			65-69 CGQT GMS Colours 2017-18						
1	Lawless, Helen		69	WAHOO MSC-JH	59.83		59.63	59.83		12
2	Ferreira, Mercia		69	WAHOO MSC-JH	1:06.34		1:06.07	1:06.34		10

Event 2 Men 40-44 50 SC Meter Breaststroke

WORLD record:	28.22	W	12/11/2016	JEFF COMMINGS						
SAMS record:	32.01	S	10/10/2010	Cliff Lyne (Pmb)						
GMS record:	33.29	G	20/08/1994	Tim Shead						
	29.95			40-44 SAQT SAMS Colours 2017-18						
	32.05			40-44 CGQT GMS Colours 2017-18						
1	Erasmus, Jaco		40	WAHOO MSC-JH	38.84		38.63	38.84		12
2	van Olst, Marc		43	WATERBORN SCM-JH	40.97		40.76	40.97		10
3	Marais, Stefan		44	PHOENIX MSC-JH	43.80		43.52	43.80		8

Event 2 Men 45-49 50 SC Meter Breaststroke

WORLD record:	28.87	W	17/01/2010	RICO ROLLI						
SAMS record:	31.75	S	19/08/2010	Johan van der Merwe (CT)						
GMS record:	34.08	G	29/10/2006	Gregg Price (Jhb)						
	30.56			45-49 SAQT SAMS Colours 2017-18						
	32.70			45-49 CGQT GMS Colours 2017-18						
1	Bradshaw, Gary		49	WATERBORN SCM-JH	35.32		35.13	35.32		12
2	Neumann, Andy		48	COELACANTH MSC-TS	38.18		37.88	38.18		10
3	Miller, Harold		49	AQUA ATHLETE - MASTERS	45.22		45.21	45.22		8
4	Strydom, Jaco		45	UNATTACHED - GAUTENG I	55.97		55.97	55.97		7

Frostbite 1 - 26/05/2018

Results

Event 2 Men 55-59 50 SC Meter Breaststroke

WORLD record:	30.37	W	17/12/2016	DAVID GUTHRIE						
SAMS record:	32.36	S	18/10/2009	Tim Shead (CT)						
GMS record:	34.96	G	12/05/2007	Bob Hatherly (Jhb)						
	32.96			55-59 SAQT SAMS Colours 2017-18						
	35.27			55-59 CGQT GMS Colours 2017-18						
1	Gray, Garth		56	WATERBORN SCM-JH	47.88		47.06	47.88		12
2	de Beer, David		56	COELACANTH MSC-TS	53.56		53.60	53.56		10

Event 2 Men 65-69 50 SC Meter Breaststroke

WORLD record:	32.50	W	20/11/2016	RICK COLELLA						
SAMS record:	33.68	S	26/03/2017	Tim Shead (SWE)						
GMS record:	39.41	G	15/05/2010	Brian Nelson (Jhb)						
	36.50			65-69 SAQT SAMS Colours 2017-18						
	39.06			65-69 CGQT GMS Colours 2017-18						
1	Arbuthnot, Dave		65	COELACANTH MSC-TS	43.25		42.98	43.25		12
2	Keeling, Guy		65	COELACANTH MSC-TS	46.61			46.61		10
3	van Heerden, Carel		68	WATERBORN SCM-JH	49.80		49.53	49.80		8

Event 2 Men 70-74 50 SC Meter Breaststroke

WORLD record:	35.53	W	10/04/2016	DIETER HOFEL						
SAMS record:	41.25	S	10/09/2017	Francois du Toit (CT)						
GMS record:	49.62	G	10/06/2007	Russel Wolpe (Jhb)						
	39.37			70-74 SAQT SAMS Colours 2017-18						
	42.13			70-74 CGQT GMS Colours 2017-18						
1	Myers, Winton		74	WAHOO MSC-JH	1:01.17		1:01.12	1:01.17		12

Event 3 Women 45-49 200 SC Meter Backstroke

WORLD record:	2:18.15	W	26/02/2009	K.PIPES-NEILSEN						
SAMS record:	2:41.53	S	20/07/2013	Annemarie Dressler (Jhb)						
GMS record:	2:47.98	G	29/09/2001	Clare Davie (Jhb)						
	2:36.52			45-49 SAQT SAMS Colours 2017-18						
	2:47.48			45-49 CGQT GMS Colours 2017-18						
---	Isakov, Rachelle		48	WAHOO MSC-JH					NS	

Event 3 Women 55-59 200 SC Meter Backstroke

WORLD record:	2:29.22	W	22/01/2017	KARLYN PIPES						
SAMS record:	2:47.43	S	24/08/2014	Diane Coetzee (Stb)						
GMS record:	2:56.35	G	29/10/2011	Clare Davie (Jhb)						
	2:47.01			55-59 SAQT SAMS Colours 2017-18						
	2:58.70			55-59 CGQT GMS Colours 2017-18						
1	Kotze, Debbie		57	COELACANTH MSC-TS	3:41.17	3:41.16	3:41.01	3:41.17		12

