

**Western Cape Masters Short Course Gala  
Durbanville, 18th November 2018**

**Results**

**Event 1 Women 35-39 1500 SC Meter Freestyle**

**WORLD SC Rec:** 16:16.00 W 2015-09-27 GEORGE Heidi

**SA Record:** 19:15.43 S 8-2014 Kathryn Nurse

**WP Record:** 19:15.43 p 8-2014 Kathryn Nurse

19:11.97 35-39 SAQ

20:32.61 35-39 WPQ

1 Nurse, Kathryn 39 CPTW-WP 21:35.33

**Event 1 Women 40-44 1500 SC Meter Freestyle**

**WORLD SC Rec:** 16:16.00 W 2017-01-28 GEORGE Heidi

**SA Record:** 20:17.58 S 8-2008 Barabara Bowley

**WP Record:** 20:34.92 p 8-2014 Claire Amner

19:29.01 40-44 SAQ

20:50.84 40-44 WPQ

1 Amner, Claire 44 CPTW-WP 21:53.53

**Event 1 Women 50-54 1500 SC Meter Freestyle**

**WORLD SC Rec:** 17:17.00 W 2013-03-02 MARSHALL Lynn

**SA Record:** 19:12.30 S 11-2011 Cecilia Stanford

**WP Record:** 19:12.30 p 11-2011 Cecilia Stanford

19:31.02 50-54 SAQ

20:52.99 50-54 WPQ

1 Fuchs, Mandi 54 CPTW-WP 24:15.93

**Event 1 Men 45-49 1500 SC Meter Freestyle**

**WORLD SC Rec:** 16:16.00 W 2015-02-15 CALMASINI Fabio

**SA Record:** 18:50.38 S 8-2007 Allen Blades

**WP Record:** 20:19.77 p 11-2011 Richard Wilmore

17:42.67 45-49 SAQ

18:57.06 45-49 WPQ

1 Malan, Johan 45 CPTW-WP 20:04.50 p

**Event 1 Men 60-64 1500 SC Meter Freestyle**

**WORLD SC Rec:** 18:18.00 W 2017-01-28 THOMAS Bruce

**SA Record:** 20:05.06 S 8-2009 Terry Downes

**WP Record:** 20:32.21 p 12-2017 Izak Spies

19:48.01 60-64 SAQ

21:11.17 60-64 WPQ

1 Spies, Izak 64 CPTW-WP 20:57.01 WPQ

2 Holshausen, Rod 60 CPTW-WP 22:43.46

**Event 2 Women 40-44 200 SC Meter Backstroke**

**WORLD SC Rec:** 2:02.00 W 2009-12-04 SMITH Jody

**SA Record:** 2:39.83 S 9-2002 Cecilia Stanford

**WP Record:** 2:39.83 p 9-2002 Cecilia Stanford

2:34.24 40-44 SAQ

2:45.04 40-44 WPQ

1 Cadiz, Perry 42 CPTW-WP 2:37.25 S p WPQ

**Event 2 Women 45-49 200 SC Meter Backstroke**

**WORLD SC Rec:** 2:02.00 W 2009-02-26 PIPES-NEILSEN Kar

**SA Record:** 2:41.53 S 7-2013 A Dressler

**WP Record:** 2:44.59 p 8-2005 Jean Degenaar

2:36.52 45-49 SAQ

2:47.18 45-49 WPQ

1 Engela, Norelle 46 CPTW-WP 2:56.67

2 Mason, Marusa 48 UNAT 3:06.33

3 Mallows, Bev 48 DOLP-WP 3:32.30

**Event 2 Women 60-64 200 SC Meter Backstroke**

**WORLD SC Rec:** 2:02.00 W 2015-11-21 VAL Laura

**SA Record:** 2:46.71 S 8-2015 Di Coetzee

**WP Record:** 2:46.71 p 8-2015 Di Coetzee

2:56.65 60-64 SAQ

3:09.02 60-64 WPQ

1 Coetzee, Diane 63 CPTW-WP 2:48.52 SAQ

2 Brewis, Judy 64 CPTW-WP 3:17.33

**Event 2 Women 70-74 200 SC Meter Backstroke**

**WORLD SC Rec:** 3:03.00 W 2015-10-17 MUNNS Clary

**SA Record:** 3:55.50 S 3-2015 W Kokott

**WP Record:** 4:28.61 p 8-2013 Tricia Rix

2:35.08 70-74 SAQ

2:45.94 70-74 WPQ

1 Zundorf, Lenchen 74 CPTW-WP 4:02.35 p

**Event 3 Women 30-34 50 SC Meter Breaststroke**

**WORLD SC Rec:** 31.00 W 2015-11-29 HEIDEMANN Nicole

**SA Record:** 34.41 S 7-2016 C Rolt

**WP Record:** 37.25 p Gail McCarney

34.02 30-34 SAQ

36.40 30-34 WPQ

1 Allott, Lauren 34 UNAT 43.11

**Event 3 Women 40-44 50 SC Meter Breaststroke**

**WORLD SC Rec:** 32.00 W 2012-08-05 FRAME Linley

**SA Record:** 34.38 S 10-2009 Heather Morris-Eyton

**WP Record:** 38.00 p 10-2015 Mia Russell

35.44 40-44 SAQ

37.92 40-44 WPQ

1 van Breda, Bridget 43 CPTW-WP 38.75

2 Amner, Claire 44 CPTW-WP 44.29

3 Van Wyk, Melanie 41 CPTW-WP 45.04

**Event 3 Women 45-49 50 SC Meter Breaststroke**

**WORLD SC Rec:** 33.00 W 2013-03-17 HAMMER Anna

**SA Record:** 35.87 S 10-2012 Heather Morris-Eyton

**WP Record:** 37.64 p 8-2005 Gail McCarney

35.92 45-49 SAQ

