

InterRegional GMS 2019 - 09/03/2019

Inter Regional - GMS Leg

2019-03-09

Results

Event 1 Women 25-29 200 LC Meter IM

WORLD record: 2:20.71 W 02/10/2005 HITOMI MATSUDA JPN
 SAMS record: 2:33.33 S 1989 B. MCCARNEY (DBN)
 GMS record: 2:40.06 G 18/03/2004 TAMMY SOUSTER (EL)
 2:30.04 25-29 SAQT SAMS Colours 2017-18

Name	Age	Team	Button 1	Button 2	Button 3	Finals Time	Points
1 Baikie, Rivelle	27	WAHOO MASTERS-CG	2:43.84		2:43.60	2:43.84	7

Event 1 Women 65-69 200 LC Meter IM

WORLD record: 2:54.16 W 24/07/2016 LAURA VAL USA
 SAMS record: 3:23.17 S 05/03/2016 MAUREEN MONS (JHB) PHOE-CG
 GMS record: 3:23.17 G 05/03/2016 MAUREEN MONS (JHB) PHOE-CG
 3:26.37 65-69 SAQT SAMS Colours 2017-18

1 Rollnick, Marissa	68	PHOENIX MSC-CG	4:16.94		4:16.69	4:16.94	7
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Event 1 Women 70-74 200 LC Meter IM

WORLD record: 3:10.64 W 25/05/2016 BRIGITTE MERTEN GER
 SAMS record: 3:40.82 S 17/03/2016 ELSA CRAIG (DBN) BEST-EP
 GMS record: 59:59.99 G VACANT
 3:49.03 70-74 SAQT SAMS Colours 2017-18

1 Lawless, Helen	70	WAHOO MASTERS-CG	4:32.39		4:32.00	4:32.39	7
--- Jones, Anne	74	PHOENIX MSC-CG				NS	

Event 1 Women 80-84 200 LC Meter IM

WORLD record: 3:53.63 W 17/08/2017 KATI FLORA HUN
 SAMS record: 59:59.99 S VACANT
 GMS record: 59:59.99 G VACANT
 5:01.69 80-84 SAQT SAMS Colours 2017-18

1 Leuner, Sue	80	PHOENIX MSC-CG	4:44.16	4:44.10	4:43.98	4:44.10 S SAQT	7
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Event 1 Men 30-34 200 LC Meter IM

WORLD record: 2:02.18 W 22/05/2016 DARIAN TOWNSEND USA
 SAMS record: 2:22.72 S 01/08/2010 DAVID NEL (COL)
 GMS record: 2:28.54 G 02/03/2006 PAUL FRYER (MAL)
 2:14.89 30-34 SAQT SAMS Colours 2017-18

1 van Rooy, Corneille	30	COELACANTH MSC-TS	2:51.22		2:51.08	2:51.22	7
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Event 1 Men 40-44 200 LC Meter IM

WORLD record: 2:10.63 W 25/06/2009 ALBERTO MONTINI ITA
 SAMS record: 2:23.99 S 1993 T. SHEAD (DBN)
 GMS record: 2:23.99 G 20/03/1993 TIM SHEAD
 2:19.90 40-44 SAQT SAMS Colours 2017-18

1 Erasmus, Jaco	41	WAHOO MASTERS-CG	3:02.70		3:02.47	3:02.70	7
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Event 1 Men 45-49 200 LC Meter IM

WORLD record: 2:10.09 W 07/08/2016 NICOLAS GRANGER USA
 SAMS record: 2:20.85 S 06/08/2014 GARY ALBERTYN (MON) COEL-NT
 GMS record: 2:27.57 G 22/06/1996 TYRONE TOZER
 2:21.71 45-49 SAQT SAMS Colours 2017-18

1 Neumann, Andy	49	COELACANTH MSC-TS	3:01.56		3:01.38	3:01.56	7
2 Fubbs, Matthew	47	WAHOO MASTERS-CG	3:07.08		3:06.95	3:07.08	5
3 Jay, Willie	49	COELACANTH MSC-TS	4:14.37		4:13.69	4:14.37	4

Event 1 Men 50-54 200 LC Meter IM

WORLD record: 2:11.15 W 06/08/2017 NICOLAS GRANGER USA
 SAMS record: 2:27.95 S 6/2004 TIM SHEAD (RIC)
 GMS record: 2:31.94 G 3/2000 TYRONE TOZER (CT)
 2:27.21 50-54 SAQT SAMS Colours 2017-18

1 Smith, Damian	52	WATERBORN SC - MASTERS	3:46.57		3:46.40	3:46.57	7
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InterRegional GMS 2019 - 09/03/2019

Inter Regional - GMS Leg

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Results

Event 1 Men 55-59 200 LC Meter IM

WORLD record:	2:20.83	W	09/08/2009	MICHAEL MANN	USA			
SAMS record:	2:24.16	S	21/04/2008	TIM SHEAD (PER)				
GMS record:	2:47.76	G	19/03/2015	QUIRIN KOHLER (JHB)	PHOE-CG			
	2:32.56			55-59 SAQT SAMS Colours 2017-18				
1	Jv Rensburg, Henk		59	COELACANTH MSC-TS		3:16.40	3:16.67	7

Event 1 Men 60-64 200 LC Meter IM

WORLD record:	2:21.99	W	17/08/2014	RICK COLELLA	USA			
SAMS record:	2:38.52	S	17/03/2016	TIM SHEAD (DBN)	CPTW-WP			
GMS record:	2:54.83	G	18/03/1999	DAVID MCLACHLAN (EL)				
	2:41.47			60-64 SAQT SAMS Colours 2017-18				
1	Felix, Wilhelmus		63	WAHOO MASTERS-CG		4:04.16	4:04.39	7

Event 1 Men 65-69 200 LC Meter IM

WORLD record:	2:25.22	W	19/08/2016	RICK COLELLA	USA			
SAMS record:	2:35.93	S	17/08/2017	TIM SHEAD (BUD)	CPTW-WP			
GMS record:	2:56.51	G	3/2002	DAVID MCLACHLAN (CHC)				
	2:53.77			65-69 SAQT SAMS Colours 2017-18				
1	Arbuthnot, David		66	COELACANTH MSC-TS		3:33.25	3:33.37	7

Event 1 Men 75-79 200 LC Meter IM

WORLD record:	2:59.01	W	07/08/2016	MIKE FRESHLEY	USA			
SAMS record:	3:12.48	S	13/06/2012	DAVID MCLACHLAN (RIC)				
GMS record:	4:11.12	G	04/02/2012	RUSSEL WOLPE (JHB)				
	3:28.63			75-79 SAQT SAMS Colours 2017-18				
1	Myers, Winton		75	WAHOO MASTERS-CG		4:18.72	4:18.67	7

Event 2 Women 18-24 50 LC Meter Breaststroke

WORLD record:	0.01	W	2000	INVALID FINA AGE GROUP				
SAMS record:	35.90	S	3/2005	BERYL-ANN MCCUTCHEON (GRM)				
GMS record:	36.95	G	20/03/2015	CASSIE SHEAR (JHB)	FLOD-CG			
1	Barit, Chavah		24	WAHOO MASTERS-CG		51.87	51.59	7

Event 2 Women 25-29 50 LC Meter Breaststroke

WORLD record:	31.60	W	10/07/2010	MEGAN JENDRICK	USA			
SAMS record:	34.97	S	3/1999	L. HAUPT (EL)				
GMS record:	34.97	G	18/03/1999	LIZELLE HAUPT (EL)				
	34.17			25-29 SAQT SAMS Colours 2017-18				
---	Baikie, Rivelle		27	WAHOO MASTERS-CG			NS	

Event 2 Women 30-34 50 LC Meter Breaststroke

WORLD record:	32.22	W	03/09/2013	NICOLE HEIDEMANN	GER			
SAMS record:	33.78	S	19/03/2016	CLAIRE ROLT (DBN)	COEL-NT			
GMS record:	35.22	G	28/02/2002	LIZELLE HAUPT (OUD)				
	34.97			30-34 SAQT SAMS Colours 2017-18				
1	Conradie, Melissa		33	COELACANTH MSC-TS		43.49	42.84	7

