

**Western Province Masters Swimming
Long Course Championships 2015
Results**

Event 1 Women 25-29 200 LC Meter Freestyle

World Record: 2:04.56 W 2010-07-10 JENDRICK Megan
SA Record: 2:08.65 S 6-2012 Sam Gunther
WP Record: 2:18.02 p 3-2011 Tarryn Stanford
 2:13.49 25-29 SAQ
 2:23.92 25-29 WPQ

1 Stanford, Tarryn 29 CPTW-WP 2:23.52 WPQ
 2 Harrington, Claire 29 DOLP-WP 2:26.06

Event 1 Women 35-39 200 LC Meter Freestyle

World Record: 2:06.94 W 1997-08-10 PIPES-NEILSEN Karlyn
SA Record: 2:15.79 S 8-2007 Amanda Picard
WP Record: 2:15.79 p 8-2007 Amanda Picard
 2:17.06 35-39 SAQ
 2:26.65 35-39 WPQ

1 Nurse, Kathryn 36 CPTW-WP 2:28.57

Event 1 Women 50-54 200 LC Meter Freestyle

SA Record: 2:21.64 S 6-2012 Debbie Carroll
WP Record: 2:22.07 p 3-2013 Cecilia Stanford
 2:24.01 50-54 SAQ
 2:34.34 50-54 WPQ

1 Strauss, Marcelle 51 CPTW-WP 2:40.70
 2 Fuchs, Mandi 51 DOLP-WP 2:56.19

Event 1 Women 55-59 200 LC Meter Freestyle

SA Record: 2:30.12 S 2-2010 Diane Coetzee
WP Record: 2:30.12 p 2-2010 Diane Coetzee
 2:31.26 55-59 SAQ
 2:44.44 55-59 WPQ

1 McCarney, Gail 56 CPTW-WP 2:37.00 WPQ
 2 Routledge, Viv 58 CPTW-WP 2:58.28

Event 1 Women 60-64 200 LC Meter Freestyle

SA Record: 2:29.54 S 8-2010 Sanderina Kruger
WP Record: 2:29.54 p 8-2010 Sanderina Kruger
 2:42.52 60-64 SAQ
 2:54.48 60-64 WPQ

1 Coetzee, Diane 60 CPTW-WP 2:34.14 SAQ
 2 Brewis, Judy 61 CPTW-WP 2:58.93
 3 Brimble, Mairi 60 DOLP-WP 2:59.70

Event 1 Women 65-69 200 LC Meter Freestyle

SA Record: 2:38.79 S 3-2014 Sanderina Kruger
WP Record: 2:38.79 p 3-2014 Sanderina Kruger
 2:58.03 65-69 SAQ
 3:11.81 65-69 WPQ

1 Kruger, Sanderina 66 CPTW-WP 2:40.86 SAQ

Event 1 Men 35-39 200 LC Meter Freestyle

SA Record: 2:06.59 S 3-2008 Jaques Coetzee
WP Record: 2:08.66 p 6-2004 Alex Skinner
 2:01.50 35-39 SAQ
 2:10.01 35-39 WPQ

1 Steenkamp, Neil 38 CPTW-WP 2:24.16

Event 1 Men 40-44 200 LC Meter Freestyle

SA Record: 2:04.84 S 1993 Terry Downes
WP Record: 2:05.40 p 4-2008 Johan vd Merwe
 2:02.66 40-44 SAQ
 2:11.25 40-44 WPQ

1 Turner, Andrew 42 DOLP-WP 2:13.91

Event 1 Men 55-59 200 LC Meter Freestyle

SA Record: 2:10.90 S 6-2004 Terry Downes
WP Record: 2:11.99 p 3-2005 Tyrone Tozer
 2:13.65 55-59 SAQ
 2:23.01 55-59 WPQ

1 Stevenson, Paul 59 CPTW-WP 2:40.06

Event 1 Men 60-64 200 LC Meter Freestyle

SA Record: 2:17.01 S 3-2009 Terry Downes
WP Record: 2:22.23 p 3-2010 Tyrone Tozer
 2:22.74 60-64 SAQ
 2:33.16 60-64 WPQ

1 Spies, Izak 61 DOLP-WP 2:24.80 WPQ
 2 Howieson, Doug 63 CPTW-WP 2:35.86
 3 Bennetto, Peter 62 CPTW-WP 2:46.76

Event 2 Women 25-29 400 LC Meter IM

World Record: 5:02.78 W 2006-11-05 MATSUDA Hitomi
SA Record: 5:32.66 S 6-2012 Tarryn Stanford
WP Record: 5:32.66 p 6-2012 Tarryn Stanford
 5:31.89 25-29 SAQ
 5:55.12 25-29 WPQ

