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**RECORDS TM Records SC M**
**SC Meters-Men**

19-24	50 Free	25.52	<b>13-Jun-15</b>	COEL- NT	Bradley G. Schultz at GMS (Wahoo Frostbite 2) @ Wahoo AC
	100 Free	56.48	<b>16-May-15</b>	COEL- NT	Bradley G. Schultz at GMS (Wahoo Frostbite 1) @ Wahoo AC
	200 Free	2:03.12	<b>16-Oct-10</b>	COEL- NT	Tyron Venter at SAMS SC Champs (Gauteng #1) @ Wahoo AC
	400 Free	4:19.39	<b>16-Oct-10</b>	COEL- NT	Tyron Venter at SAMS SC Champs (Gauteng #1) @ Wahoo AC
	800 Free	9:39.53	<b>14-Aug-10</b>	COEL- NT	Tyron Venter at GMS SC Champs @ Wahoo AC
	1500 Free	18:16.84	<b>14-Aug-10</b>	COEL- NT	Tyron Venter at GMS SC Champs @ Wahoo AC
	50 Back	33.10	<b>1-Mar-01</b>		J. Mann
	100 Back	1:14.53	<b>16-Aug-08</b>	COEL- NT	Shaun Bouwer at GMS SC Champs @ Wahoo AC
	200 Back	2:36.29	<b>24-Sep-11</b>	COEL- NT	Hendrik Thompson at SAMS SC Champs (Combined) @ Various venues
	50 Breast	31.67	<b>26-Sep-99</b>		G. Kurth
	100 Breast	1:10.40	<b>26-Sep-99</b>		G. Kurth
	200 Breast	3:05.92	<b>16-Oct-10</b>	COEL- NT	Hendrik Thompson at SAMS SC Champs (Gauteng #1) @ Wahoo AC
	50 Fly	26.88	<b>24-Sep-11</b>	COEL- NT	Chris Langenhoven at SAMS SC Champs (Combined) @ Various venues
	100 Fly	1:00.54	<b>16-Oct-10</b>	COEL- NT	Tyron Venter at SAMS SC Champs (Gauteng #1) @ Wahoo AC
	200 Fly	2:21.24	<b>14-Aug-10</b>	COEL- NT	Tyron Venter at GMS SC Champs @ Wahoo AC
	100 IM	1:04.14	<b>16-Oct-10</b>	COEL- NT	Tyron Venter at SAMS SC Champs (Gauteng #1) @ Wahoo AC
	200 IM	2:21.87	<b>14-Aug-10</b>	COEL- NT	Tyron Venter at GMS SC Champs @ Wahoo AC
	400 IM	4:54.41	<b>16-Oct-10</b>	COEL- NT	Tyron Venter at SAMS SC Champs (Gauteng #1) @ Wahoo AC
25-29	50 Free	24.64	<b>24-Sep-11</b>	COEL- NT	LEONARD LANGENHOVEN at SAMS SC Champs (Combined) @ Various
	100 Free	57.91	<b>15-Oct-92</b>		S. Kruger
	200 Free	1:39:59.99	<b>9-Sep-99</b>		Free
	400 Free	6:32.56	<b>14-Jul-12</b>	COEL- NT	Quincy Thakuli at GMS (Wahoo) Frostbite #2 @ Wahoo AC
	800 Free	11:39.14	<b>19-Oct-13</b>	COEL- NT	Werner van Geer at SAMS SC Champs (GMS) @ St Benedicts
	1500 Free	1:39:59.99	<b>9-Sep-99</b>		Free
	50 Back	30.90	<b>22-Jun-08</b>	COEL- NT	Michael Phillips at GMS (Wahoo) @ Wahoo AC
	100 Back	1:14.38	<b>16-Oct-10</b>	COEL- NT	Johan H. Kok at SAMS SC Champs (Gauteng #1) @ Wahoo AC
	200 Back	1:39:59.99	<b>9-Sep-99</b>		Free
	50 Breast	30.35	<b>15-Feb-98</b>		K. Cawood
	100 Breast	1:09.97	<b>27-Dec-97</b>		K. Cawood
