



KZN MASTERS SWIMMING NEWSLETTER 2012/2013 NO1

9 May 2012

Greetings to all KZN Master Swimmers

Some of you are in training for World Masters Swimming Champs, other ticking over doing the Dolphin Mile Swim Series and others having a good rest.

KZN MASTER SWIMMING AWARDS

These awards were handed out by Rene Selatii at the KZN Masters Swimming AGM which was held on 21st April at Marine Surf Life Saving Club



Adrian Schoeman
Most improved male and Victor Ludorum



Merle Angelos
Most improved Female at KZN Champs and Lady of the year



Bev Shuttleworth
Most outstanding swimmer at Nationals

FULL LIST OF AWARD WINNERS - 2011/12

- | | |
|---------------------------------------------|--------------------------|
| 1 MOST IMPROVED MALE AT KZN CHAMPS | ADRIAN SCHOEMAN |
| SA Wholesale Jewellers | 14.25% 50m back |
| 2 MOST IMPROVED FEMALE AT KZN CHAMPS | MERLE ANGELOS |
| SA Wholesale Jewellers | 6.58% 100 free |
| 3 BEST 50M MALE FREESTYLE | BRYAN TATTERSON |
| Natal Masters Trophy | 25.88 |
| 4 BEST 50M FEMALE FREESTYLE | WILMA VAN NIEKERK |
| Natal Masters Trophy | 29.59 |
| 5 BEST 50M BREASTSTROKE AT NATIONALS | KIERAN LAWRENSON |
| Gavin Lammers Ryk | 32.72 |

			Golds-ind.	SAQT	SA Rec
6 MOST OUTSTANDING SWIMMER AT NATIONALS			4	5	1
Ed Becket Memorial Tray			3	5	5
			2	6	-
			1	6	2
					2 J Ireland
					1 H Campbell
					- G du Toit
					5 B SHUTTLEWORTH

7 VICTOR LUDORUM	4	J.Harley
Montclair Jewellers	3	J.Hughe s
	2	S.Dahlmann
	1	ADRIAN SCHOEMAN

8 VICTOR LUDORUM	2	D.Rode
Montclair Jewellers	1	LORAIN HICKS

9 CLOSEST RUNNER-UP TO VICTOR/VICTRIX LUDORUM **S.DAHLMANN**

10 KZN ENTHUSIAST OF THE YEAR **ANN GRAY**
Graham & Tania du Toit

11 ELAINE BUCK MEMORIAL TROPHY - DEDICATION TO KZN MASTERS SWIMMING
LES TOOMS

12 LADY OF THE YEAR **MERLE ANGELOS**
Di Foster Trophy

13 MAN OF THE YEAR **PETER LARCOMBE**
Charles Buck Memorial Trophy

14 SA Colours - 6
2*High+3*EC+1*Se
als

- 1 Heather Campbell
- 2 Bev Shuttleworth
- 3 Jenny Ireland
- 4 Morag Bromfield
- 5 Mike Arbuthnot
- 6 Brian Stewart

KZN Colours - 8
1 Lwazi

- 2 Graham Robinson
- 3 Fiona McLeod
- 4 Sven Dahlmann
- 5 Jimmy Hughes
- 6 Wendy Cook
- 7 Wendy Saunders
- 8 Brian Stewart



Sven Dahlmann
runner up to Victor Ludorum



Ann Gray
KZN Entusiast of the year



Peter Iarcombe
Man of the Year

ANNUAL SUBS

Remember to pay your annual subs for the 2012/2013 Season to your **respective clubs**.

KZN Masters Fees	R150.00
SA MASTERS	R 90.00
Swim SA fees	R153.00
Club Fees	x
Total to be paid to your Club =	R393 + x

Special lucky draw incentive if you pay before **30th June 2012**. **To avoid the R100.00 penalty to SAMS pay before 31st August**. New Masters Swimmers NO Penalty. All swimmers must be registered by 31st January if they want to Swim in KZN Champs and SA Masters Nationals in March 2013

Dolphin Mile Surf Swim Series.