1 Stanford, Tarryn 29 CPTW-WP 5:46.14 WPQ

Event 2 Women 40-44 400 LC Meter IM

World Record: 5:09.83 W 2004-08-01 PIPES-NEILSEN Karlyn
SA Record: 5:38.52 S 6-2004 Cecilia Stanford
WP Record: 5:38.52 p 6-2004 Cecilia Stanford
 5:42.35 40-44 SAQ
 6:06.31 40-44 WPQ

1 Amner, Claire 41 CPTW-WP 6:15.83

Event 2 Women 55-59 400 LC Meter IM

SA Record: 6:28.80 S 6-2012 Claire Davie
WP Record: 6:57.62 p 8-2010 Therese Sharkey
 6:30.52 55-59 SAQ
 6:57.86 55-59 WPQ

1 Degenaar, Jean 55 CPTW-WP 6:31.19 WPQ

Event 2 Men 75-79 400 LC Meter IM

SA Record: 7:10.29 S 6-2012 Dave McLachlan
WP Record: 7:10.29 p 6-2012 Dave McLachlan
 8:05.88 75-79 SAQ
 8:40.45 75-79 WPQ

1 McLachlan, Dave 78 CPTW-WP 7:59.55 SAQ

Event 3 Women 25-29 100 LC Meter Backstroke

World Record: 1:04.82 W 2007-07-16 MIZUMOTO Akiko
SA Record: 1:07.78 S 3-2000 Marianne Kriel
WP Record: 1:07.78 p 3-2000 Marianne Kriel
 1:09.92 25-29 SAQ
 1:15.06 25-29 WPQ

1 Stanford, Tarryn 29 CPTW-WP 1:17.31

Event 3 Women 35-39 100 LC Meter Backstroke

World Record: 1:04.99 W 2010-08-08 HART Sheri
SA Record: 1:08.11 S 8-2006 Marianne Kriel
WP Record: 1:08.11 p 8-2006 Marianne Kriel
 1:12.17 35-39 SAQ
 1:17.22 35-39 WPQ

1 Cadiz, Perry 39 CPTW-WP 1:20.15

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Event 3 Women 45-49 100 LC Meter Backstroke

SA Record: 1:14.92 S 8-2006 Cecilia Stanford
 WP Record: 1:14.92 p 8-2006 Cecilia Stanford
 1:14.14 45-49 SAQ
 1:19.33 45-49 WPQ

1 Mallows, Bev 45 DOLP-WP 1:36.62

Event 3 Women 50-54 100 LC Meter Backstroke

SA Record: 1:14.64 S 6-2011 Cecilia Stanford
 WP Record: 1:14.64 p 6-2011 Cecilia Stanford
 1:17.02 50-54 SAQ
 1:22.41 50-54 WPQ

1 Welgemoed, Janine 54 CPTW-WP 1:36.45

Event 3 Women 60-64 100 LC Meter Backstroke

SA Record: 1:23.96 S 8-2010 Sanderina Kruger
 WP Record: 1:23.96 p 8-2010 Sanderina Kruger
 1:29.14 60-64 SAQ
 1:35.71 60-64 WPQ

1 Coetzee, Diane 60 CPTW-WP 1:23.09 S B SAQ
 2 Brewis, Judy 61 CPTW-WP 1:37.01

Event 3 Women 65-69 100 LC Meter Backstroke

SA Record: 1:28.40 S 8-2014 Sanderina Kruger
 WP Record: 1:29.84 p 2-2014 Sanderina Kruger
 1:34.50 65-69 SAQ
 1:41.48 65-69 WPQ

1 Kruger, Sanderina 66 CPTW-WP 1:34.54 WPQ

Event 3 Women 70-74 100 LC Meter Backstroke

SA Record: 1:47.05 S 2-2014 Lenchen Zundorf
 WP Record: 1:47.05 p 2-2014 Lenchen Zundorf
 1:41.38 70-74 SAQ
 1:49.17 70-74 WPQ

1 Zundorf, Lenchen 71 CPTW-WP 1:47.18 WPQ

Event 3 Men 30-34 100 LC Meter Backstroke

SA Record: 1:03.94 S 3-2014 S. Malan
 WP Record: 1:04.53 p 8-2010 Dave Nel
 1:02.29 30-34 SAQ
 1:06.65 30-34 WPQ

1 Joubert, Jacques 32 CPTW-WP 1:12.16

Event 3 Men 50-54 100 LC Meter Backstroke

SA Record: 1:08.57 S 8-2006 Andre Steynberg
 WP Record: 1:09.25 p 6-2004 Tim Shead
 1:07.41 50-54 SAQ
 1:12.92 50-54 WPQ