Event 3 Men 45-49 200 SC Meter Backstroke

WORLD record:	2:05.54	W	12/12/2009	CHRIS STEVENSON						
SAMS record:	2:22.18	S	18/01/2012	Julian Taylor (Dbn)						
GMS record:	2:45.95	G	09/01/1994	Charle Meyer						
	2:15.56			45-49 SAQT SAMS Colours 2017-18						
	2:25.05			45-49 CGQT GMS Colours 2017-18						
1	Crowther, Bobbie		49	WAHOO MSC-JH	3:52.67		3:52.53	3:52.67		12

Event 4 Women 25-29 50 SC Meter Freestyle

WORLD record:	25.42	W	12/03/2006	SUMIKA KOMATSU						
SAMS record:	26.47	S	25/10/2014	Elzanne Werth (Jhb)						
GMS record:	26.47	G	25/10/2014	Elzanne Werth (Jhb)						
	26.49			25-29 SAQT SAMS Colours 2017-18						
	28.34			25-29 CGQT GMS Colours 2017-18						
1	Odendaal, Dalena		25	WAHOO MSC-JH	31.45		31.37	31.45		12
2	Marais, Nadine		25	AQUA ATHLETE - MASTERS	32.20		32.04	32.20		10

Frostbite 1 - 26/05/2018

Results

Event 4 Women 65-69 50 SC Meter Freestyle

WORLD record:	29.30	W	19/11/2016	LAURA VAL					USA
SAMS record:	31.22	S	30/08/2015	Sanderina Kruger (CT)					CPTW-WP
GMS record:	33.85	G	23/07/2016	Marissa Rollnick (Jhb)					PHOE-CG
	33.95			65-69 SAQT SAMS Colours 2017-18					
	36.33			65-69 CGQT GMS Colours 2017-18					
1	Rollnick, Marissa		67	PHOENIX MSC-JH	37.12	36.96	37.10	37.12	12
2	Lawless, Helen		69	WAHOO MSC-JH	49.02		48.77	49.02	10
3	Ferreira, Mercia		69	WAHOO MSC-JH	50.81		50.49	50.81	8
---	Mons, Maureen		67	PHOENIX MSC-JH				NS	

Event 4 Men 30-34 50 SC Meter Freestyle

WORLD record:	21.59	W	28/11/2015	EVGENIY LAGUNOV					RUS
SAMS record:	23.79	S	23/10/2005	Andrew Biram (Jhb)					
GMS record:	23.79	G	23/10/2005	Andrew Biram (Jhb)					
	23.18			30-34 SAQT SAMS Colours 2017-18					
	24.80			30-34 CGQT GMS Colours 2017-18					
1	Botes, Romeo		30	WAHOO MSC-JH	30.03		29.95	30.03	12

Event 4 Men 35-39 50 SC Meter Freestyle

WORLD record:	21.53	W	27/10/2007	MARK FOSTER					GBR
SAMS record:	22.48	S	19/10/2014	Ryk Neethling (Stb)					CPTW-WP
GMS record:	25.06	G	17/08/2013	Adrian Goate (Jhb)					AQUA-CG
	23.89			35-39 SAQT SAMS Colours 2017-18					
	25.56			35-39 CGQT GMS Colours 2017-18					
1	O'Brien, Jet		36	AQUA ATHLETE - MASTERS	29.52			29.52	12

Event 4 Men 40-44 50 SC Meter Freestyle

WORLD record:	22.75	W	08/05/2016	HIDEAKI HARA					JPN
SAMS record:	23.62	S	04/03/2018	Marc Allan (Dbn)					EACS-ETH
GMS record:	25.89	G	17/08/2013	Byron Dillon (Jhb)					AQUA-CG
	24.14			40-44 SAQT SAMS Colours 2017-18					
	25.83			40-44 CGQT GMS Colours 2017-18					
1	Erasmus, Jaco		40	WAHOO MSC-JH	26.71		26.55	26.71	12
2	Goate, Adrian		44	AQUA ATHLETE - MASTERS	26.94		26.77	26.94	10
3	van Olst, Marc		43	WATERBORN SCM-JH	30.47		30.09	30.47	8
4	Marais, Stefan		44	PHOENIX MSC-JH	32.48	32.31	32.31	32.48	7

Event 4 Men 45-49 50 SC Meter Freestyle

WORLD record:	23.29	W	07/05/2016	JOAKIM HOLMQUIST					SWE
SAMS record:	24.90	S	16/10/2011	Bryan Tatterson (Orl)					
GMS record:	25.37	G	29/10/2006	Gregg Price (Jhb)					
	24.49			45-49 SAQT SAMS Colours 2017-18					
	26.20			45-49 CGQT GMS Colours 2017-18					
1	Neumann, Andy		48	COELACANTH MSC-TS	29.55		29.38	29.55	12
2	Miller, Harold		49	AQUA ATHLETE - MASTERS	38.00		37.70	38.00	10
3	Strydom, Jaco		45	UNATTACHED - GAUTENG I	41.23		41.15	41.23	8
4	Joubert, Charles		45	AQUA ATHLETE - MASTERS	47.19	47.37		47.37	7

Event 4 Men 50-54 50 SC Meter Freestyle

WORLD record:	23.38	W	18/10/2009	ROWDY GAINES					USA
SAMS record:	24.40	S	17/04/2016	Calvin Maughan (CT)					CPTW-WP
GMS record:	25.82	G	14/05/2006	Andre Steynberg (Jhb)					
	25.18			50-54 SAQT SAMS Colours 2017-18					
	26.94			50-54 CGQT GMS Colours 2017-18					
---	de Villiers, Dawie		52	COELACANTH MSC-TS				NS	