	200 Breast	2:37.43	<b>16-Aug-08</b>	COEL- NT	Christopher R. Mason at GMS SC Champs @ Wahoo AC
	50 Fly	27.47	<b>1-Oct-08</b>	COEL- NT	Christopher R. Mason at SAMS (Consol.) SC Champs @ various venues
	100 Fly	1:01.82	<b>1-Oct-08</b>	COEL- NT	Christopher R. Mason at SAMS (Consol.) SC Champs @ various venues
	200 Fly	1:39:59.99	<b>9-Sep-99</b>		Free
	100 IM	1:03.53	<b>23-Aug-97</b>		G. Albertyn
	200 IM	2:50.83	<b>6-Nov-10</b>	COEL- NT	Johan H. Kok at SAMS SC Champs (Gauteng #2) @ Wahoo AC
	400 IM	1:39:59.99	<b>9-Sep-99</b>		Free
30-34	50 Free	26.68	<b>23-Aug-97</b>		G. Ross
	100 Free	1:02.27	<b>24-Sep-11</b>	COEL- NT	Justin R. Ashworth at SAMS SC Champs (Combined) @ Various venues
	200 Free	2:21.75	<b>6-May-16</b>	COEL- NT	Michael Grobler at GMS (Wahoo) @ Wahoo AC - FB1 - 20160507 - Com
	400 Free	5:24.27	<b>6-May-16</b>	COEL- NT	Michael Grobler at GMS (Wahoo) @ Wahoo AC - FB1 - 20160507 - Com
	800 Free	12:06.73	<b>6-Nov-10</b>	COEL- NT	Terence J. Osborn at SAMS SC Champs (Gauteng #2) @ Wahoo AC
	1500 Free	1:39:59.99	<b>9-Sep-99</b>		Free
	50 Back	33.84	<b>13-Oct-02</b>		A. Hattingh
	100 Back	1:41.32	<b>1-Oct-16</b>	COEL- TSH	Michael Grobler at SAMS SC Champs (Combined) @ Various venues
	200 Back	2:30.38	<b>1-Jan-86</b>		O. Kyper
	50 Breast	30.61	<b>13-Oct-02</b>		K. Cawood
	100 Breast	1:09.58	<b>13-Oct-02</b>		K. Cawood
	200 Breast	3:01.95	<b>30-Nov-99</b>		G. Ross
	50 Fly	29.29	<b>23-Aug-97</b>		G. Ross
	100 Fly	1:12.20	<b>11-Jun-05</b>		D. de Wet
	200 Fly	1:39:59.99	<b>9-Sep-99</b>		Free
	100 IM	1:07.94	<b>26-Aug-00</b>		G. Albertyn

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30-34	200 IM	2:29.25	<b>23-Aug-97</b>		G. Ross	
	400 IM	1:39:59.99	<b>9-Sep-99</b>		Free	
35-39	50 Free	26.25	<b>1-Oct-05</b>	COEL- NT	DARREN GELDARD at SAMS SC Champs @ Various venues	
	100 Free	59.25	<b>27-Aug-05</b>	COEL- NT	DARREN GELDARD at Tshwane Short Course 2005	
	200 Free	2:31.16	<b>3-Aug-03</b>		T. Pretorius	
	400 Free	5:36.61	<b>1-Oct-04</b>		P. Tucker	
	800 Free	12:31.37	<b>17-Nov-02</b>		T. Pretorius	
	1500 Free	1:39:59.99	<b>9-Sep-99</b>		Free	
	50 Back	30.05	<b>11-Jun-05</b>		D. Retief	
	100 Back	1:06.63	<b>15-May-05</b>		D. Retief	
	200 Back	2:42.00	<b>11-Aug-07</b>	COEL- NT	Mike Beger at GMS SC Champs @ Wahoo AC	
	50 Breast	34.65	<b>30-Sep-00</b>		T. Fletcher	
	100 Breast	1:18.83	<b>15-Nov-00</b>		T. Fletcher	
	200 Breast	3:00.09	<b>11-Jun-05</b>		J. Nel	
	50 Fly	27.83	<b>11-Jun-05</b>		D. Retief	