38.43 45-49 WPQ

1 Newell, Joanne 46 UNAT 47.78

2 Tarr, Dominique 48 UNAT 54.76

**Event 3 Women 65-69 50 SC Meter Breaststroke**

**WORLD SC Rec:** 40.00 W 2010-05-09 YASUDA Nobuko

**SA Record:** 43.63 S 3-2017 A Thatcher

**WP Record:** 49.17 p 10-2009 Lenchen Zundorf

44.01 65-69 SAQ

47.09 65-69 WPQ

1 Godfrey, Colleen 69 DOLP-WP 56.54

2 Odendaal, Anne-Marie 68 CPTW-WP 1:01.49

**Western Cape Masters Short Course Gala  
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**Results**

**Event 3 Men 30-34 50 SC Meter Breaststroke**

**WORLD SC Rec:** 27.00 W 2009-09-26 TOMAZINI Marcelo  
**SA Record:** 30.61 S 12-2002 Kenneth Cawood  
**WP Record:** 30.86 p 12-2017 Jacques Joubert  
 28.89 30-34 SAQ  
 30.91 30-34 WPQ

1 Joseph, Yusuf 34 CPTW-WP 34.31

**Event 3 Men 35-39 50 SC Meter Breaststroke**

**WORLD SC Rec:** 27.00 W 2016-11-18 GEYBEL Sergey  
**SA Record:** 30.67 S 10-2018 Jacques Joubert  
**WP Record:** 30.67 p 10-2018 Jacques Joubert  
 29.35 35-39 SAQ  
 31.40 35-39 WPQ

1 Lalin, Luke 35 CPTW-WP 35.03

2 van Riet, Louw 38 CPTW-WP 39.56

3 De Wet, Hendri 39 UNAT 43.51

**Event 3 Men 45-49 50 SC Meter Breaststroke**

**WORLD SC Rec:** 28.00 W 2010-01-17 ROLLI Rico  
**SA Record:** 31.75 S 10-2010 Johan vd Merwe  
**WP Record:** 31.75 p 8-2010 Johan vd Merwe  
 30.56 45-49 SAQ  
 32.70 45-49 WPQ

1 Gilbert, Oliver 48 CPTW-WP 34.84

**Event 3 Men 55-59 50 SC Meter Breaststroke**

**WORLD SC Rec:** 30.00 W 2016-12-17 GUTHRIE David  
**SA Record:** 32.36 S 10-2009 Tim Shead  
**WP Record:** 32.36 p 10-2009 Tim Shead  
 32.76 55-59 SAQ  
 35.05 55-59 WPQ

1 Olivier, Marais 55 CPTW-WP 45.50

**Event 3 Men 60-64 50 SC Meter Breaststroke**

**WORLD SC Rec:** 31.00 W 2015-11-21 COLELLA Rick  
**SA Record:** 33.37 S 4-2016 Tim Shead  
**WP Record:** 33.37 p 4-2016 Tim Shead  
 34.59 60-64 SAQ  
 37.01 60-64 WPQ

1 Hendricks, Nigel 60 CPTW-WP 39.17

2 Platte, Gary 62 WINE-WP 53.83

**Event 3 Men 65-69 50 SC Meter Breaststroke**

**WORLD SC Rec:** 32.00 W 2016-11-20 COLELLA Rick  
**SA Record:** 33.68 S 3-2017 Tim Shead  
**WP Record:** 33.68 p 3-2017 Tim Shead  
 36.50 65-69 SAQ  
 39.06 65-69 WPQ

1 Hodges, Mark 65 CPTW-WP 48.13

**Event 3 Men 70-74 50 SC Meter Breaststroke**

**WORLD SC Rec:** 35.00 W 2016-04-10 HOFEL Dieter  
**SA Record:** 41.25 S 9-2017 Francois Du Toit  
**WP Record:** 41.25 p 9-2017 Francois Du Toit  
 38.66 70-74 SAQ  
 41.37 70-74 WPQ

1 DU Toit, Francois 71 CPTW-WP 43.58

**Event 4 Women 45-49 200 SC Meter IM**

**WORLD SC Rec:** 2:02.00 W 2009-05-17 PIPES-NEILSEN Kar  
**SA Record:** 2:35.69 S 4-2008 Cecilia Stanford  
**WP Record:** 2:35.69 p 4-2008 Cecilia Stanford  
 2:35.56 45-49 SAQ  
 2:46.45 45-49 WPQ

1 Engela, Norelle 46 CPTW-WP 3:07.28

**Event 4 Women 50-54 200 SC Meter IM**

**WORLD SC Rec:** 2:02.00 W 2014-09-28 REYNOLDS Ellen  
**SA Record:** 2:34.03 S 4-2011 Cecilia Stanford  
**WP Record:** 2:34.03 p 4-2011 Cecilia Stanford  
 2:40.88 50-54 SAQ  
 2:52.14 50-54 WPQ

1 Fuchs, Mandi 54 CPTW-WP 3:30.66

**Event 4 Men 45-49 200 SC Meter IM**

**WORLD SC Rec:** 2:02.00 W 2012-03-08 GRANGER Nicolas  
**SA Record:** 2:22.22 S 4-2008 Graham Du Toit  
**WP Record:** 2:29.00 p 9-2002 Tim Shead  
 2:17.57 45-49 SAQ  
 2:27.20 45-49 WPQ

1 Bezuidenhout, Roger 45 UNAT 2:52.51

**Event 4 Men 55-59 200 SC Meter IM**

**WORLD SC Rec:** 2:02.00 W 2009-11-22 MANN Michae  
**SA Record:** 2:24.64 S 1-2007 Tim Shead  
**WP Record:** 2:24.64 p 1-2007 Tim Shead  
 2:28.94 55-59 SAQ  
 2:39.37 55-59 WPQ