Frostbite 1 - 26/05/2018

Results

Event 4 Men 55-59 50 SC Meter Freestyle

WORLD record:	24.51	W	19/04/2015	BRENT BARNES				JPN
SAMS record:	26.19	S	14/07/2012	Andre Steynberg (Jhb)				
GMS record:	26.19	G	14/07/2012	Andre Steynberg (Jhb)				
	26.31			55-59 SAQT SAMS Colours 2017-18				
	28.15			55-59 CGQT GMS Colours 2017-18				
1	Morgan, Trevor	59	COELACANTH MSC-TS	30.53	30.25	30.53	12	
2	Gray, Garth	56	WATERBORN SCM-JH	34.86	34.70	34.86	10	
3	de Beer, David	56	COELACANTH MSC-TS	35.10	34.97	35.10	8	
4	O'Brien, Gene	58	AQUA ATHLETE - MASTERS	35.23	35.02	35.23	7	

Event 4 Men 60-64 50 SC Meter Freestyle

WORLD record:	24.90	W	03/12/2006	RICH ABRAHAMS				USA
SAMS record:	27.63	S	16/05/2009	Terry Downes (Jhb)				
GMS record:	29.04	G	10/06/2007	Doug Wilson (Jhb)				
	27.03			60-64 SAQT SAMS Colours 2017-18				
	28.92			60-64 CGQT GMS Colours 2017-18				
1	Scholtemayer, Kobus	61	WAHOO MSC-JH	38.27	38.13	38.27	12	

Event 4 Men 65-69 50 SC Meter Freestyle

WORLD record:	25.62	W	14/10/2012	RICHARD ABRAHAMS				USA
SAMS record:	29.22	S	21/06/2014	Terry Downes (Jhb)				COEL-NT
GMS record:	31.87	G	27/11/2010	John Petersen (Jhb)				
	28.50			65-69 SAQT SAMS Colours 2017-18				
	30.50			65-69 CGQT GMS Colours 2017-18				
1	Swanepoel, Pieter	69	COELACANTH MSC-TS	39.17	39.02	39.17	12	
2	von Geysso, Carl	66	COELACANTH MSC-TS	39.37	39.24	39.37	10	
3	Burger, Francois	69	COELACANTH MSC-TS	39.49	39.23	39.49	8	
4	van Heerden, Carel	68	WATERBORN SCM-JH	44.67	44.47	44.67	7	

Event 4 Men 70-74 50 SC Meter Freestyle

WORLD record:	26.88	W	10/10/2015	RICHARD ABRAHAMS				USA
SAMS record:	31.46	S	23/04/2017	Doug Wilson (CT)				CPTW-WP
GMS record:	34.29	G	29/08/2015	John Petersen (Jhb)				PHOE-CG
	30.00			70-74 SAQT SAMS Colours 2017-18				
	32.10			70-74 CGQT GMS Colours 2017-18				
1	May, Walter	73	WAHOO MSC-JH	36.68	36.56	36.68	12	
2	Myers, Winton	74	WAHOO MSC-JH	44.24	44.09	44.24	10	
---	Jennings, Ross	73	COELACANTH MSC-TS			NS		

Event 4 Men 80-84 50 SC Meter Freestyle

WORLD record:	31.74	W	03/05/2016	HIROSHI MATSUMOTO				JPN
SAMS record:	38.31	S	4/2003	Renato Selati (Dbn)				
GMS record:	46.34	G	15/07/2017	Russel Wolpe (Jhb)				PHOE-JHB
	34.66			80-84 SAQT SAMS Colours 2017-18				
	37.09			80-84 CGQT GMS Colours 2017-18				
1	Garson, John	80	WAHOO MSC-JH	46.69	46.53	46.69	12	

Event 5 Women 30-34 50 SC Meter Backstroke

WORLD record:	27.43	W	19/04/2009	MAI NAKAMURA				JPN
SAMS record:	33.59	S	19/10/2008	Perry-Ann Cadiz (Stb)				
GMS record:	34.09	G	18/05/2013	Romy Altmann (Jhb)				WAHO-CG
	30.69			30-34 SAQT SAMS Colours 2017-18				
	32.84			30-34 CGQT GMS Colours 2017-18				
1	O'Brien, Jayde	34	AQUA ATHLETE - MASTERS	41.73	41.69	41.73	12	
2	le Roux, Charne	34	COELACANTH MSC-TS	51.40	51.22	51.40	10	

Frostbite 1 - 26/05/2018

Results

Event 5 Women 35-39 50 SC Meter Backstroke

WORLD record:	27.63	W	13/11/2016	NORIKO INADA	USA			
SAMS record:	31.24	S	7/2006	Marianne Kriel (CT)				
GMS record:	36.54	G	01/01/1989	DOT KERR-FOX				
	31.17			35-39 SAQT SAMS Colours 2017-18				
	33.35			35-39 CGQT GMS Colours 2017-18				
1	Grobler, Telani		38	COELACANTH MSC-TS	43.96	43.79	43.96	12