	100 Fly	1:06.85	<b>11-Jun-05</b>		D. Retief	
	200 Fly	1:39:59.99	<b>9-Sep-99</b>		Free	
	100 IM	1:10.51	<b>19-Oct-13</b>	COEL- NT	van Reenen Cloete at SAMS SC Champs (GMS) @ St Benedicts	
	200 IM	2:38.21	<b>5-Aug-01</b>		D. Geldard	
	400 IM	1:39:59.99	<b>9-Sep-99</b>		Free	
	40-44	50 Free	25.17	<b>1-Oct-08</b>		H. Ruck at SAMS SC champs (cons.) at various venues
		100 Free	56.53	<b>15-Oct-92</b>		T. Downes
200 Free		2:14.23	<b>6-Oct-01</b>		D. Geldard	
400 Free		4:55.62	<b>8-Jul-06</b>		D. Geldard	
800 Free		9:58.15	<b>1-Oct-17</b>	CSCM- TSH	Coillard Ford at SAMS SC Champs (Combined) @ Various venues	
1500 Free		1:39:59.99	<b>9-Sep-99</b>		Free	
50 Back		29.19	<b>12-May-07</b>		H. Ruck at GMS (Wahoo) at Wahoo AC	
100 Back		1:14.72	<b>22-Sep-12</b>	COEL- NT	Robert Herreveld at SAMS SC Champs - Combined	
200 Back		2:41.38	<b>1-Oct-06</b>		D. Geldard	
50 Breast		32.91	<b>15-Aug-09</b>		H. Ruck at GMS (Wahoo) at Wahoo AC	
100 Breast		1:17.96	<b>13-Oct-02</b>		B. Duguid	
200 Breast		3:04.28	<b>22-Sep-12</b>	COEL- NT	Wim Potgieter at SAMS SC Champs - Combined	
50 Fly		28.73	<b>15-Aug-09</b>		H. Ruck at GMS SC Champs @ Wahoo AC	
100 Fly		1:18.62	<b>15-May-10</b>	COEL- NT	Arthur Tamsen at GMS (Wahoo) Frostbite #1 @ Wahoo AC	
200 Fly		1:39:59.99	<b>9-Sep-99</b>		Free	
100 IM		1:05.11	<b>1-Oct-09</b>		H. Ruck at SAMS SC champs (cons) at various venues	
200 IM		2:48.32	<b>13-Aug-11</b>	COEL- NT	CRAIG R. STANTON at GMS SC Champs @ Wahoo AC	
400 IM		1:39:59.99	<b>9-Sep-99</b>		Free	
45-49		50 Free	25.09	<b>13-Jun-95</b>		T. Downes
		100 Free	56.47	<b>12-Aug-95</b>		T. Downes
	200 Free	2:03.78	<b>12-Aug-95</b>		T. Downes	
	400 Free	4:19.10	<b>30-Aug-14</b>	COEL- NT	Gary S. Albertyn at GMS SC Champs @ Wahoo AC	
	800 Free	9:59.36	<b>6-Jun-96</b>		T. Downes	
	1500 Free	1:39:59.99	<b>9-Sep-99</b>		Free	
	50 Back	29.50	<b>17-Aug-13</b>	COEL- NT	HARALD W. RUCK at GMS SC Champs @ Wahoo AC	
	100 Back	1:06.04	<b>21-Jun-14</b>	COEL- NT	HARALD W. RUCK at GMS (Wahoo Frostbite 2) @ Wahoo AC	
	200 Back	2:22.38	<b>19-Jul-14</b>	COEL- NT	Gary S. Albertyn at GMS (Wahoo Frostbite 3) @ Wahoo AC	
	50 Breast	32.98	<b>3-Sep-00</b>		T. Cawood	
	100 Breast	1:19.30	<b>3-Feb-00</b>		T. Cawood	
	200 Breast	3:13.15	<b>22-Nov-98</b>		T. Cawood	
	50 Fly	27.41	<b>19-Jul-14</b>	COEL- NT	HARALD W. RUCK at GMS (Wahoo Frostbite 3) @ Wahoo AC	
	100 Fly	1:16.16	<b>13-Aug-02</b>		K. du Plooy	
	200 Fly	1:39:59.99	<b>9-Sep-99</b>		Free	