Event 2 Women 35-39 50 LC Meter Breaststroke

WORLD record:	32.67	W	20/08/2017	NICOLE HEIDEMANN	GER			
SAMS record:	33.44	S	17/03/2017	CLAIRE ROLT (EL)	COEL-NT			
GMS record:	38.84	G	19/02/2005	HEATHER MORRIS-EYTON (PTA)				
	35.83			35-39 SAQT SAMS Colours 2017-18				
1	Rolt, Claire		37	COELACANTH MSC-TS		35.30	36.11	7

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Event 2 Women 45-49 50 LC Meter Breaststroke

WORLD record:	33.56	W	20/08/2017	LINLEY FRAME		AUS			
SAMS record:	36.55	S	13/03/2013	HEATHER MORRIS-EYTON (PE)					
GMS record:	36.55	G	13/03/2013	HEATHER MORRIS-EYTON (PE)		MDOL-CG			
	37.12			45-49 SAQT SAMS Colours 2017-18					
1	Struwig, Nicky		47	COELACANTH MSC-TS	49.78		49.51	49.78	7

Event 2 Women 60-64 50 LC Meter Breaststroke

WORLD record:	37.79	W	16/04/2016	DAGMAR FRESE		GER			
SAMS record:	42.15	S	26/02/2017	TERRY-ANN MATLEY (STB)		DOLP-WP			
GMS record:	48.06	G	15/03/2018	ELAINE ALDER (PTA)		WAHO-JHB			
	42.30			60-64 SAQT SAMS Colours 2017-18					
1	Rex, Veronica		61	WAHO MASTERS-CG	52.53		51.97	52.53	7
2	Alder, Elaine		62	WAHO MASTERS-CG	54.75		54.59	54.75	5

Event 2 Women 65-69 50 LC Meter Breaststroke

WORLD record:	41.41	W	24/04/2016	JANETTE JEFFREY		AUS			
SAMS record:	44.10	S	17/03/2017	ANNETTE THATCHER (EL)		HIGH-KZ			
GMS record:	49.82	G	17/03/2017	DAEL STOJAKOVIC (EL)		WATR-JHB			
	44.90			65-69 SAQT SAMS Colours 2017-18					
1	Stojakovic, Dael		67	WATERBORN SC - MASTERS	53.75		53.48	53.75	7
2	Vorwerk Marren, Ingrid		68	COELACANTH MSC-TS	1:19.97		1:19.80	1:19.97	5

Event 2 Women 70-74 50 LC Meter Breaststroke

WORLD record:	41.67	W	22/06/2014	MONIKA SENFTLEBEN		GER			
SAMS record:	47.21	S	17/03/2017	BEV SHUTTLEWORTH (EL)		HIGH-KZ			
GMS record:	51.91	G	19/03/2016	ANNE JONES (DBN)		PHOE-CG			
	47.63			70-74 SAQT SAMS Colours 2017-18					
1	Ferreira, Mercia		70	WAHO MASTERS-CG	1:08.18		1:08.15	1:08.18	7

Event 2 Women 75-79 50 LC Meter Breaststroke

WORLD record:	43.95	W	06/03/2010	SHOKO YONEZAWA		JPN			
SAMS record:	53.24	S	17/03/2017	SALOME HURWITZ (EL)		COEL-NT			
GMS record:	1:03.98	G	13/04/1996	JANE HULLEY (EL)					
	50.66			75-79 SAQT SAMS Colours 2017-18					
1	Rees, Jane		75	COELACANTH MSC-TS	1:26.69		1:25.85	1:26.69	7

Event 2 Men 30-34 50 LC Meter Breaststroke

WORLD record:	27.97	W	26/09/2015	RYO KOBAYASHI		JPN			
SAMS record:	30.75	S	3/2003	R SMITH (DBN)					
GMS record:	32.67	G	19/03/2005	KARL ROGERS (GRM)					
	29.64			30-34 SAQT SAMS Colours 2017-18					
1	van Rooy, Corneille		30	COELACANTH MSC-TS	39.64		39.38	39.64	7

Event 2 Men 35-39 50 LC Meter Breaststroke

WORLD record:	28.47	W	24/10/2009	VLADISLAV BRAGIN		RUS			
SAMS record:	29.73	S	14/03/2012	RYK NEETHLING (CT)					
GMS record:	31.94	G	1992	TIM SHEAD (IND)					
	30.12			35-39 SAQT SAMS Colours 2017-18					
1	Aken, Warren		36	WAHO MASTERS-CG	42.02		41.79	42.02	7

Event 2 Men 45-49 50 LC Meter Breaststroke

WORLD record:	29.41	W	10/09/2017	HIDEAKI TOGO		JPN			
SAMS record:	32.45	S	03/08/2010	JOHAN VAN DER MERWE (GOT)					
GMS record:	34.93	G	15/03/2018	MARTIN GASSON (PTA)		WAHO-JHB			
	31.28			45-49 SAQT SAMS Colours 2017-18					
1	Gasson, Martin		46	WAHO MASTERS-CG	36.56		36.34	36.56	7
2	Joubert, Charles		46	AQUA ATHLETE-CG	1:26.66		1:26.38	1:26.66	5

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Event 2 Men 50-54 50 LC Meter Breaststroke

WORLD record: 30.26 W 20/08/2017 MIKE HODGSON GBR
 SAMS record: 32.58 S 3/2002 T. SHEAD (CHC)
 GMS record: 34.69 G 29/03/2003 ROBERT HATHERLY (DBN)

32.23 50-54 SAQT SAMS Colours 2017-18

1	Morgan, Colin	53	COELACANTH MSC-TS	42.70	42.50	42.70	7
2	Smith, Damian	52	WATERBORN SC - MASTERS	44.93	44.73	44.93	5
3	Greaves, Gordon	53	PHOENIX MSC-CG	46.83	46.33	46.83	4

Event 2 Men 55-59 50 LC Meter Breaststroke

WORLD record: 30.56 W 06/08/2017 DAVID GUTHRIE USA
 SAMS record: 32.07 S 21/04/2008 TIM SHEAD (PER)
 GMS record: 34.91 G 15/03/2008 BOB HATHERLY (DBN)

33.26 55-59 SAQT SAMS Colours 2017-18

1	van Dyk, Eric	57	COELACANTH MSC-TS	38.37	38.24	38.37	7
2	Uitenweerde, Lourens	55	COELACANTH MSC-TS	44.25	44.02	44.25	5
3	Jv Rensburg, Henk	59	COELACANTH MSC-TS	47.41	47.27	47.41	4
4	de Beer, David	57	COELACANTH MSC-TS	1:01.66	1:01.21	1:01.66	3

Event 2 Men 65-69 50 LC Meter Breaststroke

WORLD record: 33.30 W 19/08/2016 RICK COLELLA USA
 SAMS record: 34.30 S 15/03/2018 TIM SHEAD (PTA) CPTW-CPT
 GMS record: 39.60 G 19/03/2011 BRIAN NELSON (OUD)

36.94 65-69 SAQT SAMS Colours 2017-18

1	Miller, Mervyn	67	WAHOO MASTERS-CG	50.61	50.29	50.61	7
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Event 2 Men 70-74 50 LC Meter Breaststroke

WORLD record: 36.68 W 19/08/2016 ROBERT STRAND USA
 SAMS record: 41.35 S 20/08/2017 FRANCOIS DU TOIT (BUD) CPTW-WP
 GMS record: 41.45 G 20/03/2015 BRIAN NELSON (JHB) WAHO-CG

39.59 70-74 SAQT SAMS Colours 2017-18

1	Jennings, Ross	74	COELACANTH MSC-TS	1:10.92	1:10.59	1:10.92	7
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Event 3 Women 50-54 100 LC Meter Backstroke

WORLD record: 1:09.28 W 08/08/2014 ELLEN REYNOLDS USA
 SAMS record: 1:14.64 S 17/06/2011 CECILIA STANFORD (LDS)
 GMS record: 1:20.34 G 15/03/2012 DEBBIE CARROLL (CT)

1:15.71 50-54 SAQT SAMS Colours 2017-18

1	Naude, Caren	52	WAHOO MASTERS-CG	1:47.23	1:47.23	1:47.23	7
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Event 3 Women 60-64 100 LC Meter Backstroke