1 Orton, Nick 52 CPTW-WP 1:16.35

Event 3 Men 60-64 100 LC Meter Backstroke

SA Record: 1:16.72 S 3-2009 Terry Downes
 WP Record: 1:25.00 p 4-2008 Allen Morrison
 1:15.45 60-64 SAQ
 1:21.54 60-64 WPQ

1 Winfield, Mike 60 CPTW-WP 1:18.96 B WPQ
 2 Howieson, Doug 63 CPTW-WP 1:27.64

Event 4 Women 25-29 200 LC Meter Breaststroke

World Record: 2:35.46 W 2006-07-17 MATSUDA Hitomi
 SA Record: 2:53.47 S 3-1996 Heather Morris-Eyton
 WP Record: 2:59.29 p 3-2013 Claire Harrington
 2:49.76 25-29 SAQ
 3:02.39 25-29 WPQ

1 Harrington, Claire 29 DOLP-WP 3:00.62 WPQ

Event 4 Women 40-44 200 LC Meter Breaststroke

World Record: 2:38.44 W 2006-08-09 VON DER LIPPE Susan
 SA Record: 2:40.76 S 8-2010 Heather Morris-Eyton
 WP Record: 3:05.29 p 3-2000 Gail McCarney
 2:59.04 40-44 SAQ
 3:11.57 40-44 WPQ

1 Amner, Claire 41 CPTW-WP 3:20.71

Event 4 Women 50-54 200 LC Meter Breaststroke

SA Record: 3:06.63 S 8-2014 Annemarie Dressler
 WP Record: 3:07.37 p 2-2011 Cecilia Stanford
 3:09.07 50-54 SAQ
 3:23.19 50-54 WPQ

1 Fuchs, Mandi 51 DOLP-WP 3:49.32

Event 4 Women 60-64 200 LC Meter Breaststroke

SA Record: 3:38.28 S 2-2010 Jenny Ireland
 WP Record: 3:42.35 p 2-2014 Sandy Reeves
 3:32.69 60-64 SAQ
 3:47.58 60-64 WPQ

1 Reeves, Sandy 61 DOLP-WP 3:44.67 WPQ

Event 4 Women 65-69 200 LC Meter Breaststroke

SA Record: 3:47.94 S 3-2013 Bev Shuttleworth
 WP Record: 4:13.12 p 4-2008 Tricia Rix
 3:43.56 65-69 SAQ
 3:59.21 65-69 WPQ

1 Godfrey, Colleen 66 DOLP-WP 4:20.26

Event 4 Women 70-74 200 LC Meter Breaststroke

SA Record: 4:06.55 S 3-2012 Salome Hurwitz
 WP Record: 4:40.03 p 2-2013 Tricia Rix
 3:57.64 70-74 SAQ
 4:14.27 70-74 WPQ

1 Rix, Tricia 72 CPTW-WP 5:10.55

Event 4 Men 50-54 200 LC Meter Breaststroke

SA Record: 2:45.62 S 6-2004 Tim Shead
 WP Record: 2:45.62 p 6-2004 Tim Shead
 2:44.68 50-54 SAQ
 2:56.21 50-54 WPQ

1 Olivier, Marais 52 CPTW-WP 3:44.28

Event 5 Women 35-39 100 LC Meter Butterfly

World Record: 1:02.44 W 2009-03-19 HAYES Lynne
 SA Record: 1:07.37 S 3-2008 Rachele Isakov
 WP Record: 1:07.37 p 3-2008 Rachele Isakov
 1:08.95 35-39 SAQ
 1:13.78 35-39 WPQ

1 Nurse, Kathryn 36 CPTW-WP 1:18.26

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Event 5 Men 35-39 100 LC Meter Butterfly

SA Record: 1:00.61 S 1993 Paul Blackbeard
WP Record: 1:02.19 p 1990 Nigel Cones
59.07 35-39 SAQ
1:03.20 35-39 WPQ

1 Steenkamp, Neil 38 CPTW-WP 1:16.72

Event 5 Men 40-44 100 LC Meter Butterfly

SA Record: 1:01.95 S 6-2006 Alex Skinner
WP Record: 1:01.95 p 6-2006 Alex Skinner
1:00.49 40-44 SAQ
1:04.72 40-44 WPQ

1 Turner, Andrew 42 DOLP-WP 1:06.82

Event 5 Men 75-79 100 LC Meter Butterfly

SA Record: 1:28.67 S 6-2012 Dave McLachlan
WP Record: 1:28.67 p 6-2012 Dave McLachlan
1:43.02 75-79 SAQ
1:50.23 75-79 WPQ