1 Olivier, Marais 55 CPTW-WP 3:33.96

**Event 5 Women 30-34 100 SC Meter Freestyle**

**WORLD SC Rec:** 54.00 W 2012-10-13 ERNDL Erika  
**SA Record:** 1:00.46 S 7-2017 Lezandre Wolmarans  
**WP Record:** 1:00.46 p 7-2017 Lezandre Wolmarans  
 58.94 30-34 SAQ  
 1:03.12 30-34 WPQ

1 Allott, Lauren 34 UNAT 1:09.00

**Event 5 Women 35-39 100 SC Meter Freestyle**

**WORLD SC Rec:** 54.00 W 2006-12-03 TORRES Dara  
**SA Record:** 1:02.48 S 10-2015 Perry Cadiz  
**WP Record:** 1:02.48 p 10-2015 Perry Cadiz  
 1:00.25 35-39 SAQ  
 1:04.47 35-39 WPQ

1 Anelli, Tarryn 35 UNAT 1:13.47

2 Looock-Bezuidenhout, Esrie 36 UNAT 1:17.70

**Event 5 Women 40-44 100 SC Meter Freestyle**

**WORLD SC Rec:** 57.00 W 2014-12-14 BRAUN Erika  
**SA Record:** 1:02.55 S 11-2004 Bev McCarney  
**WP Record:** 1:02.86 p 7-2017 Perry Cadiz  
 1:00.81 40-44 SAQ  
 1:05.07 40-44 WPQ

1 Blom, Annelize 41 UNAT 1:22.78

## Western Cape Masters Short Course Gala

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## Results

**Event 5 Women 45-49 100 SC Meter Freestyle**

WORLD SC Rec: 58.00 W 2017-03-25 BLACKBURN Lisa

SA Record: 1:04.22 S 1-2012 W. v Niekerk

WP Record: 1:03.17 p 7-2014 Edith Ottermann

1:01.67 45-49 SAQ

1:05.99 45-49 WPQ

1	Mason, Marusa	48	UNAT	1:16.49
2	Newell, Joanne	46	UNAT	1:24.56
3	Mallows, Bev	48	DOLP-WP	1:26.52
4	Tarr, Dominique	48	UNAT	1:45.07

**Event 5 Women 50-54 100 SC Meter Freestyle**

WORLD SC Rec: 58.00 W 2015-01-25 FUZZATI Marie The

SA Record: 1:05.87 S 7-2011 CeciliaStanford

WP Record: 1:04.82 p 7-2017 Edith Ottermann

1:03.66 50-54 SAQ

1:08.12 50-54 WPQ

1	Fuchs, Mandi	54	CPTW-WP	1:22.95
2	Stranack, Sandy	53	UNAT	1:31.00

**Event 5 Women 60-64 100 SC Meter Freestyle**

WORLD SC Rec: 1:01.00 W 2014-12-05 VAL Laura

SA Record: 1:08.13 S 10-2015 Di Coetzee

WP Record: 1:08.13 p 10-2015 Di Coetzee

1:10.63 60-64 SAQ

1:15.57 60-64 WPQ

1	Brewis, Judy	64	CPTW-WP	1:22.56
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**Event 5 Men 30-34 100 SC Meter Freestyle**

WORLD SC Rec: 47.00 W 2015-11-27 LAGUNOV Evgeniy

SA Record: 54.13 S 10-2005 Paul Fryer

WP Record: 56.40 p 9-1999 J. Coetzer

50.55 30-34 SAQ

54.09 30-34 WPQ

1	Joseph, Yusuf	34	CPTW-WP	1:04.80
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**Event 5 Men 35-39 100 SC Meter Freestyle**

WORLD SC Rec: 49.00 W 2000-03-19 MIRANDA John

SA Record: 53.22 S 10-2015 B Reen

WP Record: 56.26 p 10-2011 Nick Turner

52.63 35-39 SAQ

56.31 35-39 WPQ

1	De Wet, Hendri	39	UNAT	1:18.84
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**Event 5 Men 50-54 100 SC Meter Freestyle**

WORLD SC Rec: 51.00 W 2009-10-17 GAINES Rowdy

SA Record: 54.79 S 10-2017 Calvin Maughin

WP Record: 54.79 p 10-2017 Calvin Maughan

54.70 50-54 SAQ

58.53 50-54 WPQ

1	Luke, Eddy	52	CPTW-WP	1:11.48
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**Event 5 Men 55-59 100 SC Meter Freestyle**

WORLD SC Rec: 54.00 W 2009-04-05 GROSELLE Jack

SA Record: 58.94 S 7-2012 Andre Steynberg

WP Record: 1:02.29 p 4-2008 Doug Howieson

57.81 55-59 SAQ

1:01.86 55-59 WPQ

1	Steyn, Glenn	58	CPTW-WP	1:08.39
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**Event 5 Men 60-64 100 SC Meter Freestyle**