Event 5 Women 40-44 50 SC Meter Backstroke

WORLD record:	28.86	W	14/01/2017	R.JOHANNA LUOTO	FIN			
SAMS record:	32.78	S	12/2004	Bev McCarney (Dbn)				
GMS record:	35.52	G	01/01/1987	NATHALIE BOSHOFF				
	32.20			40-44 SAQT SAMS Colours 2017-18				
	34.45			40-44 CGQT GMS Colours 2017-18				
1	Wiehahn, Jana		41	COELACANTH MSC-TS	39.25	39.09	39.25	12

Event 5 Women 45-49 50 SC Meter Backstroke

WORLD record:	30.25	W	26/04/2014	CINDY MABEE	CAN			
SAMS record:	34.48	S	15/04/2018	Norelle Engela (CT)	CPTW-CPT			
GMS record:	36.95	G	01/01/1989	NATHALIE BOSHOFF				
	32.74			45-49 SAQT SAMS Colours 2017-18				
	35.03			45-49 CGQT GMS Colours 2017-18				
1	Stacey, Cheryl		46	AQUA ATHLETE - MASTERS	44.80	44.66	44.80	12
2	Struwig, Nicky		46	COELACANTH MSC-TS	48.54	48.35	48.54	10

Event 5 Women 50-54 50 SC Meter Backstroke

WORLD record:	30.27	W	13/12/2015	LESLIE LIVINGSTON	USA			
SAMS record:	35.25	S	14/10/2012	Cecilia Stanford (CT)				
GMS record:	37.78	G	01/01/1989	MOIRA LAMONT				
	32.87			50-54 SAQT SAMS Colours 2017-18				
	35.17			50-54 CGQT GMS Colours 2017-18				
1	Terblanche, Ingrid		53	CHAMPION SC-M-TS	52.56	52.42	52.56	12

Event 5 Women 55-59 50 SC Meter Backstroke

WORLD record:	30.12	W	05/03/2016	LESLIE LIVINGSTON	USA				
SAMS record:	35.50	S	20/10/2013	Diane Coetzee (Stb)	CPTW-WP				
GMS record:	40.79	G	14/07/2012	Clare Davie (Jhb)					
	35.52			55-59 SAQT SAMS Colours 2017-18					
	38.01			55-59 CGQT GMS Colours 2017-18					
1	Kotze, Debbie		57	COELACANTH MSC-TS	49.79	49.63	49.77	49.79	12

Event 5 Women 65-69 50 SC Meter Backstroke

WORLD record:	34.09	W	24/09/2017	LAURA VAL	USA			
SAMS record:	39.24	S	10/12/2017	Morag Bromfield (Dbn)	EACS-KZ			
GMS record:	50.82	G	8/1997	Dilys van der Merwe (Pta)				
	40.64			65-69 SAQT SAMS Colours 2017-18				
	43.48			65-69 CGQT GMS Colours 2017-18				
1	Ferreira, Mercia		69	WAHOO MSC-JH	1:10.44	1:10.14	1:10.44	12

Event 5 Women 70-74 50 SC Meter Backstroke

WORLD record:	37.50	W	21/03/2015	MARGIT OHLSSON	SWE			
SAMS record:	45.56	S	22/10/2016	Elsa Craig (PE)	BEST-EP			
GMS record:	50.75	G	16/05/2015	Anne Jones (Jhb)	PHOE-CG			
	43.44			70-74 SAQT SAMS Colours 2017-18				
	46.48			70-74 CGQT GMS Colours 2017-18				
1	Rees, Jane		74	COELACANTH MSC-TS	1:24.39	1:24.26	1:24.39	12

Frostbite 1 - 26/05/2018

Results

Event 6 Women 25-29 100 SC Meter Freestyle

WORLD record: 54.53 W 24/10/2015 EMMA GAGE GBR
 SAMS record: 1:01.05 S 20/07/2013 Samantha Gunther (Jhb) PHOE-CG
 GMS record: 1:01.05 G 20/07/2013 Samantha Gunther (Jhb) PHOE-CG

58.65 25-29 SAQT SAMS Colours 2017-18

1:02.80 25-29 CGQT GMS Colours 2017-18

1 Marais, Nadine 25 AQUA ATHLETE - MASTERS 1:11.40 1:11.11 1:11.40 12

Event 6 Women 40-44 100 SC Meter Freestyle

WORLD record: 57.08 W 14/12/2014 ERIKA BRAUN USA
 SAMS record: 1:02.55 S 12/2004 Bev McCarney (Dbn)
 GMS record: 1:06.54 G 27/06/2009 Heather Morris-Eyton (Jhb)

1:00.81 40-44 SAQT SAMS Colours 2017-18

1:05.07 40-44 CGQT GMS Colours 2017-18

1 O'Mahony, Pearl 41 WAHOO MSC-JH 2:03.60 2:03.37 2:03.60 12

Event 6 Women 45-49 100 SC Meter Freestyle

WORLD record: 58.21 W 05/11/2017 ERIKA BRAUN USA
 SAMS record: 1:04.22 S 15/01/2012 Wilma van Niekerk (Dbn)
 GMS record: 1:08.51 G 24/11/2012 Heather Morris-Eyton (Jhb)