WORLD record: 1:14.76 W 09/08/2015 LAURA VAL USA
 SAMS record: 1:19.41 S 27/02/2016 DI COETZEE (CT) CPTW-WP
 GMS record: 1:28.55 G 18/03/2016 CLARE DAVIE (DBN) PHOE-CG

1:24.65 60-64 SAQT SAMS Colours 2017-18

1	Reynecke, Pam	63	CHAMPION SWIM CLUB MA	1:44.87	1:44.63	1:44.87	7
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Event 3 Women 65-69 100 LC Meter Backstroke

WORLD record: 1:15.66 W 19/08/2017 LAURA VAL USA
 SAMS record: 1:27.47 S 15/08/2015 SANDERINA KRUGER (KAZ) CPTW-WP
 GMS record: 1:54.70 G 15/03/2018 MARISSA ROLLNICK (PTA) PHOE-JHB

1:32.68 65-69 SAQT SAMS Colours 2017-18

1	Vorwerk Marren, Ingrid	68	COELACANTH MSC-TS	2:33.77	2:32.85	2:33.77	7
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Event 3 Women 70-74 100 LC Meter Backstroke

WORLD record:	1:25.20	W	09/05/2015	MARGIT OHLSSON		SWE			
SAMS record:	1:46.64	S	18/03/2016	WILIJ KOKETT (DBN)		HIGH-KZ			
GMS record:	2:45.56	G	19/03/1994	GRETA CALITZ					
	1:38.33			70-74 SAQT SAMS Colours 2017-18					
1	Fyfe, Joyce		72	COELACANTH MSC-TS	2:14.82	2:14.66	2:14.82		7

Event 3 Men 40-44 100 LC Meter Backstroke

WORLD record:	59.08	W	07/08/2009	MICHAEL ROSS		USA			
SAMS record:	1:05.84	S	1992	T. DOWNES (IND)					
GMS record:	1:08.87	G	20/03/1993	TIM SHEAD					
	1:03.26			40-44 SAQT SAMS Colours 2017-18					
1	Erasmus, Jaco		41	WAHOO MASTERS-CG	1:20.55	1:20.38	1:20.55		7

Event 3 Men 45-49 100 LC Meter Backstroke

WORLD record:	1:00.13	W	08/06/2008	STEVE WOOD		USA			
SAMS record:	1:03.69	S	15/08/2015	GREGORY KAHN (KAZ)		AQUB-EP			
GMS record:	1:10.78	G	17/03/2005	ANDRE STEYNBERG (GRM)					
	1:04.42			45-49 SAQT SAMS Colours 2017-18					
1	Collins, Stuart		45	WAHOO MASTERS-CG	1:24.32	1:24.22	1:24.32		7

Event 3 Men 50-54 100 LC Meter Backstroke

WORLD record:	1:01.57	W	06/08/2017	NICOLAS GRANGER		USA			
SAMS record:	1:07.76	S	18/03/2016	HARALD RUCK (DBN)		COEL-NT			
GMS record:	1:08.57	G	09/08/2006	ANDRE STEYNBERG (SAN)					
	1:07.40			50-54 SAQT SAMS Colours 2017-18					
1	Crowther, Bobbie		50	WAHOO MASTERS-CG	1:52.68	1:52.68	1:52.68		7

Event 3 Men 70-74 100 LC Meter Backstroke

WORLD record:	1:13.49	W	06/08/2017	HUGH WILDER		USA			
SAMS record:	1:26.12	S	17/02/2013	JIMMY HUGHES (DBN)					
GMS record:	1:35.16	G	16/03/2017	WALTER MAY (EL)		WAHO-CG			
	1:25.45			70-74 SAQT SAMS Colours 2017-18					
1	van Renen, Owen		72	COELACANTH MSC-TS	2:44.43	2:44.27	2:44.43		7

Event 3 Men 75-79 100 LC Meter Backstroke

WORLD record:	1:20.11	W	15/04/2018	JOZSEF CSIKANY		HUN			
SAMS record:	1:29.88	S	17/02/2018	JIMMY HUGHES (DBN)		EACS-ETH			
GMS record:	1:57.59	G	14/03/2013	JOHN GARSON (PE)		WAHO-CG			
	1:30.28			75-79 SAQT SAMS Colours 2017-18					
1	Fyfe, Derek		79	COELACANTH MSC-TS	1:50.18	1:50.09	1:50.18		7

Event 3 Men 80-84 100 LC Meter Backstroke

WORLD record:	1:26.44	W	19/01/2013	S.SEKIKAWA		JPN			
SAMS record:	1:50.01	S	18/03/2016	MIKE CAMERON (DBN)		EACS-KZ			
GMS record:	2:15.54	G	15/03/2018	JOHN GARSON (PTA)		WAHO-JHB			
	1:44.03			80-84 SAQT SAMS Colours 2017-18					
1	Garson, John		81	WAHOO MASTERS-CG	2:18.89	2:17.90	2:18.89		7

Event 4 Women 18-24 50 LC Meter Butterfly

WORLD record:	0.01	W	2000	INVALID FINA AGE GROUP					
SAMS record:	30.89	S	3/2005	JOANNE COWELL (GRM)					
GMS record:	33.18	G	12/03/1992	RACHELLE ISAKOV					
1	Barit, Chavah		24	WAHOO MASTERS-CG	49.90	49.53	49.90		7

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Event 4 Women 30-34 50 LC Meter Butterfly

WORLD record:	27.48	W	07/06/2008	MARTINA MORAVCOVA	USA				
SAMS record:	29.82	S	16/02/2016	REBECCA NEWSON (BEL)	CPTW-WP				
GMS record:	31.08	G	20/01/2002	CLAIRE BOLTON (GRM)					
	29.32			30-34 SAQT SAMS Colours 2017-18					
1	Conradie, Melissa		33	COELACANTH MSC-TS		50.62	50.45	50.62	7

Event 4 Women 35-39 50 LC Meter Butterfly

WORLD record:	27.46	W	05/08/2014	NORIKO INADA	USA				
SAMS record:	29.42	S	6/2004	EDITH OTTERMANN (RIC)					
GMS record:	31.09	G	24/02/2007	RACHELLE ISAKOV (PTA)					
	29.92			35-39 SAQT SAMS Colours 2017-18					
1	Vreenegoor, Joanne		37	COELACANTH MSC-TS		38.77	38.52	38.77	7

Event 4 Women 40-44 50 LC Meter Butterfly

WORLD record:	28.36	W	08/06/2013	ERIKA BRAUN	USA				
SAMS record:	29.02	S	20/03/2010	EDITH OTTERMANN (PTA)					
GMS record:	32.56	G	21/03/2015	JAKI FAGAN (JHB)	PHOE-CG				
	30.46			40-44 SAQT SAMS Colours 2017-18					
1	Fagan, Jaki		44	WAHOO MASTERS-CG		34.37	34.21	34.37	7

Event 4 Women 45-49 50 LC Meter Butterfly

WORLD record:	28.40	W	05/08/2017	ERIKA BRAUN	USA				
SAMS record:	28.97	S	19/02/2011	EDITH OTTERMANN (PTA)					
GMS record:	35.76	G	20/01/2002	LIZ SPAGNUOLO (GRM)					
	30.79			45-49 SAQT SAMS Colours 2017-18					
1	Struwig, Nicky		47	COELACANTH MSC-TS		47.31	46.98	47.31	7

Event 4 Women 70-74 50 LC Meter Butterfly

WORLD record:	35.02	W	05/08/2017	DIANN UUSTAL	USA				
SAMS record:	41.23	S	21/03/2015	ELSA CRAIG (JHB)	BEST-EP				
GMS record:	59:59.99	G		VACANT					
	45.21			70-74 SAQT SAMS Colours 2017-18					
1	Lawless, Helen		70	WAHOO MASTERS-CG		57.07	56.89	57.07	7

Event 4 Men 35-39 50 LC Meter Butterfly

WORLD record:	24.14	W	15/08/2015	KOHEI KAWAMOTO	USA				
SAMS record:	24.69	S	17/03/2012	RYK NEETHLING (CT)					
GMS record:	27.59	G	12/06/2012	SIMON THIRSK (RIC)					
	25.94			35-39 SAQT SAMS Colours 2017-18					
1	Aken, Warren		36	WAHOO MASTERS-CG		33.25	33.25	33.25	7