WORLD SC Rec: 55.00 W 2014-05-17 GROSELLE Jack

SA Record: 59.74 S 10-2009 Terry Downes

WP Record: 1:03.63 p 7-2017 Paul Stevenson

1:00.94 60-64 SAQ

1:05.21 60-64 WPQ

1	Spies, Izak	64	CPTW-WP	1:06.93
2	Holshausen, Rod	60	CPTW-WP	1:13.04
3	Platte, Gary	62	WINE-WP	1:31.16

**Event 5 Men 65-69 100 SC Meter Freestyle**

WORLD SC Rec: 58.00 W 2016-11-20 COLELLA Rick

SA Record: 1:04.54 S 5-2014 Terry Downes

WP Record: 1:08.00 p 11-2004 Gary Freeling

1:03.38 65-69 SAQ

1:07.82 65-69 WPQ

1	Howieson, Doug	66	CPTW-WP	1:13.86
2	Hodges, Mark	65	CPTW-WP	1:24.17

**Event 5 Men 80-84 100 SC Meter Freestyle**

WORLD SC Rec: 1:01.00 W 2014-09-27 RADCLIFF David

SA Record: 1:33.28 S 1995 George May

WP Record: 1:38.13 p Mel Bartholomew

1:23.44 80-84 SAQ

1:29.28 80-84 WPQ

1	McLachlan, Dave	81	CPTW-WP	1:31.97 S p
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**Event 6 Women 40-44 100 SC Meter Breaststroke**

WORLD SC Rec: 1:01.00 W 2015-12-05 LEWIS Cynthia

SA Record: 1:15.66 S 10-2008 Heather Morris-Eyton

WP Record: 1:24.22 p 11-1999 Gail McCarney

1:17.84 40-44 SAQ

1:23.29 40-44 WPQ

1	van Breda, Bridget	43	CPTW-WP	1:23.60 p
2	Van Wyk, Melanie	41	CPTW-WP	1:36.86

**Event 6 Women 45-49 100 SC Meter Breaststroke**

WORLD SC Rec: 1:01.00 W 2013-03-16 HAMMER Anna

SA Record: 1:22.17 S 7-2006 Cecilia Stanford

WP Record: 1:22.17 p 7-2006 Cecilia Stanford

1:18.80 45-49 SAQ

1:24.32 45-49 WPQ

1	Tarr, Dominique	48	UNAT	2:02.52
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**Event 6 Women 50-54 100 SC Meter Breaststroke**

WORLD SC Rec: 1:01.00 W 2015-03-21 HASSE Ute

SA Record: 1:26.95 S 11-2012 Cecilia Stanford

WP Record: 1:26.95 p 11-2012 Cecilia Stanford

1:21.38 50-54 SAQ

1:27.08 50-54 WPQ

1	Fuchs, Mandi	54	CPTW-WP	1:46.74
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**Event 6 Men 30-34 100 SC Meter Breaststroke**

WORLD SC Rec: 59.00 W 2016-03-20 KOBAYASHI Ryo

SA Record: 1:07.97 S 10-2017 JacquesJoubert

WP Record: 1:07.97 p 10-2017 Jacques Joubert

1:03.86 30-34 SAQ

1:08.33 30-34 WPQ

1	Joseph, Yusuf	34	CPTW-WP	1:18.76
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**Event 6 Men 35-39 100 SC Meter Breaststroke**

**WORLD SC Rec:** 1:01.00 W 2016-11-19 GEYBEL Sergey  
**SA Record:** 1:07.88 S 2-2018 Jacques Joubert  
**WP Record:** 1:07.88 p 2-2018 Jacques Joubert  
 1:04.70 35-39 SAQ  
 1:09.23 35-39 WPQ

1 van Riet, Louw 38 CPTW-WP 1:31.70

**Event 6 Men 45-49 100 SC Meter Breaststroke**

**WORLD SC Rec:** 1:01.00 W 2015-03-28 GRANGER Nicolas  
**SA Record:** 1:09.74 S 8-2010 Johan vd Merwe  
**WP Record:** 1:09.74 p 8-2010 Johan vd Merwe  
 1:07.55 45-49 SAQ  
 1:12.28 45-49 WPQ

1 Gilbert, Oliver 48 CPTW-WP 1:18.59

**Event 6 Men 55-59 100 SC Meter Breaststroke**

**WORLD SC Rec:** 1:01.00 W 2016-12-18 GUTHRIE David  
**SA Record:** 1:10.50 S 1-2007 Tim Shead  
**WP Record:** 1:10.50 p 1-2007 Tim Shead  
 1:13.34 55-59 SAQ  
 1:18.47 55-59 WPQ

1 Olivier, Marais 55 CPTW-WP 1:40.87

**Event 6 Men 60-64 100 SC Meter Breaststroke**

**WORLD SC Rec:** 1:01.00 W 2015-11-21 COLELLA Rick  
**SA Record:** 1:12.89 S 12-2016 Tim Shead  
**WP Record:** 1:12.89 p 12-2016 Tim Shead  
 1:17.74 60-64 SAQ  
 1:23.18 60-64 WPQ

1 Platte, Gary 62 WINE-WP 2:12.32

**Event 6 Men 70-74 100 SC Meter Breaststroke**

**WORLD SC Rec:** 1:01.00 W 2016-05-21 SPRINGER Douglas  
**SA Record:** 1:34.70 S 9-2017 F Du Toit  
**WP Record:** 1:34.70 p 9-2017 Francois du Toit  
 1:28.17 70-74 SAQ  
 1:34.34 70-74 WPQ

1 DU Toit, Francois 71 CPTW-WP 1:41.18

**Event 7 Women 35-39 200 SC Meter Freestyle**

**WORLD SC Rec:** 2:02.00 W 2012-03-25 MATSUDA Hitomi  
**SA Record:** 2:15.34 S 1994 Aletta Momberg  
**WP Record:** 2:15.34 p 1994 Aletta Momberg  
 2:13.41 35-39 SAQ  
 2:22.76 35-39 WPQ

1 Nurse, Kathryn 39 CPTW-WP 2:18.25 WPQ

2 Looek-Bezuidenhout, Esrie 36 UNAT 3:02.87

**Event 7 Women 40-44 200 SC Meter Freestyle**

**WORLD SC Rec:** 2:02.00 W 2003-12-14 PIPES-NEILSEN Kar  
**SA Record:** 2:11.26 S 7-2008 Amanda Picard  
**WP Record:** 2:11.26 p 7-2008 Amanda Picard  
 2:14.99 40-44 SAQ  
 2:24.44 40-44 WPQ