1:01.74 45-49 SAQT SAMS Colours 2017-18

1:06.06 45-49 CGQT GMS Colours 2017-18

1 Stacey, Cheryl 46 AQUA ATHLETE - MASTERS 1:24.12 1:23.99 1:24.12 12

--- Isakov, Rachelle 48 WAHOO MSC-JH NS

Event 6 Women 50-54 100 SC Meter Freestyle

WORLD record: 58.60 W 25/01/2015 M.THERESE FUZZATI FRA
 SAMS record: 1:04.82 S 28/10/2017 Edith Ottermann (Jhb) CPTW-WP
 GMS record: 1:11.90 G 12/05/2007 Clare Davie (Jhb)

1:03.66 50-54 SAQT SAMS Colours 2017-18

1:08.12 50-54 CGQT GMS Colours 2017-18

1 Terblanche, Ingrid 53 CHAMPION SC-M-TS 1:30.11 1:29.92 1:30.11 12

Event 6 Women 55-59 100 SC Meter Freestyle

WORLD record: 1:00.61 W 20/01/2017 KARLYN PIPES USA
 SAMS record: 1:06.69 S 30/07/2017 Cecilia Stanford (CT) CPTW-WP
 GMS record: 1:12.90 G 14/05/2006 Marissa Rollnick (Jhb)

1:06.19 55-59 SAQT SAMS Colours 2017-18

1:10.82 55-59 CGQT GMS Colours 2017-18

1 du Rand, Dawn 59 WATERBORN SCM-JH 1:39.22 1:39.18 1:39.04 1:39.22 12

Event 6 Women 60-64 100 SC Meter Freestyle

WORLD record: 1:03.48 W 05/12/2014 LAURA VAL USA
 SAMS record: 1:08.13 S 18/10/2015 Diane Coetzee (CT) CPTW-WP
 GMS record: 1:17.26 G 15/05/2011 Marissa Rollnick (Jhb)

1:10.63 60-64 SAQT SAMS Colours 2017-18

1:15.57 60-64 CGQT GMS Colours 2017-18

1 Vorster, Merryll 62 PHOENIX MSC-JH 1:43.67 1:43.47 1:43.67 12

Event 6 Women 65-69 100 SC Meter Freestyle

WORLD record: 1:05.27 W 02/12/2016 LAURA VAL USA
 SAMS record: 1:08.25 S 20/09/2015 Sanderina Kruger (CT) CPTW-WP
 GMS record: 1:18.97 G 23/07/2016 Marissa Rollnick (Jhb) PHOE-CG

1:16.35 65-69 SAQT SAMS Colours 2017-18

1:21.69 65-69 CGQT GMS Colours 2017-18

--- Mons, Maureen 67 PHOENIX MSC-JH NS

Frostbite 1 - 26/05/2018

Results

Event 6 Women 70-74 100 SC Meter Freestyle

WORLD record:	1:12.58	W	22/05/2016	DIANN UUSTAL				USA	
SAMS record:	1:29.07	S	06/05/2016	Anne Jones (Jhb)				PHOE-CG	
GMS record:	1:29.07	G	07/05/2016	Anne Jones (Jhb)				PHOE-CG	
	1:24.71			70-74 SAQT SAMS Colours 2017-18					
	1:30.64			70-74 CGQT GMS Colours 2017-18					
1	Rees, Jane			74 COELACANTH MSC-TS	2:09.11		2:08.95	2:09.11	12

Event 6 Men 30-34 100 SC Meter Freestyle

WORLD record:	47.29	W	27/11/2015	EVGENIY LAGUNOV				RUS	
SAMS record:	54.13	S	23/10/2005	Paul Fryer (Jhb)					
GMS record:	54.13	G	23/10/2005	Paul Fryer (Jhb)					
	51.41			30-34 SAQT SAMS Colours 2017-18					
	55.01			30-34 CGQT GMS Colours 2017-18					
1	Botes, Romeo			30 WAHOO MSC-JH	1:12.60		1:12.59	1:12.60	12

Event 6 Men 40-44 100 SC Meter Freestyle

WORLD record:	49.64	W	04/06/2017	HIDEAKI HARA				JPN	
SAMS record:	52.51	S	04/03/2018	Marc Allan (Dbn)				EACS-ETH	
GMS record:	58.24	G	18/05/2013	Byron Dillon (Jhb)				AQUA-CG	
	53.16			40-44 SAQT SAMS Colours 2017-18					
	56.88			40-44 CGQT GMS Colours 2017-18					
1	Goate, Adrian			44 AQUA ATHLETE - MASTERS	59.10		58.95	59.10	12
2	Ford, Coillard			44 CHAMPION SC-M-TS	1:02.56		1:02.48	1:02.56	10
3	Erasmus, Jaco			40 WAHOO MSC-JH	1:02.65		1:02.49	1:02.65	8
4	van Olst, Marc			43 WATERBORN SCM-JH	1:09.23	1:09.14	1:09.06	1:09.23	7
5	Marais, Stefan			44 PHOENIX MSC-JH	1:16.67		1:16.49	1:16.67	6