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45-49	100 IM	1:06.36	<b>19-Oct-13</b>	COEL- NT	HARALD W. RUCK at SAMS SC Champs (GMS) @ St Benedicts	
	200 IM	2:26.72	<b>19-Jul-14</b>	COEL- NT	Gary S. Albertyn at GMS (Wahoo Frostbite 3) @ Wahoo AC	
	400 IM	1:39:59.99	<b>9-Sep-99</b>		Free	
50-54	50 Free	25.96	<b>1-Oct-15</b>	COEL- NT	HARALD W. RUCK at SAMS SC Champs (Combined) @ Various venues	
	100 Free	55.81	<b>17-Sep-99</b>		T. Downes	
	200 Free	2:05.95	<b>15-Sep-99</b>		T. Downes	
	400 Free	4:42.75	<b>14-Oct-01</b>		T. Downes	
	800 Free	10:32.68	<b>14-Oct-01</b>		T. Downes	
	1500 Free	1:39:59.99	<b>9-Sep-99</b>		Free	
	50 Back	29.28	<b>1-Oct-16</b>	COEL- TSH	HARALD W. RUCK at SAMS SC Champs (Combined) @ Various venues	
	100 Back	1:05.80	<b>1-Oct-16</b>	COEL- TSH	HARALD W. RUCK at SAMS SC Champs (Combined) @ Various venues	
	200 Back	2:29.57	<b>15-Sep-99</b>		T. Downes	
	50 Breast	33.81	<b>8-Dec-02</b>		T. Cawood	
	100 Breast	1:20.48	<b>1-Oct-06</b>	COEL- NT	Tony CAWOOD at SAMS Short Course Championships	
	200 Breast	3:02.57	<b>1-Oct-16</b>	COEL- TSH	Lourens Uitenweerde at SAMS SC Champs (Combined) @ Various venues	
	50 Fly	29.04	<b>1-Oct-17</b>	COEL- TSH	HARALD W. RUCK at SAMS SC Champs (Combined) @ Various venues	
	100 Fly	1:08.43	<b>15-Oct-92</b>		T. Barnetson	
	200 Fly	3:23.09	<b>30-Aug-03</b>		A. dAlmeida	
	100 IM	1:12.72	<b>15-Oct-92</b>		T. Barnetson	
	200 IM	2:32.66	<b>21-Aug-99</b>		T. Downes	
	400 IM	6:38.10	<b>1-Oct-06</b>	COEL- NT	ARNAUD M. DEN BAKKER at SAMS Short Course Championships	
	55-59	50 Free	26.59	<b>1-Oct-04</b>		T. Downes
		100 Free	59.13	<b>12-Aug-95</b>		T. Downes
200 Free		2:14.78	<b>1-Oct-08</b>	TUKM- NT	Terry DOWNES at SAMS (Consol.) SC Champs @ various venues	
400 Free		4:51.50	<b>1-Oct-04</b>		T. Downes	
800 Free		10:16.61	<b>1-Oct-06</b>	BRKL- NT	Terry DOWNES at SAMS Short Course Championships	
1500 Free		23:12.42	<b>16-Aug-08</b>	COEL- NT	DAVID E. ARBUTHNOT at GMS SC Champs @ Wahoo AC	
50 Back		33.41	<b>28-Nov-04</b>		T. Downes	
100 Back		1:11.41	<b>1-Oct-04</b>		T. Downes	
200 Back		2:37.53	<b>28-Nov-04</b>		T. Downes	
50 Breast		34.40	<b>1-Oct-09</b>	COEL- NT	Tony CAWOOD at SAMS Short Course Championships	
100 Breast		1:25.90	<b>23-Aug-97</b>		H. Phielix	
200 Breast		3:19.87	<b>23-Aug-97</b>	COEL- NT	H. Phielix	
50 Fly		31.23	<b>6-Nov-10</b>	COEL- NT	Arnaud M. Den Bakker at SAMS SC Champs (Gauteng #2) @ Wahoo AC	