1 Amner, Claire 44 CPTW-WP 2:50.33

**Event 7 Women 45-49 200 SC Meter Freestyle**

**WORLD SC Rec:** 2:02.00 W 2007-12-02 PIPES-NEILSEN Kar  
**SA Record:** 2:20.90 S 10-2012 Heather Morris-Eyton  
**WP Record:** 2:21.56 p 8-2009 Cecilia Stanford  
 2:16.02 45-49 SAQ  
 2:25.54 45-49 WPQ

1 Mason, Marusa 48 UNAT 2:53.45

2 Newell, Joanne 46 UNAT 3:11.09

**Event 7 Women 60-64 200 SC Meter Freestyle**

**WORLD SC Rec:** 2:02.00 W 2011-12-14 VAL Laura  
**SA Record:** 2:26.94 S 7-2015 Di Coetzee  
**WP Record:** 2:26.94 p 7-2015 Di Coetzee  
 2:34.43 60-64 SAQ  
 2:45.24 60-64 WPQ

1 Brewis, Judy 64 CPTW-WP 3:04.45

**Event 7 Men 40-44 200 SC Meter Freestyle**

**WORLD SC Rec:** 1:01.00 W 2008-12-06 ROSS Michael  
**SA Record:** 2:06.18 S 10-2014 Barend Nortjie  
**WP Record:** 2:06.18 p 10-2014 Barend Nortjie  
 1:58.52 40-44 SAQ  
 2:06.82 40-44 WPQ

1 Steenkamp, Neil 41 CPTW-WP 2:25.60

**Event 7 Men 50-54 200 SC Meter Freestyle**

**WORLD SC Rec:** 1:01.00 W 2011-10-14 GAINES Ambrose  
**SA Record:** 2:05.95 S 9-1999 Terry Downes  
**WP Record:** 2:14.54 p 10-2018 Greg McLeRoth  
 2:02.34 50-54 SAQ  
 2:10.90 50-54 WPQ

1 McLeRoth, Greg 51 CPTW-WP 2:13.90 p

**Event 7 Men 55-59 200 SC Meter Freestyle**

**WORLD SC Rec:** 1:01.00 W 2009-11-22 MANN Michael  
**SA Record:** 2:14.78 S 10-2008 Terry Downes  
**WP Record:** 2:15.69 p 7-2008 Doug Howieson  
 2:09.64 55-59 SAQ  
 2:18.71 55-59 WPQ

1 Steyn, Glenn 58 CPTW-WP 2:34.87

**Event 7 Men 60-64 200 SC Meter Freestyle**

**WORLD SC Rec:** 2:02.00 W 2015-11-21 COLELLA Rick  
**SA Record:** 2:17.33 S 8-2009 Terry Downes  
**WP Record:** 2:20.78 p 7-2014 Izak Spies  
 2:17.48 60-64 SAQ  
 2:27.10 60-64 WPQ

1 Holshausen, Rod 60 CPTW-WP 2:39.54

**Event 7 Men 65-69 200 SC Meter Freestyle**

**WORLD SC Rec:** 2:02.00 W 2016-11-20 COLELLA Rick  
**SA Record:** 2:22.15 S 10-2017 Tim Shead  
**WP Record:** 2:22.15 p 10-2017 Tim Shead  
 2:23.92 65-69 SAQ  
 2:33.99 65-69 WPQ

1 Howieson, Doug 66 CPTW-WP 2:40.78

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**Event 7 Men 80-84 200 SC Meter Freestyle**

**WORLD SC Rec:** 2:02.00 W 2014-09-28 RADCLIFF David  
**SA Record:** 3:25.02 S 4-2017 Dave McLachlan  
**WP Record:** 3:25.02 p 4-2017 Dave McLachlan  
 3:10.82 80-84 SAQ  
 3:24.18 80-84 WPQ  
 1 McLachlan, Dave 81 CPTW-WP 3:30.65

**Event 8 Women 35-39 100 SC Meter Butterfly**

**WORLD SC Rec:** 1:01.00 W 2014-05-04 MATSUDA Hitomi  
**SA Record:** 1:08.17 S 7-2014 Kathryn Nurse  
**WP Record:** 1:08.17 p 7-2014 Kathryn Nurse  
 1:06.47 35-39 SAQ  
 1:11.12 35-39 WPQ  
 1 Nurse, Kathryn 39 CPTW-WP 1:17.25

**Event 8 Women 50-54 100 SC Meter Butterfly**

**WORLD SC Rec:** 1:01.00 W 2016-04-03 DE PONTI Daniela  
**SA Record:** 1:12.89 S 8-2012 Cecilia Stanford  
**WP Record:** 1:12.89 p 8-2012 Cecilia Stanford  
 1:10.87 50-54 SAQ  
 1:15.83 50-54 WPQ  
 1 Fuchs, Mandi 54 CPTW-WP 1:44.34

**Event 8 Men 45-49 100 SC Meter Butterfly**

**WORLD SC Rec:** 56.00 W 2016-03-25 GRANGER Nicolas  
**SA Record:** 1:00.47 S 10-2010 Brian Tatterson  
**WP Record:** 1:00.76 p 6-2018 Robbie Taylor  
 59.31 45-49 SAQ  
 1:03.46 45-49 WPQ  
 1 Bezuidenhout, Roger 45 UNAT 1:22.52