Event 4 Men 45-49 50 LC Meter Butterfly

WORLD record:	25.48	W	16/08/2017	SERKAN ATASAY	TUR				
SAMS record:	26.57	S	13/03/2008	GREGG PRICE (DBN)					
GMS record:	26.97	G	18/02/2006	GREGG PRICE (PTA)					
	27.06			45-49 SAQT SAMS Colours 2017-18					
1	Gasson, Martin		46	WAHOO MASTERS-CG		32.33	32.30	32.33	7
2	Fubbs, Matthew		47	WAHOO MASTERS-CG		34.53	34.37	34.53	5
3	Neumann, Andy		49	COELACANTH MSC-TS		35.73	35.48	35.73	4
4	Joubert, Charles		46	AQUA ATHLETE-CG		1:18.29	1:18.12	1:18.29	3

Event 4 Men 50-54 50 LC Meter Butterfly

WORLD record:	25.88	W	16/08/2008	PAUL CARTER	USA				
SAMS record:	27.08	S	12/08/2015	CALVIN MAUGHAN (KAZ)	CPTW-WP				
GMS record:	27.94	G	16/03/2007	ANDRE STEYNBERG (SAS)					
	27.74			50-54 SAQT SAMS Colours 2017-18					
1	Samuel, Paulo		53	COELACANTH MSC-TS		37.56	37.03	37.56	7
2	Smith, Damian		52	WATERBORN SC - MASTERS		43.98	43.87	43.98	5

InterRegional GMS 2019 - 09/03/2019

Inter Regional - GMS Leg

2019-03-09

Results

Event 5 Women 50-54 50 LC Meter Freestyle

WORLD record: 27.09 W 28/06/2015 MARIE FUZZATI FRA
SAMS record: 27.39 S 17/03/2018 EDITH OTTERMANN (PTA) CPTW-WP
GMS record: 29.95 G 15/03/2012 DEBBIE CARROLL (CT)
 29.19 50-54 SAQT SAMS Colours 2017-18

1	Naude, Caren	52	WAHOO MASTERS-CG	38.10	37.84	38.10	7
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Event 5 Women 55-59 50 LC Meter Freestyle

WORLD record: 28.69 W 16/07/2017 KARLYN PIPES USA
SAMS record: 30.56 S 21/02/2016 CECILIA STANFORD (STB) CPTW-WP
GMS record: 33.04 G 11/03/2009 MARISSA ROLLNICK (EL)
 30.49 55-59 SAQT SAMS Colours 2017-18

1	Bruining, Carol	59	COELACANTH MSC-TS	38.59	38.44	38.59	7
2	Murray, Sandy	59	WAHOO MASTERS-CG	44.29	44.16	44.29	5

Event 5 Women 60-64 50 LC Meter Freestyle

WORLD record: 28.90 W 17/03/2018 JENNY WHITELEY AUS
SAMS record: 30.19 S 16/03/2011 SANDERINA KRUGER (OUD)
GMS record: 33.26 G 26/02/2011 MARISSA ROLLNICK (JHB)
 31.92 60-64 SAQT SAMS Colours 2017-18

1	Reynecke, Pam	63	CHAMPION SWIM CLUB MA	37.54	37.15	37.54	7
2	Alder, Elaine	62	WAHOO MASTERS-CG	41.44	41.43	41.44	5
3	Rex, Veronica	61	WAHOO MASTERS-CG	43.74	43.59	43.74	4
4	Gilmartin, Theresa	61	WAHOO MASTERS-CG	47.82	47.63	47.82	3

Event 5 Women 65-69 50 LC Meter Freestyle

WORLD record: 29.92 W 19/08/2016 LAURA VAL USA
SAMS record: 30.72 S 14/08/2015 SANDERINA KRUGER (KAZ) CPTW-WP
GMS record: 33.86 G 17/03/2016 MARISSA ROLLNICK (DBN) PHOE-CG
 34.04 65-69 SAQT SAMS Colours 2017-18

1	Rollnick, Marissa	68	PHOENIX MSC-CG	38.21	38.58	38.21	7
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Event 5 Women 70-74 50 LC Meter Freestyle

WORLD record: 33.02 W 05/08/2017 DIANN UUSTAL USA
SAMS record: 35.39 S 17/03/2016 ANNE JONES (DBN) PHOE-CG
GMS record: 35.39 G 17/03/2016 ANNE JONES (DBN) PHOE-CG
 35.39 70-74 SAQT SAMS Colours 2017-18

1	Jones, Anne	74	PHOENIX MSC-CG	39.11	39.81	39.11	7
2	Lawless, Helen	70	WAHOO MASTERS-CG	48.24	47.94	48.24	5
3	Fyfe, Joyce	72	COELACANTH MSC-TS	49.19	49.01	49.19	4
4	Ferreira, Mercia	70	WAHOO MASTERS-CG	52.38	52.10	52.38	3

Event 5 Women 75-79 50 LC Meter Freestyle

WORLD record: 34.85 W 03/03/2006 JANE ASHER GBR
SAMS record: 38.28 S 06/08/2014 SUE LEUNER (MON) PHOE-CG
GMS record: 38.28 G 06/08/2014 SUE LEUNER (MON) PHOE-CG
 40.18 75-79 SAQT SAMS Colours 2017-18

1	Rees, Jane	75	COELACANTH MSC-TS	53.72	53.55	53.72	7
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Event 5 Women 80-84 50 LC Meter Freestyle

WORLD record: 37.61 W 05/05/2012 JANE ASHER GBR
SAMS record: 43.04 S 17/08/2017 SANTA VAN JAARSVELD (BUD) CPTW-WP
GMS record: 59:59.99 G VACANT
 44.59 80-84 SAQT SAMS Colours 2017-18

1	Hanson, Ann	81	COELACANTH MSC-TS	57.86	57.63	57.86	7
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InterRegional GMS 2019 - 09/03/2019

Inter Regional - GMS Leg

2019-03-09

Results

Event 5 Men 30-34 50 LC Meter Freestyle

WORLD record:	22.13	W	13/07/2013	ROLAND SCHOEMAN	USA			
SAMS record:	24.88	S	31/01/2009	GLENN SWART (JHB)				
GMS record:	24.88	G	31/01/2009	GLENN SWART (JHB)				
	23.78			30-34 SAQT SAMS Colours 2017-18				
1	van Rooy, Corneille		30	COELACANTH MSC-TS	30.84	30.40	30.84	7

Event 5 Men 35-39 50 LC Meter Freestyle

WORLD record:	22.76	W	20/08/2005	MARK FOSTER	GBR			
SAMS record:	23.28	S	15/03/2012	RYK NEETHLING (CT)				
GMS record:	25.43	G	19/03/2016	SIMON THIRSK (DBN)	WAHO-CG			
	24.34			35-39 SAQT SAMS Colours 2017-18				
1	Aken, Warren		36	WAHOO MASTERS-CG	30.77	30.51	30.77	7

Event 5 Men 40-44 50 LC Meter Freestyle

WORLD record:	23.31	W	13/08/2014	BRIAN JACOBSON	USA			
SAMS record:	24.41	S	17/03/2016	BRADLEY REEN (DBN)	AQUB-EP			
GMS record:	25.40	G	19/03/2010	STEPHEN HAAPT (PTA)				
	24.69			40-44 SAQT SAMS Colours 2017-18				
1	Erasmus, Jaco		41	WAHOO MASTERS-CG	27.55	27.38	27.55	7

Event 5 Men 45-49 50 LC Meter Freestyle

WORLD record:	23.98	W	05/07/2014	VLADIMIR PREDKIN	RUS			
SAMS record:	25.18	S	1994	T. DOWNES (MON)				
GMS record:	25.52	G	26/02/2006	GREGG PRICE (JHB)				
	25.26			45-49 SAQT SAMS Colours 2017-18				
1	Gasson, Martin		46	WAHOO MASTERS-CG	28.24	28.11	28.24	7
2	Neumann, Andy		49	COELACANTH MSC-TS	31.05	30.53	31.05	5
3	Fubbs, Matthew		47	WAHOO MASTERS-CG	33.10	32.93	33.10	4
4	Joubert, Charles		46	AQUA ATHLETE-CG	52.31	52.99	52.31	3