100 Fly		1:18.86	<b>9-Jul-05</b>		T. Downes	
200 Fly		3:19.73	<b>1-Oct-09</b>	COEL- NT	DAVID E. ARBUTHNOT at SAMS Short Course Championships	
100 IM		1:11.62	<b>28-Nov-04</b>		T. Downes	
200 IM		3:15.92	<b>1-Oct-09</b>	COEL- NT	SELWYN S. SUNDELOWITZ at SAMS Short Course Championships	
400 IM		6:40.68	<b>15-Jul-17</b>	COEL- TSH	Henk van Rensburg at FB3 - GMS (Wahoo) @ Wahoo AC	
60-64		50 Free	27.63	<b>16-May-09</b>	COEL- NT	Terry DOWNES at GMS (Wahoo) @ Wahoo AC (Frostbite 1)
		100 Free	59.74	<b>1-Oct-09</b>	COEL- NT	Terry DOWNES at SAMS Short Course Championships
	200 Free	2:17.33	<b>15-Aug-09</b>	COEL- NT	Terry DOWNES at GMS (Wahoo) @ Wahoo AC (GMS SC Champs)	
	400 Free	4:54.60	<b>1-Oct-09</b>	COEL- NT	Terry DOWNES at SAMS Short Course Championships	
	800 Free	10:50.29	<b>6-Nov-10</b>	COEL- NT	Terry DOWNES at SAMS SC Champs (Gauteng #2) @ Wahoo AC	
	1500 Free	20:05.06	<b>15-Aug-09</b>	COEL- NT	Terry DOWNES at GMS (Wahoo) @ Wahoo AC (GMS SC Champs)	
	50 Back	34.13	<b>16-May-09</b>	COEL- NT	Terry DOWNES at GMS (Wahoo) @ Wahoo AC (Frostbite 1)	
	100 Back	1:22.12	<b>15-Sep-02</b>		D. Fyfe	
	200 Back	2:39.52	<b>15-Aug-09</b>	COEL- NT	Terry DOWNES at GMS (Wahoo) @ Wahoo AC (GMS SC Champs)	
	50 Breast	35.83	<b>22-Sep-12</b>	COEL- NT	Tony CAWOOD at SAMS SC Champs - Combined	
	100 Breast	1:50.91	<b>22-Jun-08</b>	COEL- NT	OWEN M. VAN RENEN at GMS (Wahoo) @ Wahoo AC	
	200 Breast	3:49.58	<b>1-Oct-16</b>	COEL- TSH	DAVID E. ARBUTHNOT at SAMS SC Champs (Combined) @ Various venues	
	50 Fly	33.88	<b>21-Jun-14</b>	COEL- NT	Kobus du Plooy at GMS (Wahoo Frostbite 2) @ Wahoo AC	
	100 Fly	1:39:59.99	<b>9-Sep-99</b>		Free	

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**RECORDS TM Records SC M**

60-64	200 Fly	3:22.76	<b>1-Oct-16</b>	COEL- TSH	DAVID E. ARBUTHNOT at SAMS SC Champs (Combined) @ Various vent	
	100 IM	1:19.14	<b>22-Sep-12</b>	COEL- NT	Tony CAWOOD at SAMS SC Champs - Combined	
	200 IM	3:21.81	<b>23-Jul-16</b>	COEL- NT	DAVID E. ARBUTHNOT at GMS (Wahoo) @ Wahoo AC Frostbite3-160723	
	400 IM	7:18.29	<b>18-Aug-12</b>	COEL- NT	Selwyn S. Sundelowitz at GMS SC Champs @ Wahoo AC	
65-69	50 Free	29.22 *	<b>21-Jun-14</b>	COEL- NT	Terry DOWNES at GMS (Wahoo Frostbite 2) @ Wahoo AC	
	50 Free	29.22 *	<b>30-Aug-14</b>	COEL- NT	Terry DOWNES at GMS SC Champs @ Wahoo AC	
	100 Free	1:04.54	<b>24-May-14</b>	COEL- NT	Terry DOWNES at GMS SC (Wahoo Frostbite 1) @ Wahoo AC	