1 McLachlan, Dave 78 CPTW-WP 1:47.50 WPQ

Event 6 Women 25-29 50 LC Meter Backstroke

World Record: 29.60 W 2008-10-04 NAKAMURA Mai
SA Record: 31.42 S 3-2000 Marianne Kriel
WP Record: 31.42 p 3-2000 Marianne Kriel
31.99 25-29 SAQ
34.54 25-29 WPQ

1 Steenkamp, Aletta 29 CPTW-WP 42.85

Event 6 Women 35-39 50 LC Meter Backstroke

World Record: 30.17 W 2010-08-07 HART Sheri
SA Record: 31.58 S 8-2006 Marianne Kriel
WP Record: 31.58 p 8-2006 Marianne Kriel
33.20 35-39 SAQ
35.52 35-39 WPQ

1 Cadiz, Perry 39 CPTW-WP 35.91

Event 6 Women 45-49 50 LC Meter Backstroke

SA Record: 34.82 S 8-2010 Monique Dokter
WP Record: 34.82 p 8-2010 Monique Dokter
33.64 45-49 SAQ
35.99 45-49 WPQ

1 Mallows, Bev 45 DOLP-WP 42.45

Event 6 Women 50-54 50 LC Meter Backstroke

SA Record: 35.54 S 8-2014 Annemarie Dresslar
WP Record: 35.73 p 9-2011 Cecilia Stanford
35.30 50-54 SAQ
37.77 50-54 WPQ

1 Welgemoed, Janine 54 CPTW-WP 44.39
2 Winfield, Melinda 54 CPTW-WP 49.32

Event 6 Women 55-59 50 LC Meter Backstroke

SA Record: 35.66 S 3-2013 Diane Coetzee
WP Record: 35.66 p 3-2013 Diane Coetzee
37.24 55-59 SAQ
40.53 55-59 WPQ

1 Routledge, Viv 58 CPTW-WP 45.85

Event 6 Women 60-64 50 LC Meter Backstroke

SA Record: 38.14 S 6-2012 Morag Bromfield
WP Record: 39.37 p 3-2013 Sanderina Kruger
40.01 60-64 SAQ
42.81 60-64 WPQ

1 Coetzee, Diane 60CPTW-WP 37.40 SAQ
2 Brewis, Judy 61 CPTW-WP 45.11

Event 6 Women 65-69 50 LC Meter Backstroke

SA Record: 40.10 S 2-2014 Sanderina Kruger
WP Record: 40.10 p 2-2014 Sanderina Kruger
42.27 65-69 SAQ
45.23 65-69 WPQ

1 Kruger, Sanderina 66 CPTW-WP 43.43 WPQ

Event 6 Women 70-74 50 LC Meter Backstroke

SA Record: 48.06 S 3-2014 M. Potts
WP Record: 48.19 p 2-2014 Lenchen Zundorf
44.82 70-74 SAQ
49.06 70-74 WPQ

1 Zundorf, Lenchen 71 CPTW-WP 49.53

Event 6 Women 75-79 50 LC Meter Backstroke

SA Record: 1:00.47 S 3-2000 Mignon Hardwich
WP Record: 1:21.77 p 4-1998 Rae Smit
48.80 75-79 SAQ
52.22 75-79 WPQ

1 McLachlan, Eugenie 76 CPTW-WP 1:12.90

Event 6 Men 40-44 50 LC Meter Backstroke

SA Record: 29.51 S 3-2009 Harald Ruck
WP Record: 31.64 p 3-2012 Gary Hall
28.96 40-44 SAQ
30.99 40-44 WPQ

1 Cloete-Hopkins, Alex 44 CPTW-WP 31.40
2 Turner, Andrew 42 DOLP-WP 32.98

Event 6 Men 50-54 50 LC Meter Backstroke

SA Record: 30.16 S 8-2006 Andre Steynberg
WP Record: 32.07 p 3-2004 Tim Shead
30.92 50-54 SAQ
33.20 50-54 WPQ

1 Orton, Nick 52 CPTW-WP 32.57 WPQ

Event 6 Men 60-64 50 LC Meter Backstroke

SA Record: 34.57 S 3-2014 Tim Shead
WP Record: 34.57 p 3-2014 Tim Shead
33.95 60-64 SAQ
36.65 60-64 WPQ

1 Winfield, Mike 60 CPTW-WP 35.37 WPQ
2 Howieson, Doug 63 CPTW-WP 39.26
3 Spies, Izak 61 DOLP-WP 39.91
4 Bennetto, Peter 62 CPTW-WP 42.37