Event 6 Men 45-49 100 SC Meter Freestyle

WORLD record:	51.30	W	10/03/2012	NICOLAS GRANGER				FRA	
SAMS record:	54.64	S	9/1995	T Downes (Jhb)					
GMS record:	1:01.87	G	15/05/2005	Quirin Kohler (Jhb)					
	54.48			45-49 SAQT SAMS Colours 2017-18					
	58.29			45-49 CGQT GMS Colours 2017-18					
1	Neumann, Andy			48 COELACANTH MSC-TS	1:06.74		1:06.59	1:06.74	12
2	Strydom, Jaco			45 UNATTACHED - GAUTENG I	1:45.86		1:45.61	1:45.86	10
---	Crowther, Bobbie			49 WAHOO MSC-JH				NS	

Event 6 Men 50-54 100 SC Meter Freestyle

WORLD record:	51.49	W	26/03/2017	NICOLAS GRANGER				FRA	
SAMS record:	54.79	S	15/10/2017	Calvin Maughan (Stb)				CPTW-WP	
GMS record:	1:00.24	G	08/07/2006	Andre Steynberg (Jhb)					
	54.70			50-54 SAQT SAMS Colours 2017-18					
	58.53			50-54 CGQT GMS Colours 2017-18					
1	de Villiers, Dawie			52 COELACANTH MSC-TS	1:27.26	1:27.12	1:27.08	1:27.26	12

Event 6 Men 55-59 100 SC Meter Freestyle

WORLD record:	54.50	W	05/04/2009	JACK GROSELLE				USA	
SAMS record:	58.94	S	14/07/2012	Andre Steynberg (Jhb)					
GMS record:	58.94	G	14/07/2012	Andre Steynberg (Jhb)					
	57.97			55-59 SAQT SAMS Colours 2017-18					
	1:02.03			55-59 CGQT GMS Colours 2017-18					
1	O'Brien, Gene			58 AQUA ATHLETE - MASTERS	1:17.81		1:17.66	1:17.81	12
2	Gray, Garth			56 WATERBORN SCM-JH	1:18.56		1:18.38	1:18.56	10

Frostbite 1 - 26/05/2018

Results

Event 7 Women 45-49 50 SC Meter Butterfly

WORLD record:	28.53	W	15/10/2017	YURIKO IKEDA		JPN			
SAMS record:	29.37	S	14/04/2011	Edith Ottermann (CT)					
GMS record:	35.45	G	19/07/2014	Karen Kennedy (Jhb)		PHOE-CG			
	30.65			45-49 SAQT SAMS Colours 2017-18					
	32.80			45-49 CGQT GMS Colours 2017-18					
1	Struwig, Nicky		46	COELACANTH MSC-TS	44.46		44.28	44.46	12

Event 7 Women 55-59 50 SC Meter Butterfly

WORLD record:	29.39	W	05/03/2016	LESLIE LIVINGSTON		USA			
SAMS record:	33.66	S	30/07/2017	Cecilia Stanford (CT)		CPTW-WP			
GMS record:	40.44	G	15/03/1998	Sue Leuner					
	32.74			55-59 SAQT SAMS Colours 2017-18					
	35.03			55-59 CGQT GMS Colours 2017-18					
1	O'Brien, Carol		58	AQUA ATHLETE - MASTERS	46.36		46.22	46.36	12

Event 7 Women 65-69 50 SC Meter Butterfly

WORLD record:	33.06	W	19/11/2017	LAURA VAL		USA			
SAMS record:	38.99	S	16/10/2016	Sanderina Kruger (Stb)		CPTW-WP			
GMS record:	52.77	G	11/06/2016	Linda Crawford (Jhb)		PHOE-CG			
	37.58			65-69 SAQT SAMS Colours 2017-18					
	40.21			65-69 CGQT GMS Colours 2017-18					
1	Lawless, Helen		69	WAHOO MSC-JH	55.39		55.22	55.39	12

Event 7 Men 35-39 50 SC Meter Butterfly

WORLD record:	23.72	W	20/03/2011	LARS FROLANDER		SWE			
SAMS record:	27.36	S	19/10/2014	Jay Richards (Stb)		CPTW-WP			
GMS record:	27.68	G	19/05/2012	Simon Thirsk (Jhb)					
	25.70			35-39 SAQT SAMS Colours 2017-18					
	27.50			35-39 CGQT GMS Colours 2017-18					
1	O'Brien, Jet		36	AQUA ATHLETE - MASTERS	31.67		31.43	31.67	12
2	Mattes, Jason		36	AQUA ATHLETE - MASTERS	45.41		45.32	45.41	10

Event 7 Men 40-44 50 SC Meter Butterfly

WORLD record:	24.14	W	16/03/2014	LARS FROLANDER		SWE			
SAMS record:	25.56	S	04/03/2018	Marc Allan (Dbn)		EACS-ETH			
GMS record:	28.39	G	24/07/2004	Gregg Price (Jhb)					
	25.74			40-44 SAQT SAMS Colours 2017-18					
	27.54			40-44 CGQT GMS Colours 2017-18					
1	Goate, Adrian		44	AQUA ATHLETE - MASTERS	33.16		32.90	33.16	12
2	Marais, Stefan		44	PHOENIX MSC-JH	38.57		38.45	38.57	10