	200 Free	2:27.76	<b>21-Jun-14</b>	COEL- NT	Terry DOWNES at GMS (Wahoo Frostbite 2) @ Wahoo AC	
	400 Free	5:27.56	<b>24-May-14</b>	COEL- NT	Terry DOWNES at GMS SC (Wahoo Frostbite 1) @ Wahoo AC	
	800 Free	12:25.84	<b>25-Nov-06</b>	COEL- NT	Derek J. Fyfe at GMS (Killer Whales) @ Linden	
	1500 Free	21:50.68	<b>30-Aug-14</b>	COEL- NT	Terry DOWNES at GMS SC Champs @ Wahoo AC	
	50 Back	37.17	<b>16-May-15</b>	COEL- NT	Terry DOWNES at GMS (Wahoo Frostbite 1) @ Wahoo AC	
	100 Back	1:19.60	<b>30-Aug-14</b>	COEL- NT	Terry DOWNES at GMS SC Champs @ Wahoo AC	
	200 Back	2:59.86	<b>1-Oct-15</b>	COEL- NT	Terry DOWNES at SAMS SC Champs (Combined) @ Various venues	
	50 Breast	46.79	<b>13-Feb-00</b>		S. Theron	
	100 Breast	1:48.53	<b>13-Feb-00</b>		S. Theron	
	200 Breast	4:35.63	<b>27-Sep-14</b>	COEL- NT	ANTON HARROP-ALLIN at SAMS SC Champs (Combined) @ various ven	
	50 Fly	44.31	<b>1-Oct-17</b>	COEL- TSH	Selwyn S. Sundelowitz at SAMS SC Champs (Combined) @ Various venues	
	100 Fly	1:39:59.99	<b>9-Sep-99</b>		Free	
	200 Fly	1:39:59.99	<b>9-Sep-99</b>		Free	
	100 IM	1:33.52	<b>9-Jul-05</b>		D. fyfe	
	200 IM	1:39:59.99	<b>9-Sep-99</b>		Free	
	400 IM	7:56.18	<b>1-Oct-17</b>	COEL- TSH	Selwyn S. Sundelowitz at SAMS SC Champs (Combined) @ Various venues	
	70-74	50 Free	33.24	<b>16-Oct-10</b>	COEL- NT	DEREK J. FYFE at SAMS SC Champs (Gauteng #1) @ Wahoo AC
100 Free		1:19.42	<b>15-May-11</b>	COEL- NT	DEREK J. FYFE at GMS (Wahoo) Frostbite #1 @ Wahoo AC	
200 Free		2:53.77	<b>16-Oct-10</b>	COEL- NT	DEREK J. FYFE at SAMS SC Champs (Gauteng #1) @ Wahoo AC	
400 Free		6:01.24	<b>16-Oct-10</b>	COEL- NT	DEREK J. FYFE at SAMS SC Champs (Gauteng #1) @ Wahoo AC	
800 Free		12:48.99	<b>6-Nov-10</b>	COEL- NT	DEREK J. FYFE at SAMS SC Champs (Gauteng #2) @ Wahoo AC	
1500 Free		1:39:59.99	<b>9-Sep-99</b>		Free	
50 Back		43.02	<b>6-Nov-10</b>	COEL- NT	DEREK J. FYFE at SAMS SC Champs (Gauteng #2) @ Wahoo AC	
100 Back		1:33.11	<b>16-Oct-10</b>	COEL- NT	DEREK J. FYFE at SAMS SC Champs (Gauteng #1) @ Wahoo AC	
200 Back		3:14.38	<b>6-Nov-10</b>	COEL- NT	DEREK J. FYFE at SAMS SC Champs (Gauteng #2) @ Wahoo AC	
50 Breast		50.22	<b>1-Jul-95</b>		P. Mulder	
100 Breast		1:56.95	<b>1-Oct-04</b>		S. Theron	
200 Breast		4:21.20	<b>17-May-08</b>	COEL- NT	SAREL C. THERON at GMS (Wahoo) @ Wahoo AC	
50 Fly		1:39:59.99	<b>9-Sep-99</b>		Free	
100 Fly		1:39:59.99	<b>9-Sep-99</b>		Free	
200 Fly		1:39:59.99	<b>9-Sep-99</b>		Free	
100 IM		1:56.16	<b>27-Sep-14</b>	COEL- NT	DEREK J. FYFE at SAMS SC Champs (Combined) @ various venues	