Event 5 Men 50-54 50 LC Meter Freestyle

WORLD record:	24.08	W	27/06/2009	BRENT BARNES	JPN			
SAMS record:	24.34	S	21/03/2015	CALVIN MAUGHAN (JHB)	CPTW-WP			
GMS record:	26.32	G	15/03/2008	ANDRE STEYNBERG (DBN)				
	25.93			50-54 SAQT SAMS Colours 2017-18				
1	Durrant, Gary		53	COELACANTH MSC-TS	30.52	29.83	30.52	7
2	Crowther, Bobbie		50	WAHOO MASTERS-CG	31.86	31.67	31.86	5
3	Samuel, Paulo		53	COELACANTH MSC-TS	34.11	33.65	34.11	4
4	Morgan, Colin		53	COELACANTH MSC-TS	35.33	35.03	35.33	3

Event 5 Men 55-59 50 LC Meter Freestyle

WORLD record:	24.45	W	19/07/2015	BRENT BARNES	JPN			
SAMS record:	26.04	S	6/2004	TERRY DOWNES (RIC)				
GMS record:	26.64	G	13/06/2012	ANDRE STEYNBERG (RIC)				
	26.68			55-59 SAQT SAMS Colours 2017-18				
1	Pretorius, Grant		57	UNATTACHED	31.81	31.27	31.81	7
2	van Dyk, Eric		57	COELACANTH MSC-TS	32.14	31.99	32.14	5
3	Jv Rensburg, Henk		59	COELACANTH MSC-TS	33.60	33.43	33.60	4
4	de Beer, David		57	COELACANTH MSC-TS	35.60	34.82	35.60	3
5	Uitenweerde, Lourens		55	COELACANTH MSC-TS	36.65	36.21	36.65	2

Event 5 Men 60-64 50 LC Meter Freestyle

WORLD record:	25.23	W	07/08/2006	RICHARD ABRAHAMS	USA			
SAMS record:	26.31	S	17/03/2015	ANDRE STEYNBERG (DBN)	WAHO-CG			
GMS record:	26.31	G	17/03/2016	ANDRE STEYNBERG (DBN)	WAHO-CG			
	27.50			60-64 SAQT SAMS Colours 2017-18				
1	Felix, Wilhelmus		63	WAHOO MASTERS-CG	36.21	36.23	36.21	7

InterRegional GMS 2019 - 09/03/2019

Inter Regional - GMS Leg

2019-03-09

Results

Event 5 Men 65-69 50 LC Meter Freestyle

WORLD record: 26.33 W 12/08/2010 RICHARD ABRAHAMS USA
 SAMS record: 29.17 S 18/03/2015 TERRY DOWNES (JHB) COEL-NT
 GMS record: 30.11 G 11/03/2009 WILLIE WILSON (EL)

28.79 65-69 SAQT SAMS Colours 2017-18

1	Selmer-Olsen, Sam	67	WAHOO MASTERS-CG	39.31	39.72	39.31	7
2	Kitsopoulos, Stavros	68	FREE STATE MSC-MA	40.69	40.27	40.69	5

Event 5 Men 70-74 50 LC Meter Freestyle

WORLD record: 27.71 W 07/08/2015 RICHARD ABRAHAMS USA
 SAMS record: 31.34 S 26/02/2017 DOUG WILSON (STB) CPTW-WP
 GMS record: 31.86 G 18/03/2015 JOHN PETERSEN (JHB) PHOE-CG

30.44 70-74 SAQT SAMS Colours 2017-18

1	Burger, Francois	70	COELACANTH MSC-TS	39.67	39.40	39.67	7
2	Jennings, Ross	74	COELACANTH MSC-TS	49.18	48.85	49.18	5

Event 5 Men 75-79 50 LC Meter Freestyle

WORLD record: 30.26 W 21/02/2016 IAN SMITH CAN
 SAMS record: 33.47 S 15/03/2012 KEN WILLIAMS (CT)
 GMS record: 33.47 G 15/03/2012 KEN WILLIAMS (CT)

32.38 75-79 SAQT SAMS Colours 2017-18

1	Fyfe, Derek	79	COELACANTH MSC-TS	37.97	37.75	37.97	7
2	Myers, Winton	75	WAHOO MASTERS-CG	40.94	40.68	40.94	5

Event 5 Men 80-84 50 LC Meter Freestyle

WORLD record: 31.96 W 20/05/2012 ROBERTO ALBERICHE ESP
 SAMS record: 36.96 S 3/2003 RENATO SALATI (DBN)
 GMS record: 38.96 G 11/03/2009 DON JOHNSTON (EL)

35.73 80-84 SAQT SAMS Colours 2017-18

1	Garson, John	81	WAHOO MASTERS-CG	48.26	48.56	48.26	7
2	Hutchings, Peter	84	WAHOO MASTERS-CG	1:02.13	1:01.93	1:02.13	5

Event 6 Women 35-39 100 LC Meter Breaststroke

WORLD record: 1:12.34 W 08/08/2013 KATIE GLENN USA
 SAMS record: 1:14.50 S 18/03/2017 CLAIRE ROLT (EL) COEL-NT
 GMS record: 1:21.75 G 19/02/2005 HEATHER MORRIS-EYTON (PTA)

1:18.89 35-39 SAQT SAMS Colours 2017-18

1	Rolt, Claire	37	COELACANTH MSC-TS	1:17.82	1:17.97	1:17.82	SAQT	7
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Event 6 Women 65-69 100 LC Meter Breaststroke

WORLD record: 1:32.66 W 11/08/2015 JANETTE JEFFREY AUS
 SAMS record: 1:39.96 S 18/03/2017 ANNETTE THATCHER (EL) HIGH-KZ
 GMS record: 1:47.94 G 18/03/2017 DAEL STOJAKOVIC (EL) WATR-JHB

1:40.29 65-69 SAQT SAMS Colours 2017-18

1	Stojakovic, Dael	67	WATERBORN SC - MASTERS	1:58.01	1:57.49	1:58.01	7
2	Vorwerk Marren, Ingrid	68	COELACANTH MSC-TS	2:37.07		2:37.07	5

Event 6 Women 70-74 100 LC Meter Breaststroke

WORLD record: 1:35.93 W 02/10/2016 NOBUKO YASUDA JPN
 SAMS record: 1:48.70 S 18/03/2017 BEV SHUTTLEWORTH (EL) HIGH-KZ
 GMS record: 2:29.28 G 18/03/2011 ANGELA WILLIAMS (OUD)

1:48.46 70-74 SAQT SAMS Colours 2017-18

1	Ferreira, Mercia	70	WAHOO MASTERS-CG	2:26.13	2:25.95	2:26.13	7
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InterRegional GMS 2019 - 09/03/2019

Inter Regional - GMS Leg

2019-03-09

Results

Event 6 Men 50-54 100 LC Meter Breaststroke

WORLD record:	1:06.98	W	15/08/2014	DAVID GUTHRIE		USA			
SAMS record:	1:11.69	S	17/03/2016	GRAEME FISER (DBN)		CPTW-WP			
GMS record:	1:16.64	G	28/03/2003	ROBERT HATHERLY (DBN)					
	1:13.22			50-54 SAQT SAMS Colours 2017-18					
1	Greaves, Gordon		53	PHOENIX MSC-CG	1:45.95	1:45.80	1:45.95		7
---	Smith, Damian		52	WATERBORN SC - MASTERS			NS		

Event 6 Men 55-59 100 LC Meter Breaststroke

WORLD record:	1:07.97	W	31/07/2015	DAVID GUTHRIE		USA			
SAMS record:	1:11.13	S	19/04/2008	TIM SHEAD (PER)					
GMS record:	1:16.60	G	12/03/2009	BOB HATHERLY (EL)					
	1:15.41			55-59 SAQT SAMS Colours 2017-18					
1	Uitenweerde, Lourens		55	COELACANTH MSC-TS	1:33.10	1:32.89	1:33.10		7

Event 6 Men 65-69 100 LC Meter Breaststroke

WORLD record:	1:14.77	W	05/08/2017	RICK COLELLA		USA			
SAMS record:	1:17.52	S	15/08/2017	TIM SHEAD (BUD)		CPTW-WP			
GMS record:	1:28.74	G	28/02/2002	DAVID MCLACHLAN (OUD)					
	1:24.77			65-69 SAQT SAMS Colours 2017-18					
1	Miller, Mervyn		67	WAHOO MASTERS-CG	2:03.04	2:02.83	2:03.04		7