Event 7 Men 45-49 50 SC Meter Butterfly

WORLD record:	24.38	W	19/03/2017	EIJI NOMURA		JPN			
SAMS record:	27.25	S	16/10/2011	Bryan Tatterson (Flo-USA)					
GMS record:	27.62	G	26/11/2005	Gregg Price (Jhb)					
	26.68			45-49 SAQT SAMS Colours 2017-18					
	28.55			45-49 CGQT GMS Colours 2017-18					
1	Bradshaw, Gary		49	WATERBORN SCM-JH	29.57		29.40	29.57	12
2	Neumann, Andy		48	COELACANTH MSC-TS	36.42		36.06	36.42	10

Event 7 Men 55-59 50 SC Meter Butterfly

WORLD record:	26.45	W	18/05/2013	DAN THOMPSON		CAN			
SAMS record:	28.48	S	27/10/2012	Andre Steynberg (Jhb)					
GMS record:	28.48	G	27/10/2012	Andre Steynberg (Jhb)					
	28.64			55-59 SAQT SAMS Colours 2017-18					
	30.64			55-59 CGQT GMS Colours 2017-18					
1	Morgan, Trevor		59	COELACANTH MSC-TS	34.51		34.81	34.51	12
2	de Beer, David		56	COELACANTH MSC-TS	52.44		52.27	52.44	10

Frostbite 1 - 26/05/2018

Results

Event 7 Men 60-64 50 SC Meter Butterfly

WORLD record:	26.78	W	13/05/2017	DAN THOMPSON						
SAMS record:	30.41	S	16/09/2010	Halton Cheadle (CT)						
GMS record:	33.65	G	23/10/2005	John Petersen (Jhb)						
	29.75			60-64 SAQT SAMS Colours 2017-18						
	31.83			60-64 CGQT GMS Colours 2017-18						
1	Scholtemayer, Kobus		61	WAHOO MSC-JH	59.79		59.79			12

Event 7 Men 65-69 50 SC Meter Butterfly

WORLD record:	28.91	W	30/05/2009	JOSEP CLARET						
SAMS record:	29.94	S	26/03/2017	Tim Shead (SWE)						
GMS record:	35.28	G	06/11/2010	John Petersen (Jhb)						
	31.18			65-69 SAQT SAMS Colours 2017-18						
	33.36			65-69 CGQT GMS Colours 2017-18						
1	Arbuthnot, Dave		65	COELACANTH MSC-TS	35.96	35.70	35.96			12

Event 8 Women 40-44 200 SC Meter Freestyle

WORLD record:	2:05.26	W	14/12/2003	K.PIPES-NEILSEN						
SAMS record:	2:11.26	S	17/07/2008	Amanda Picard (CT)						
GMS record:	2:23.49	G	25/10/2008	Heather Morris-Eyton (Jhb)						
	2:15.60			40-44 SAQT SAMS Colours 2017-18						
	2:25.09			40-44 CGQT GMS Colours 2017-18						
1	O'Mahony, Pearl		41	WAHOO MSC-JH	4:27.83	4:27.83	4:27.83			12

Event 8 Women 45-49 200 SC Meter Freestyle

WORLD record:	2:05.94	W	02/12/2007	K.PIPES-NEILSEN						
SAMS record:	2:20.90	S	27/10/2012	Heather Morris-Eyton (Jhb)						
GMS record:	2:20.90	G	27/10/2012	Heather Morris-Eyton (Jhb)						
	2:16.02			45-49 SAQT SAMS Colours 2017-18						
	2:25.54			45-49 CGQT GMS Colours 2017-18						
---	Isakov, Rachele		48	WAHOO MSC-JH					NS	

Event 8 Women 55-59 200 SC Meter Freestyle

WORLD record:	2:13.58	W	28/02/2016	LYNN MARSHALL						
SAMS record:	2:22.15	S	25/06/2017	Cecilia Stanford (Stb)						
GMS record:	2:39.47	G	11/06/2006	Marissa Rollnick (Jhb)						
	2:25.31			55-59 SAQT SAMS Colours 2017-18						
	2:35.48			55-59 CGQT GMS Colours 2017-18						
1	du Rand, Dawn		59	WATERBORN SCM-JH	3:32.05	3:31.06	3:32.05			12

Event 8 Women 60-64 200 SC Meter Freestyle

WORLD record:	2:20.16	W	04/12/2011	LAURA VAL						
SAMS record:	2:26.94	S	19/07/2015	Diane Coetzee (CT)						
GMS record:	2:54.87	G	13/06/2015	Maureen Mons (Jhb)						
	2:34.43			60-64 SAQT SAMS Colours 2017-18						
	2:45.24			60-64 CGQT GMS Colours 2017-18						
1	Vorster, Merryll		62	PHOENIX MSC-JH	3:45.52	3:45.58	3:45.52			12

Event 8 Women 70-74 200 SC Meter Freestyle

WORLD record:	2:43.60	W	20/11/2016	DIANN UUSTAL						
SAMS record:	3:15.41	S	14/01/2017	Bev Shuttleworth (Dbn)						
GMS record:	59:59.99	G		Vacant						
	3:10.94			70-74 SAQT SAMS Colours 2017-18						
	3:24.31			70-74 CGQT GMS Colours 2017-18						
1	Rees, Jane		74	COELACANTH MSC-TS	4:43.39	4:44.51	4:43.39			12