200 IM		1:39:59.99	<b>9-Sep-99</b>		Free	
400 IM		1:39:59.99	<b>9-Sep-99</b>		Free	
75-79		50 Free	35.43	<b>29-Aug-15</b>	COEL- NT	DEREK J. FYFE at GMS (Wahoo) @ Wahoo AC
		100 Free	1:22.35	<b>1-Oct-17</b>	COEL- TSH	DEREK J. FYFE at SAMS SC Champs (Combined) @ Various venues
	200 Free	3:07.98	<b>1-Oct-16</b>	COEL- TSH	DEREK J. FYFE at SAMS SC Champs (Combined) @ Various venues	
	800 Free	13:49.49	<b>1-Oct-17</b>	COEL- TSH	DEREK J. FYFE at SAMS SC Champs (Combined) @ Various venues	
	1500 Free	27:04.43	<b>29-Aug-15</b>	COEL- NT	DEREK J. FYFE at GMS (Wahoo) @ Wahoo AC	
	50 Back	46.30	<b>1-Oct-16</b>	COEL- TSH	DEREK J. FYFE at SAMS SC Champs (Combined) @ Various venues	
	100 Back	1:36.26	<b>1-Oct-16</b>	COEL- TSH	DEREK J. FYFE at SAMS SC Champs (Combined) @ Various venues	
	200 Back	3:31.34	<b>1-Oct-15</b>	COEL- NT	DEREK J. FYFE at SAMS SC Champs (Combined) @ Various venues	
	50 Breast	48.85	<b>29-Sep-99</b>		P. Mulder	
	100 Breast	2:03.82	<b>15-Nov-00</b>		P. Mulder	
	200 Breast	4:45.76	<b>1-Oct-09</b>	COEL- NT	SAREL C. THERON at SAMS Short Course Championships	
	50 Fly	57.72	<b>29-Aug-15</b>	COEL- NT	DEREK J. FYFE at GMS (Wahoo) @ Wahoo AC	

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**RECORDS TM Records SC M**

75-79	100 Fly	1:39:59.99	<b>9-Sep-99</b>	Free
	200 Fly	1:39:59.99	<b>9-Sep-99</b>	Free
	100 IM	1:39:59.99	<b>9-Sep-99</b>	Free
	200 IM	1:39:59.99	<b>9-Sep-99</b>	Free
	400 IM	1:39:59.99	<b>9-Sep-99</b>	Free
80-84	50 Free	54.64	<b>10-Jun-07</b>	COEL- NT Paul MULDER at GMS (Wahoo) @ Wahoo AC
	100 Free	2:39.50	<b>19-Jul-14</b>	COEL- NT Ted BEUKES at GMS (Wahoo Frostbite 3) @ Wahoo AC
	200 Free	1:39:59.99	<b>9-Sep-99</b>	Free
	400 Free	1:39:59.99	<b>9-Sep-99</b>	Free
	800 Free	1:39:59.99	<b>9-Sep-99</b>	Free
	50 Back	1:39:59.99	<b>9-Sep-99</b>	Free
	100 Back	1:39:59.99	<b>9-Sep-99</b>	Free
	200 Back	1:39:59.99	<b>9-Sep-99</b>	Free
	50 Breast	54.63	<b>27-Aug-05</b>	COEL- NT Paul MULDER at Tshwane Short Course 2005
	100 Breast	2:28.71	<b>10-Jun-07</b>	COEL- NT Paul MULDER at GMS (Wahoo) @ Wahoo AC
	200 Breast	5:22.12	<b>27-Aug-05</b>	COEL- NT Paul MULDER at Tshwane Short Course 2005
	50 Fly	1:39:59.99	<b>9-Sep-99</b>	Free
	100 Fly	1:39:59.99	<b>9-Sep-99</b>	Free
	200 Fly	1:39:59.99	<b>9-Sep-99</b>	Free
	100 IM	1:39:59.99	<b>9-Sep-99</b>	Free
	200 IM	1:39:59.99	<b>9-Sep-99</b>	Free
	400 IM	1:39:59.99	<b>9-Sep-99</b>	Free