Event 6 Men 70-74 100 LC Meter Breaststroke

WORLD record:	1:23.63	W	18/08/2016	ROBERT STRAND		USA			
SAMS record:	1:35.99	S	21/03/2015	BRIAN NELSON (JHB)		WAHO-CG			
GMS record:	1:35.99	G	21/03/2015	BRIAN NELSON (JHB)		WAHO-CG			
	1:29.64			70-74 SAQT SAMS Colours 2017-18					
1	Jennings, Ross		74	COELACANTH MSC-TS	2:36.98	2:36.83	2:36.98		7

Event 7 Women 45-49 50 LC Meter Backstroke

WORLD record:	31.02	W	18/08/2016	CINDY MABEE		CAN			
SAMS record:	34.55	S	20/08/2017	NORELLE ENGELA (BUD)		CPTW-WP			
GMS record:	37.05	G	15/03/2008	DEBBIE CARROLL (DBN)					
	33.64			45-49 SAQT SAMS Colours 2017-18					
1	Struwig, Nicky		47	COELACANTH MSC-TS	51.31	50.91	51.31		7

Event 7 Women 50-54 50 LC Meter Backstroke

WORLD record:	32.02	W	26/06/2015	MARIE FUZZATI		FRA			
SAMS record:	35.54	S	09/08/2014	ANNEMARIE DRESSLER (MON)		COEL-NT			
GMS record:	35.56	G	16/03/2012	DEBBIE CARROLL (CT)					
	34.02			50-54 SAQT SAMS Colours 2017-18					
1	Naude, Caren		52	WAHOO MASTERS-CG	49.74	49.70	49.74		7

Event 7 Women 55-59 50 LC Meter Backstroke

WORLD record:	32.36	W	15/07/2017	KARLYN PIPES		USA			
SAMS record:	35.66	S	15/03/2013	DI COETZEE (PE)					
GMS record:	41.41	G	16/03/2012	ELAINE ALDER (CT)					
	36.88			55-59 SAQT SAMS Colours 2017-18					
1	Bruining, Carol		59	COELACANTH MSC-TS	52.25	52.07	52.25		7

Event 7 Women 60-64 50 LC Meter Backstroke

WORLD record:	33.86	W	09/08/2015	LAURA VAL		USA			
SAMS record:	36.42	S	17/03/2016	DI COETZEE (DBN)		CPTW-WP			
GMS record:	43.67	G	18/03/2017	ELAINE ALDER (EL)		WAHO-JHB			
	38.73			60-64 SAQT SAMS Colours 2017-18					
1	Reynecke, Pam		63	CHAMPION SWIM CLUB MA	46.85	46.41	46.85		7
2	Alder, Elaine		62	WAHOO MASTERS-CG	52.94	52.69	52.94		5
3	Gilmartin, Theresa		61	WAHOO MASTERS-CG	1:00.02	59.82	1:00.02		4

InterRegional GMS 2019 - 09/03/2019

Inter Regional - GMS Leg

2019-03-09

Results

Event 7 Women 70-74 50 LC Meter Backstroke

WORLD record:	38.69	W	24/10/2015	MARGIT OHLSSON						
SAMS record:	44.38	S	18/03/2017	ELSA CRAIG (EL)						
GMS record:	46.22	G	19/03/2015	ANNE JONES (JHB)						
	44.00			70-74 SAQT SAMS Colours 2017-18						
1	Jones, Anne		74	PHOENIX MSC-CG	51.28		51.40	51.28		7
2	Fyfe, Joyce		72	COELACANTH MSC-TS	57.14		56.80	57.14		5
3	Ferreira, Mercia		70	WAHOO MASTERS-CG	1:11.67		1:11.47	1:11.67		4

Event 7 Women 75-79 50 LC Meter Backstroke

WORLD record:	40.56	W	24/09/2017	SATOKO TAKEUJI						
SAMS record:	54.20	S	17/03/2018	SUE LEUNER (PTA)						
GMS record:	54.20	G	17/03/2018	SUE LEUNER (PTA)						
	48.80			75-79 SAQT SAMS Colours 2017-18						
1	Rees, Jane		75	COELACANTH MSC-TS	1:16.57	1:16.10		1:16.57		7

Event 7 Women 80-84 50 LC Meter Backstroke

WORLD record:	46.14	W	18/04/2018	HELEN BIRD						
SAMS record:	1:00.28	S	3/2005	MIGNONNE HARDWICH (GRM)						
GMS record:	59:59.99	G		VACANT						
	55.64			80-84 SAQT SAMS Colours 2017-18						
1	Leuner, Sue		80	PHOENIX MSC-CG	54.14	54.12	54.19	54.14 S SAQT		7
2	Hanson, Ann		81	COELACANTH MSC-TS	1:21.21		1:20.92	1:21.21		5

Event 7 Men 35-39 50 LC Meter Backstroke

WORLD record:	26.43	W	20/08/2017	RYAN PINI						
SAMS record:	27.42	S	15/03/2013	SIMON THIRSK (PE)						
GMS record:	27.42	G	15/03/2013	SIMON THIRSK (PE)						
	28.21			35-39 SAQT SAMS Colours 2017-18						
1	Aken, Warren		36	WAHOO MASTERS-CG	43.82		43.66	43.82		7

Event 7 Men 40-44 50 LC Meter Backstroke

WORLD record:	27.27	W	18/08/2017	ALEKSANDR SHILIN						
SAMS record:	29.51	S	12/03/2009	HARALD RUCK (EL)						
GMS record:	31.23	G	17/03/2016	LAIN SCHUTTE (DBN)						
	28.96			40-44 SAQT SAMS Colours 2017-18						
1	Erasmus, Jaco		41	WAHOO MASTERS-CG	35.98		35.83	35.98		7

Event 7 Men 45-49 50 LC Meter Backstroke

WORLD record:	27.67	W	20/08/2017	SERKAN ATASAY						
SAMS record:	29.42	S	16/08/2015	GREGORY KAHN (KAZ)						
GMS record:	30.54	G	3/2002	ANDRE STEYNBERG (CHC)						
	29.71			45-49 SAQT SAMS Colours 2017-18						
1	Collins, Stuart		45	WAHOO MASTERS-CG	43.88		43.71	43.88		7
2	Joubert, Charles		46	AQUA ATHLETE-CG	1:14.87		1:14.63	1:14.87		5

Event 7 Men 50-54 50 LC Meter Backstroke

WORLD record:	28.60	W	05/08/2011	STEVE WOOD						
SAMS record:	29.70	S	17/03/2016	HARALD RUCK (DBN)						
GMS record:	30.16	G	10/08/2006	ANDRE STEYNBERG (SAN)						
	30.44			50-54 SAQT SAMS Colours 2017-18						
1	Crowther, Bobbie		50	WAHOO MASTERS-CG	57.06		56.84	57.06		7

Event 7 Men 55-59 50 LC Meter Backstroke

WORLD record:	29.03	W	20/08/2016	STEVE WOOD						
SAMS record:	30.48	S	16/06/2012	ANDRE STEYNBERG (RIC)						
GMS record:	30.48	G	16/06/2012	ANDRE STEYNBERG (RIC)						
	31.46			55-59 SAQT SAMS Colours 2017-18						
1	de Beer, David		57	COELACANTH MSC-TS	1:11.06		1:10.88	1:11.06		7

InterRegional GMS 2019 - 09/03/2019

Inter Regional - GMS Leg

2019-03-09

Results

Event 7 Men 70-74 50 LC Meter Backstroke

WORLD record: 33.58 W 04/08/2017 HUGH WILDER USA
 SAMS record: 38.49 S 15/03/2013 JIMMY HUGHES (PE)
 GMS record: 43.15 G 19/03/2015 WALTER MAY (JHB) WAHO-CG
 37.63 70-74 SAQT SAMS Colours 2017-18

1	Burger, Francois	70	COELACANTH MSC-TS	57.59	57.31	57.59	7
2	van Renen, Owen	72	COELACANTH MSC-TS	1:17.06	1:16.82	1:17.06	5