Frostbite 1 - 26/05/2018

Results

Event 8 Men 30-34 200 SC Meter Freestyle

WORLD record: 1:46.12 W 27/09/2014 DARIAN TOWNSEND USA

SAMS record: 2:04.37 S 26/11/2005 Paul Fryer (Jhb)

GMS record: 2:04.37 G 26/11/2005 Paul Fryer (Jhb)

1:55.16 30-34 SAQT SAMS Colours 2017-18

2:03.22 30-34 CGQT GMS Colours 2017-18

1 O'Mahony, Andrew 32 WAHOO MSC-JH 3:43.64 3:43.44 3:43.64 12

Event 8 Men 40-44 200 SC Meter Freestyle

WORLD record: 1:50.08 W 06/12/2008 MICHAEL ROSS USA

SAMS record: 2:06.18 S 19/10/2014 Barend Nortje (Stb) CPTW-WP

GMS record: 2:06.92 G 21/06/2014 Adrian Goate (Jhb) AQUA-CG

1:58.52 40-44 SAQT SAMS Colours 2017-18

2:06.82 40-44 CGQT GMS Colours 2017-18

1 Ford, Coillard 44 CHAMPION SC-M-TS 2:41.93 2:41.66 2:41.93 12

Event 8 Men 45-49 200 SC Meter Freestyle

WORLD record: 1:52.87 W 09/03/2012 NICOLAS GRANGER FRA

SAMS record: 2:03.78 S 9/1995 T Downes (Jhb)

GMS record: 2:19.62 G 11/06/2006 Quirin Kohler (Jhb)

2:01.48 45-49 SAQT SAMS Colours 2017-18

2:09.98 45-49 CGQT GMS Colours 2017-18

1 Carstens, FC 48 COELACANTH MSC-TS 2:55.99 2:55.79 2:55.99 12

Event 8 Men 50-54 200 SC Meter Freestyle

WORLD record: 1:54.61 W 14/10/2011 AMBROSE GAINES USA

SAMS record: 2:05.95 S 02/09/1999 T Downes (Jhb)

GMS record: 2:21.60 G 16/10/1994 William Wilson

2:02.34 50-54 SAQT SAMS Colours 2017-18

2:10.90 50-54 CGQT GMS Colours 2017-18

1 de Villiers, Dawie 52 COELACANTH MSC-TS 3:10.78 3:10.72 3:10.51 3:10.78 12

Event 8 Men 55-59 200 SC Meter Freestyle

WORLD record: 1:59.08 W 21/11/2009 MICHAEL MANN USA

SAMS record: 2:14.78 S 25/10/2008 Terry Downes (Jhb)

GMS record: 2:21.70 G 07/05/2016 Joel Finn (Jhb) WAHO-CG

2:11.05 55-59 SAQT SAMS Colours 2017-18

2:20.22 55-59 CGQT GMS Colours 2017-18

1 O'Brien, Gene 58 AQUA ATHLETE - MASTERS 2:58.35 2:57.95 2:58.35 12

Event 8 Men 65-69 200 SC Meter Freestyle

WORLD record: 2:07.56 W 19/11/2016 RICK COLELLA USA

SAMS record: 2:22.15 S 14/10/2017 Tim Shead (Orl) CPTW-WP

GMS record: 3:01.79 G 02/03/1997 Peter Pirow

2:23.92 65-69 SAQT SAMS Colours 2017-18

2:33.99 65-69 CGQT GMS Colours 2017-18

1 Keeling, Guy 65 COELACANTH MSC-TS 3:13.35 3:13.14 3:13.35 12

2 Arbuthnot, Dave 65 COELACANTH MSC-TS 3:25.35 3:25.14 3:25.35 10

3 Swanepoel, Pieter 69 COELACANTH MSC-TS 3:27.32 3:27.40 3:27.32 8

4 von Geyso, Carl 66 COELACANTH MSC-TS 3:27.38 3:27.57 3:27.57 7

5 Burger, Francois 69 COELACANTH MSC-TS 3:28.17 3:28.14 3:28.17 6

6 van Heerden, Carel 68 WATERBORN SCM-JH 4:36.22 4:36.44 4:36.22 5

Event 8 Men 70-74 200 SC Meter Freestyle

WORLD record: 2:22.60 W 12/10/2014 DAVID QUIGGIN USA

SAMS record: 2:45.97 S 19/08/2010 Gary Freeling (CT)

GMS record: 3:09.45 G 10/06/2007 Russel Wolpe (Jhb)

2:37.67 70-74 SAQT SAMS Colours 2017-18

2:48.71 70-74 CGQT GMS Colours 2017-18

--- Jennings, Ross 73 COELACANTH MSC-TS NS

Frostbite 1 - 26/05/2018**Results****Event 9 Men 80-84 100 SC Meter Backstroke**

WORLD record: 1:23.24 W 11/11/2017 DAVID COSTILL
SAMS record: 1:53.20 S 1995 G May (Dbn)
GMS record: 2:13.47 G 29/09/2001 Jack Brink (Jhb)
1:41.37 80-84 SAQT SAMS Colours 2017-18
1:48.36 80-84 CGQT GMS Colours 2017-18

USA

1	Garson, John	80	WAHOO MSC-JH	2:22.97	2:22.97	12
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