**Event 8 Men 50-54 100 SC Meter Butterfly**

**WORLD SC Rec:** 57.00 W 2007-12-02 CARTER Paul  
**SA Record:** 1:04.71 S 12-2015 Brian Tatterson  
**WP Record:** 1:05.77 p 10-2002 Tim Shead  
 1:02.07 50-54 SAQ  
 1:06.41 50-54 WPQ  
 1 Luke, Eddy 52 CPTW-WP 1:22.21

**Event 8 Men 65-69 100 SC Meter Butterfly**

**WORLD SC Rec:** 1:01.00 W 2016-07-22 DAY Lawrence  
**SA Record:** 1:09.79 S 3-2017 Tim Shead  
**WP Record:** 1:09.79 p 3-2017 Tim Shead  
 1:13.98 65-69 SAQ  
 1:19.16 65-69 WPQ  
 1 Hodges, Mark 65 CPTW-WP 1:52.60

**Event 9 Women 30-34 25 SC Meter Breaststroke**

**WP Record:** 17.68 p 11-2001 D. van Zyl  
 1 Allott, Lauren 34 UNAT 19.16  
 2 Swart, Ilze 34 UNAT 27.67

**Event 9 Women 40-44 25 SC Meter Breaststroke**

**WP Record:** 17.95 p 12-2017 Perry Cadiz  
 1 Cadiz, Perry 42 CPTW-WP 18.31  
 2 Amner, Claire 44 CPTW-WP 19.59  
 3 Van Wyk, Melanie 41 CPTW-WP 21.13

**Event 9 Women 45-49 25 SC Meter Breaststroke**

**WP Record:** 18.13 p 11-2006 Cecilia Stanford  
 1 Tarr, Dominique 48 UNAT 19.07  
 2 Mallows, Bev 48 DOLP-WP 21.83  
 3 Newell, Joanne 46 UNAT 22.34

**Event 9 Women 60-64 25 SC Meter Breaststroke**

**WP Record:** 19.54 p 4-2014 Sandy Reeves  
 1 Coetzee, Diane 63 CPTW-WP 21.45

**Event 9 Women 65-69 25 SC Meter Breaststroke**

**WP Record:** 23.46 p 1-2012 Lenchen Zundorf  
 1 Godfrey, Colleen 69 DOLP-WP 26.32

**Event 9 Women 70-74 25 SC Meter Breaststroke**

**WP Record:** 24.75 p 12-2017 Lenchen Zundorf  
 1 Zundorf, Lenchen 74 CPTW-WP 26.91

**Event 9 Men 30-34 25 SC Meter Breaststroke**

**WP Record:** 14.34 p 12-2017 Jacques Joubert  
 1 Joseph, Yusuf 34 CPTW-WP 15.20

**Event 9 Men 35-39 25 SC Meter Breaststroke**

**WP Record:** 15.31 p Tabo Stegman  
 1 Lalin, Luke 35 CPTW-WP 15.43  
 2 van Riet, Louw 38 CPTW-WP 17.46

**Event 9 Men 40-44 25 SC Meter Breaststroke**

**WP Record:** 15.22 p 11-2010 Harald Kruger  
 1 Richards, Jay 41 CPTW-WP 15.07 p

**Event 9 Men 45-49 25 SC Meter Breaststroke**

**WP Record:** 15.56 p 1999 Tim Shead  
 1 Gilbert, Oliver 48 CPTW-WP 15.64  
 2 Hugo, Francois 48 QSAM-WP 19.14

**Event 9 Men 55-59 25 SC Meter Breaststroke**

**WP Record:** 15.35 p 11-2009 Tim Shead  
 1 Olivier, Marais 55 CPTW-WP 20.14

**Event 9 Men 60-64 25 SC Meter Breaststroke**

**WP Record:** 19.41 p 11-2009 Coenie Slabbert  
 1 Hendricks, Nigel 60 CPTW-WP 18.11 p  
 2 Holshausen, Rod 60 CPTW-WP 22.93  
 3 Platte, Gary 62 WINE-WP 24.99