Event 7 Men 75-79 50 LC Meter Backstroke

WORLD record: 36.14 W 16/08/2008 YOSHI OYAKAWA USA
 SAMS record: 38.99 S 18/02/2018 JIMMY HUGHES (DBN) EACS-ETH
 GMS record: 50.13 G 15/03/2013 JOHN GARSON (PE) WAHO-CG
 40.34 75-79 SAQT SAMS Colours 2017-18

1	Fyfe, Derek	79	COELACANTH MSC-TS	48.48	48.27	48.48	7
2	Myers, Winton	75	WAHOO MASTERS-CG	51.72	51.53	51.72	5

Event 7 Men 80-84 50 LC Meter Backstroke

WORLD record: 38.16 W 20/01/2013 S.SEKIKAWA JPN
 SAMS record: 46.99 S 17/03/2016 MIKE CAMERON (DBN) EACS-KZ
 GMS record: 53.51 G 24/02/2018 JOHN GARSON (JHB) WAHO-JHB
 44.57 80-84 SAQT SAMS Colours 2017-18

1	Garson, John	81	WAHOO MASTERS-CG	59.77	59.50	59.77	7
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Event 8 Women 35-39 100 LC Meter Butterfly

WORLD record: 1:02.44 W 19/03/2009 LYNNE HAYES AUS
 SAMS record: 1:07.37 S 15/03/2008 RACHELLE ISAKOV (DBN)
 GMS record: 1:10.41 G 07/08/2006 RACHELLE ISAKOV (SAN)
 1:08.95 35-39 SAQT SAMS Colours 2017-18

1	Vreenegoor, Joanne	37	COELACANTH MSC-TS	1:42.60	1:42.66	1:42.60	7
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Event 8 Women 70-74 100 LC Meter Butterfly

WORLD record: 1:24.55 W 06/08/2014 JUDY WILSON GBR
 SAMS record: 1:53.61 S 19/03/2015 ELSA CRAIG (JHB) BEST-EP
 GMS record: 59:59.99 G VACANT
 1:50.44 70-74 SAQT SAMS Colours 2017-18

1	Lawless, Helen	70	WAHOO MASTERS-CG	2:20.36	2:20.19	2:20.36	7
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Event 8 Men 45-49 100 LC Meter Butterfly

WORLD record: 56.85 W 11/08/2002 PAUL CARTER USA
 SAMS record: 1:01.00 S 15/03/2008 GREGG PRICE (DBN)
 GMS record: 1:01.69 G 07/08/2006 GREGG PRICE (SAN)
 1:00.49 45-49 SAQT SAMS Colours 2017-18

1	Collins, Stuart	45	WAHOO MASTERS-CG	1:18.40	1:18.24	1:18.40	7
2	Fubbs, Matthew	47	WAHOO MASTERS-CG	1:24.11	1:23.91	1:24.11	5
3	Neumann, Andy	49	COELACANTH MSC-TS	1:24.50	1:24.37	1:24.50	4

Event 8 Men 50-54 100 LC Meter Butterfly

WORLD record: 57.23 W 15/08/2008 PAUL CARTER USA
 SAMS record: 1:01.63 S 21/04/2008 PAUL BLACKBEARD (PER)
 GMS record: 1:04.23 G 17/03/2007 ANDRE STEYNBERG (SAS)
 1:04.02 50-54 SAQT SAMS Colours 2017-18

1	Samuel, Paulo	53	COELACANTH MSC-TS	1:38.81	1:38.41	1:38.81	7
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Event 8 Men 65-69 100 LC Meter Butterfly

WORLD record: 1:05.83 W 06/08/2017 RICK COLELLA USA
 SAMS record: 1:16.83 S 16/03/2018 TIM SHEAD (PTA) CPTW-CPT
 GMS record: 1:19.53 G 3/2002 DAVE MCLACHLAN (CHC)
 1:16.42 65-69 SAQT SAMS Colours 2017-18

1	Arbuthnot, David	66	COELACANTH MSC-TS	1:33.72	1:33.47	1:33.72	7
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InterRegional GMS 2019 - 09/03/2019

Inter Regional - GMS Leg

2019-03-09

Results

Event 9 Women 25-29 100 LC Meter Freestyle

WORLD record:	56.96	W	11/08/2015	EMMA GAGE						
SAMS record:	59.50	S	11/06/2012	SAMANTHA GUNTHER (RIC)						
GMS record:	59.50	G	11/06/2012	SAMANTHA GUNTHER (RIC)						
	59.20			25-29 SAQT SAMS Colours 2017-18						
1	Baikie, Rivelle		27	WAHOO MASTERS-CG	1:07.03	1:06.91	1:07.03			7
2	Coetzer, Dida		27	COELACANTH MSC-TS	1:28.06	1:27.91	1:28.06			5

Event 9 Women 35-39 100 LC Meter Freestyle

WORLD record:	58.09	W	09/07/2016	ERIKA ERNDL						
SAMS record:	1:01.60	S	6/2004	EDITH OTTERMANN (RIC)						
GMS record:	1:05.49	G	19/03/2005	NATASHA PANZERA (GRM)						
	1:01.34			35-39 SAQT SAMS Colours 2017-18						
1	Rolt, Claire		37	COELACANTH MSC-TS	1:06.06	1:05.81	1:06.06			7

Event 9 Women 40-44 100 LC Meter Freestyle

WORLD record:	58.04	W	08/06/2013	ERIKA BRAUN						
SAMS record:	1:00.39	S	6/2004	BEV MCCARNEY (RIC)						
GMS record:	1:04.38	G	28/02/2002	DEBBIE CARROLL (OUD)						
	1:02.48			40-44 SAQT SAMS Colours 2017-18						
1	Fagan, Jaki		44	WAHOO MASTERS-CG	1:07.47	1:07.29	1:07.47			7

Event 9 Women 50-54 100 LC Meter Freestyle

WORLD record:	1:00.42	W	27/06/2015	MARIE FUZZATI						
SAMS record:	1:03.19	S	16/03/2017	EDITH OTTERMANN (EL)						
GMS record:	1:04.67	G	14/03/2012	DEBBIE CARROLL (CT)						
	1:05.25			50-54 SAQT SAMS Colours 2017-18						
1	Naude, Caren		52	WAHOO MASTERS-CG	1:25.60	1:25.35	1:25.60			7

Event 9 Women 55-59 100 LC Meter Freestyle

WORLD record:	1:02.02	W	16/08/2008	LAURA VAL						
SAMS record:	1:07.07	S	16/03/2017	CECILIA STANFORD (EL)						
GMS record:	1:13.46	G	26/02/2011	CLARE DAVIE (JHB)						
	1:07.97			55-59 SAQT SAMS Colours 2017-18						
1	Bruining, Carol		59	COELACANTH MSC-TS	1:26.88	1:26.74	1:26.88			7
2	Murray, Sandy		59	WAHOO MASTERS-CG	1:37.75	1:37.41	1:37.75			5

Event 9 Women 60-64 100 LC Meter Freestyle

WORLD record:	1:03.83	W	05/08/2011	LAURA VAL						
SAMS record:	1:06.63	S	13/03/2009	SANDERINA KRUGER (EL)						
GMS record:	1:15.32	G	26/02/2011	MARISSA ROLLNICK (JHB)						
	1:12.39			60-64 SAQT SAMS Colours 2017-18						
1	Reynecke, Pam		63	CHAMPION SWIM CLUB MA	1:25.77	1:25.62	1:25.77			7
2	Rex, Veronica		61	WAHOO MASTERS-CG	1:43.60	1:43.45	1:43.60			5
3	Gilmartin, Theresa		61	WAHOO MASTERS-CG	2:00.45	2:00.27	2:00.45			4

Event 9 Women 65-69 100 LC Meter Freestyle

WORLD record:	1:05.00	W	16/08/2017	LAURA VAL						
SAMS record:	1:09.23	S	11/08/2015	SANDERINA KRUGER (KAZ)						
GMS record:	1:18.35	G	18/03/2016	MARISSA ROLLNICK (DBN)						
	1:17.79			65-69 SAQT SAMS Colours 2017-18						
1	Rollnick, Marissa		68	PHOENIX MSC-CG	1:26.27	1:26.09	1:26.27			7
2	Vorwerk Marren, Ingrid		68	COELACANTH MSC-TS	2:18.83	2:18.69	2:18.83			5