Sunday 13th May
Sunday 27th May
Sunday 3rd June
Sunday 15th July (OR 29th July, depending on sardine activity)
Sunday 12th August
Sunday 9th September

Route: Start from **uShaka Pier** or from beach near the **Marine Surf Lifesaving Club** and usually finishing close to the Marine Surf Lifesaving Club clubhouse. The exact positioning of course markers and the start and finish will vary according to conditions on the day of each event.

Distance: 1 mile (1600m)

Times: Registration 6h30. Briefing 7h20. Start 7h30

Entry cost: R60 per event

As a **safety requirement**, the bright yellow Dolphin Mile Surf Swim Series **swim caps MUST be worn** by swimmers. The swim caps can be purchased at registration at a nominal cost. (R30.00)

The swim is normally over by 9h00, followed by a short prize giving where SPOT PRIZES ONLY will be awarded. This early finish allows all involved the opportunity to enjoy the rest of their Sunday.

A limited number of Dolphin Mile Surf Swim Series T-shirts will be on sale at the 6h30 registration (start 7h30) for the events of the Dolphin Mile Surf Swim Series at Marine Surf Lifesaving Club (R60)

See website www.dolphinmile.co.za for more details.

FINA WORLD MASTERS

The FINA World Masters Championships are held every second year. It is the single biggest FINA event Worldwide and draws as many as 8000 competitors during the Championships. KZN Masters is very proud to be wishing the following KZN Master Swimmers **GOOD LUCK** at the 2012 World Masters Swimming Championships to be held in Riccione Italy from 3rd to 17th June.

East Coast

Graham du Toit, Heather Campbell, Morag Bromfield, Wendy Cook, Sven Dahlmann, Kieran Lawrenson
Gill Tregenna

Highway

Bev Shuttleworth and Barbara Lavett (Bowley)

CONDOLENCES

Our sincere condolences from all KZN Master Swimmers go to Lorraine Hicks. Her mother passed away yesterday afternoon.

Polar Bear Swim Challenge

The Polar Bear Swim Challenge takes place at 12 noon on Saturday 23rd June at Dragon Peaks dam in the Central Drakensberg. Swim 100m or 30m and support a worthy cause, the local Estcourt SPCA. No wet suits allowed. Only R50.00. Amazing lucky draw prizes. Contact Ann for more details 082 8280401



Dragon Peaks Dam, the venue for the Polar Bear Swim with Champagne Castle and Cathkin Peak in the background.

Happy Birthday

KZN MASTERS BIRTHDAYS May to July

May

3rd John Laurie
6th Nicola du Plessis
7th Geoff Harrison
15th Les Hadenham
17th Fiona McLeod
18th Gary Doveton
24th Wendy Cook

June

11th Heather Clark
21st Estelle Geraty
25th Barbara Bowley
28th Douglas Benton
30th Diane Hughes
30th Ann Gray

July

12th Ina Koen
14th Renato Selati
17th Mike Arbutnot
17th Joy Spencer
19th Juanine Schaanick
21st Bronwen Griffiths
28th Nicola Martins
29th Adrian Schoeman
30th Elsabe Coetsee

Remember our Motto

“The Fun, Fitness and Fellowship”

The Cycling Turtle

KZN MASTERS SWIMMING ASSOCIATION COMMITTEE 2012/2013

East Coast Rep: Rosemary Clark 083 7509888 **Highway Rep:** Heather Goldstein 084 2064484

Seals Rep: Bernadette Carmody 083 4450578

Treasurer: Sven Dahlmann 084 6801112. **Secretary:** Dawn Rode 083 7933094

Registration/Gala Secretary: Les Tooms 0314673223 **Public Relations:** Graham du Toit **082 5664234**

Records Clerk: Colleen Bailey 084 4444842 **Equipment:** Les Hadenham 082 5749872

Open Water: Ann Gray 082 8280401