**Event 9 Men 65-69 25 SC Meter Breaststroke**

**WP Record:** 20.69 p 11-2006 David McLachlan  
 1 Hodges, Mark 65 CPTW-WP 21.08  
 2 Howieson, Doug 66 CPTW-WP 21.10

**Event 9 Men 70-74 25 SC Meter Breaststroke**

**WP Record:** 20.27 p 11-2007 David McLachlan  
 1 DU Toit, Francois 71 CPTW-WP 19.30 p

**Event 9 Men 80-84 25 SC Meter Breaststroke**

**WP Record:** 22.64 p 12-2017 Dave McLachlan  
 1 McLachlan, Dave 81 CPTW-WP 23.45

**Event 10 Women 30-34 25 SC Meter Backstroke**

**WP Record:** 16.89 p 11-2006 Nicky Kerr  
 1 Allott, Lauren 34 UNAT 18.27



## Western Cape Masters Short Course Gala

Durbanville, 18th November 2018

## Results

**Event 10 Women 35-39 25 SC Meter Backstroke****WP Record: 15.28 p 11-2006 Marianne Kriel**

1 Anelli, Tarryn 35 UNAT 18.10

**Event 10 Women 40-44 25 SC Meter Backstroke****WP Record: 16.18 p 12-2017 Perry Cadiz**

1 Cadiz, Perry 42 CPTW-WP 16.09 p

2 Blom, Annelize 41 UNAT 19.07

3 Amner, Claire 44 CPTW-WP 19.68

**Event 10 Women 45-49 25 SC Meter Backstroke****WP Record: 16.43 p Sue Fraenkel**

1 Mason, Marusa 48 UNAT 18.51

2 Mallows, Bev 48 DOLP-WP 20.14

3 Newell, Joanne 46 UNAT 22.98

4 Tarr, Dominique 48 UNAT 27.16

**Event 10 Women 60-64 25 SC Meter Backstroke****WP Record: 17.39 p 12-2017 Di Coetzee**

1 Coetzee, Diane 63 CPTW-WP 17.36 p

2 Brewis, Judy 64 CPTW-WP 21.36

**Event 10 Women 70-74 25 SC Meter Backstroke****WP Record: 23.87 p 12-2017 Lenchen Zundorf**

1 Russell, Therese 70 DOLP-WP 22.79 p

2 Zundorf, Lenchen 74 CPTW-WP 24.54

**Event 10 Men 19-24 25 SC Meter Backstroke****WP Record: 14.13 p 11-2007 Shirwyn Weber**

1 Opperman, Naude 24 CPTW-WP 12.83 p

**Event 10 Men 35-39 25 SC Meter Backstroke****WP Record: 14.91 p 1-2012 Jay Richards**

1 Lalin, Luke 35 CPTW-WP 14.19 p

**Event 10 Men 40-44 25 SC Meter Backstroke****WP Record: 16.16 p Tabo Stegman**

1 Richards, Jay 41 CPTW-WP 14.54 p

**Event 10 Men 45-49 25 SC Meter Backstroke****WP Record: 16.33 p Allen Morrison**

1 Gilbert, Oliver 48 CPTW-WP 17.19

2 Hugo, Francois 48 QSAM-WP 18.84

**Event 10 Men 50-54 25 SC Meter Backstroke****WP Record: 14.92 p 12-2017 Nick Orton**

1 McLeRoth, Greg 51 CPTW-WP 14.85 p

**Event 10 Men 55-59 25 SC Meter Backstroke****WP Record: 15.37 p 11-2009 Tim Shead**

1 Olivier, Marais 55 CPTW-WP 22.74

**Event 10 Men 60-64 25 SC Meter Backstroke****WP Record: 16.20 p 11-2012 Tim Shead**

1 Hendricks, Nigel 60 CPTW-WP 18.27

2 Holshausen, Rod 60 CPTW-WP 18.86

**Event 10 Men 65-69 25 SC Meter Backstroke****WP Record: 17.71 p 1-2012 Doug Wilson**

1 Howieson, Doug 66 CPTW-WP 19.73

2 Hodges, Mark 65 CPTW-WP 22.67

**Event 10 Men 80-84 25 SC Meter Backstroke****WP Record: 24.28 p 12-2017 Dave McLachlan**

1 McLachlan, Dave 81 CPTW-WP 24.01 p

**Event 11 Women 30-34 25 SC Meter Butterfly****WP Record: 14.16 p 12-2017 Lezandre Wolmarans**

1 Allott, Lauren 34 UNAT 15.55

**Event 11 Women 40-44 25 SC Meter Butterfly****WP Record: 14.98 p 11-2004 Cecilia Stanford**

1 Cadiz, Perry 42 CPTW-WP 15.03

2 Amner, Claire 44 CPTW-WP 17.05

3 Blom, Annelize 41 UNAT 19.88

**Event 11 Women 45-49 25 SC Meter Butterfly****WP Record: 15.32 p 11-2008 Cecilia Stanford**

1 Mason, Marusa 48 UNAT 17.21

2 Newell, Joanne 46 UNAT 18.77

**Event 11 Women 50-54 25 SC Meter Butterfly****WP Record: 15.37 p 1-2012 Cecilia Stanford**

1 Stranack, Sandy 53 UNAT 20.92

**Event 11 Women 60-64 25 SC Meter Butterfly****WP Record: 16.70 p 4-2015 Di Coetzee**

1 Coetzee, Diane 63 CPTW-WP 16.37 p

**Event 11 Women 65-69 25 SC Meter Butterfly****WP Record: 24.44 p 11-2010 Lenchen Zundorf**

1 Campbell, Jenny 69 UNAT 21.81

2 Godfrey, Colleen 69 DOLP-WP 25.36

**Event 11 Men 19-24 25 SC Meter Butterfly****WP Record: 13.12 p 11-2007 Shirwyn Weber**

1 Opperman, Naude 24 CPTW-WP 12.44 p

**Event 11 Men 30-34 25 SC Meter Butterfly****WP Record: 12.81 p Nigel Cones**

1 Joseph, Yusuf 34 CPTW-WP 13.70

**Event 11 Men 35-39 25 SC Meter Butterfly****WP Record: 12.75 p 4-2014 Jay Richards**

1 Lalin, Luke 35 CPTW-WP 13.25

2 De Wet, Hendri 39 UNAT 18.14

3 van Riet, Louw 38 CPTW-WP 18.32

**Event 11 Men 40-44 25 SC Meter Butterfly****WP Record: 13.72 p 12-2017 Greg McLeRoth**

1 Richards, Jay 41 CPTW-WP 13.68 p

2 Steenkamp, Neil 41 CPTW-WP 14.81

**Event 11 Men 45-49 25 SC Meter Butterfly****WP Record: 13.03 p 11-2007 Paul Blackbeard**

1 Malan, Johan 45 CPTW-WP 13.96