InterRegional GMS 2019 - 09/03/2019

Inter Regional - GMS Leg

2019-03-09

Results

Event 9 Women 70-74 100 LC Meter Freestyle

WORLD record:	1:14.28	W	05/09/2009	YOSHIKO OSAKI		JPN			
SAMS record:	1:23.80	S	20/03/2015	ANNE JONES (JHB)		PHOE-CG			
GMS record:	1:23.80	G	20/03/2015	ANNE JONES (JHB)		PHOE-CG			
	1:25.45			70-74 SAQT SAMS Colours 2017-18					
1	Jones, Anne		74	PHOENIX MSC-CG	1:31.99	1:31.77	1:31.99		7
2	Fyfe, Joyce		72	COELACANTH MSC-TS	1:50.03	1:49.81	1:50.03		5

Event 9 Women 75-79 100 LC Meter Freestyle

WORLD record:	1:19.71	W	19/07/2014	YOSHIKO OSAKI		JPN			
SAMS record:	1:26.34	S	04/08/2014	SUE LEUNER (MON)		PHOE-CG			
GMS record:	1:26.34	G	04/08/2014	SUE LEUNER (MON)		PHOE-CG			
	1:35.42			75-79 SAQT SAMS Colours 2017-18					
1	Rees, Jane		75	COELACANTH MSC-TS	2:02.15	2:01.91	2:02.15		7

Event 9 Women 80-84 100 LC Meter Freestyle

WORLD record:	1:24.18	W	19/06/2011	JANE ASHER		GBR			
SAMS record:	1:35.42	S	15/08/2017	SANTA VAN JAARSVELD (BUD)		CPTW-WP			
GMS record:	59:59.99	G		VACANT					
	1:46.66			80-84 SAQT SAMS Colours 2017-18					
1	Hanson, Ann		81	COELACANTH MSC-TS	2:07.17	2:06.90	2:07.17		7

Event 9 Men 45-49 100 LC Meter Freestyle

WORLD record:	53.66	W	15/08/2017	VALTER KALAUS		HUN			
SAMS record:	55.66	S	1994	T. DOWNES (MON)					
GMS record:	57.48	G	04/03/2006	GREGG PRICE (MAL)					
	55.74			45-49 SAQT SAMS Colours 2017-18					
1	Gasson, Martin		46	WAHOO MASTERS-CG	1:04.73	1:04.61	1:04.73		7
2	Collins, Stuart		45	WAHOO MASTERS-CG	1:11.48	1:11.28	1:11.48		5

Event 9 Men 50-54 100 LC Meter Freestyle

WORLD record:	54.15	W	30/06/2017	NICOLAS GRANGER		FRA			
SAMS record:	54.36	S	19/03/2015	CALVIN MAUGHAN (JHB)		CPTW-WP			
GMS record:	59.41	G	09/07/1994	WILLIAM WILSON					
	57.53			50-54 SAQT SAMS Colours 2017-18					
1	Durrant, Gary		53	COELACANTH MSC-TS	1:09.10	1:08.88	1:09.10		7
2	Crowther, Bobbie		50	WAHOO MASTERS-CG	1:22.52	1:22.55	1:22.52		5
3	Greaves, Gordon		53	PHOENIX MSC-CG	1:25.13	1:24.78	1:25.13		4
---	Morgan, Colin		53	COELACANTH MSC-TS			NS		

Event 9 Men 55-59 100 LC Meter Freestyle

WORLD record:	56.08	W	23/07/2009	JACK GROSELLE		USA			
SAMS record:	58.43	S	3/2004	TERRY DOWNES (EL)					
GMS record:	59.85	G	14/03/2012	ANDRE STEYNBERG (CT)					
	59.66			55-59 SAQT SAMS Colours 2017-18					
1	Taylor, Gary		56	CAPE TOWN MSC-CP	1:04.88	1:04.01	1:04.88		7
2	Pretorius, Grant		57	UNATTACHED	1:08.84	1:08.68	1:08.84		5
3	Jv Rensburg, Henk		59	COELACANTH MSC-TS	1:13.01	1:12.88	1:13.01		4
4	Uitenweerde, Lourens		55	COELACANTH MSC-TS	1:22.02	1:21.66	1:22.02		3

Event 9 Men 60-64 100 LC Meter Freestyle

WORLD record:	57.79	W	14/06/2014	JACK GROSELLE		USA			
SAMS record:	59.76	S	18/03/2016	ANDRE STEYNBERG (DBN)		WAHO-CG			
GMS record:	59.76	G	18/03/2016	ANDRE STEYNBERG (DBN)		WAHO-CG			
	1:01.93			60-64 SAQT SAMS Colours 2017-18					
1	Felix, Wilhelmus		63	WAHOO MASTERS-CG	1:21.15	1:20.99	1:21.15		7

InterRegional GMS 2019 - 09/03/2019**Inter Regional - GMS Leg****2019-03-09****Results****Event 9 Men 65-69 100 LC Meter Freestyle**

WORLD record:	1:00.38	W	12/08/2010	RICHARD ABRAHAMS	USA			
SAMS record:	1:05.10	S	16/03/2017	TIM SHEAD (EL)	CPTW-WP			
GMS record:	1:06.46	G	13/03/2009	WILLIE WILSON (EL)				
	1:05.98			65-69 SAQT SAMS Colours 2017-18				
1	Selmer-Olsen, Sam		67	WAHOO MASTERS-CG	1:38.83	1:38.67	1:38.83	7

Event 9 Men 70-74 100 LC Meter Freestyle

WORLD record:	1:03.32	W	08/08/2015	DAVID QUIGGIN	USA			
SAMS record:	1:15.59	S	15/08/2017	FRANCOIS DU TOIT (BUD)	CPTW-WP			
GMS record:	1:17.19	G	20/03/2015	WALTER MAY (JHB)	WAHO-CG			
	1:09.29			70-74 SAQT SAMS Colours 2017-18				
1	Burger, Francois		70	COELACANTH MSC-TS	1:32.43	1:32.23	1:32.43	7
2	Jennings, Ross		74	COELACANTH MSC-TS	1:56.69	1:56.54	1:56.69	5

Event 9 Men 75-79 100 LC Meter Freestyle

WORLD record:	1:06.63	W	12/07/2009	DAVID RADCLIFF	USA			
SAMS record:	1:18.79	S	14/03/2012	KEN WILLIAMS (CT)				
GMS record:	1:18.79	G	14/03/2012	KEN WILLIAMS (CT)				
	1:15.71			75-79 SAQT SAMS Colours 2017-18				
1	Fyfe, Derek		79	COELACANTH MSC-TS	1:28.64	1:28.44	1:28.64	7
2	Myers, Winton		75	WAHOO MASTERS-CG	1:38.25	1:37.98	1:38.25	5

Event 9 Men 80-84 100 LC Meter Freestyle

WORLD record:	1:11.82	W	23/08/2014	DAVID RADCLIFF	USA			
SAMS record:	1:30.20	S	1996	G. MAY (SHF)				
GMS record:	1:38.12	G	13/03/2009	DON JOHNSTON (EL)				
	1:26.15			80-84 SAQT SAMS Colours 2017-18				
1	Hutchings, Peter		84	WAHOO MASTERS-CG	2:36.82	2:36.66	2:36.82	7
---	Garson, John		81	WAHOO MASTERS-CG			NS	

Combined Team ScoresCombined Team Scores - Through Event 9

1. Coelacanth Msc	464	2. Wahoo Masters	459
3. Phoenix Msc	71	4. Waterborn SC - Masters	31
5. Champion Swim Club Masters	28	6. Aqua Athlete	16
7. Free State Msc	12	7. Unattached	12
9. Cape Town Msc	7		

Scores - WomenWomen - Team Rankings - Through Event 9

1. Coelacanth Msc	205	2. Wahoo Masters	190
3. Phoenix Msc	56	4. Champion Swim Club Masters	28
5. Waterborn SC - Masters	14		

Scores - MenMen - Team Rankings - Through Event 9

1. Wahoo Masters	269	2. Coelacanth Msc	259
3. Waterborn SC - Masters	17	4. Aqua Athlete	16
5. Phoenix Msc	15	6. Free State Msc	12
6. Unattached	12	8. Cape Town Msc	7