2 Bezuidenhout, Roger 45 UNAT 14.52

3 Gilbert, Oliver 48 CPTW-WP 14.86

4 Hugo, Francois 48 QSAM-WP 16.31

**Event 11 Men 50-54 25 SC Meter Butterfly****WP Record: 13.27 p 11-2008 Nigel Cones**

1 McLeRoth, Greg 51 CPTW-WP 13.64

**Western Cape Masters Short Course Gala  
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**Results**

**Event 11 Men 55-59 25 SC Meter Butterfly****WP Record: 13.41 p 11-2009 Tim Shead**

1	Steyn, Glenn	58	CPTW-WP	15.67
2	Olivier, Marais	55	CPTW-WP	19.65

**Event 11 Men 60-64 25 SC Meter Butterfly****WP Record: 16.21 p 11-2010 Allen Morrison**

1	Hendricks, Nigel	60	CPTW-WP	15.47 p
2	Holshausen, Rod	60	CPTW-WP	16.37
3	Platte, Gary	62	WINE-WP	21.68

**Event 11 Men 65-69 25 SC Meter Butterfly****WP Record: 16.75 p 11-2007 Gary Freeling**

1	Hodges, Mark	65	CPTW-WP	17.82
2	Howieson, Doug	66	CPTW-WP	18.82

**Event 11 Men 80-84 25 SC Meter Butterfly****WP Record: 19.28 p 12-2017 Dave McLachlan**

1	McLachlan, Dave	81	CPTW-WP	19.69
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**Event 12 Women 30-34 25 SC Meter Freestyle****WP Record: 12.90 p 1-1997 Janine Makowen**

1	Allott, Lauren	34	UNAT	14.27
2	Swart, Ilze	34	UNAT	20.73

**Event 12 Women 35-39 25 SC Meter Freestyle****WP Record: 13.35 p Gail McCarney**

1	Anelli, Tarryn	35	UNAT	15.12
2	Loock-Bezuidenhout, Esrie	36	UNAT	15.52

**Event 12 Women 40-44 25 SC Meter Freestyle****WP Record: 13.00 p 11-2016 Perry Cadiz**

1	Cadiz, Perry	42	CPTW-WP	13.46
2	Amner, Claire	44	CPTW-WP	15.59
3	Van Wyk, Melanie	41	CPTW-WP	16.38
4	Blom, Annelize	41	UNAT	16.53

**Event 12 Women 45-49 25 SC Meter Freestyle****WP Record: 14.05 p 11-2009 Marcelle Strauss**

1	Mason, Marusa	48	UNAT	14.93
2	Newell, Joanne	46	UNAT	16.96
3	Tarr, Dominique	48	UNAT	18.15

**Event 12 Women 50-54 25 SC Meter Freestyle****WP Record: 14.23 p 1-2012 Cecilia Stanford**

1	Stranack, Sandy	53	UNAT	17.99
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**Event 12 Women 60-64 25 SC Meter Freestyle****WP Record: 14.90 p 4-2015 Di Coetzee**

1	Coetzee, Diane	63	CPTW-WP	15.28
2	Brewis, Judy	64	CPTW-WP	17.84

**Event 12 Women 65-69 25 SC Meter Freestyle****WP Record: 18.14 p 11-2010 Lenchen Zundorf**

1	Godfrey, Colleen	69	DOLP-WP	19.46
2	Campbell, Jenny	69	UNAT	19.62

**Event 12 Women 70-74 25 SC Meter Freestyle****WP Record: 18.71 p 4-2015 Lenchen Zundorf**

1	Russell, Therese	70	DOLP-WP	18.03p
2	Zundorf, Lenchen	74	CPTW-WP	19.59

**Event 12 Men 19-24 25 SC Meter Freestyle****WP Record: 12.00 p 11-2007 Shirwyn Weber**

1	Opperman, Naude	24	CPTW-WP	11.70p
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**Event 12 Men 30-34 25 SC Meter Freestyle****WP Record: 12.09 p Paul Benade**

1	Joseph, Yusuf	34	CPTW-WP	13.09
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**Event 12 Men 35-39 25 SC Meter Freestyle****WP Record: 12.15 p 1-2012 Jay Richards**

1	Lalin, Luke	35	CPTW-WP	12.32
2	van Riet, Louw	38	CPTW-WP	14.00

**Event 12 Men 40-44 25 SC Meter Freestyle****WP Record: 12.50 p 11-2007 Johan vd Merwe**

1	Richards, Jay	41	CPTW-WP	12.55
2	Steenkamp, Neil	41	CPTW-WP	13.25

**Event 12 Men 45-49 25 SC Meter Freestyle****WP Record: 12.08 p 11-2007 Paul Blackbeard**

1	Bezuidenhout, Roger	45	UNAT	13.49
2	Gilbert, Oliver	48	CPTW-WP	13.73
3	Hugo, Francois	48	QSAM-WP	14.00

**Event 12 Men 50-54 25 SC Meter Freestyle****WP Record: 12.75 p 12-2017 Nick Orton**

1	McLeRoth, Greg	51	CPTW-WP	12.26p
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**Event 12 Men 55-59 25 SC Meter Freestyle****WP Record: 12.91 p 11-2009 Tim Shead**

1	Steyn, Glenn	58	CPTW-WP	14.74
2	Olivier, Marais	55	CPTW-WP	16.34

**Event 12 Men 60-64 25 SC Meter Freestyle****WP Record: 13.84 p 11-2009 Allen Morrison**

1	Spies, Izak	64	CPTW-WP	13.87
2	Hendricks, Nigel	60	CPTW-WP	13.96
3	Holshausen, Rod	60	CPTW-WP	15.63
4	Platte, Gary	62	WINE-WP	17.65

**Event 12 Men 65-69 25 SC Meter Freestyle****WP Record: 14.02 p 2-2015 Doug Wilson**

1	Howieson, Doug	66	CPTW-WP	15.65
2	Hodges, Mark	65	CPTW-WP	17.18

**Event 12 Men 70-74 25 SC Meter Freestyle****WP Record: 14.21 p 12-2017 Doug Wilson**

1	DU Toit, Francois	71	CPTW-WP	15.61
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**Event 12 Men 80-84 25 SC Meter Freestyle****WP Record: 18.31 p 12-2017 Dave McLachlan**

1	McLachlan, Dave	81	CPTW-WP	18.92
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