



## KWAZULU-NATAL MASTERS SWIMMING ASSOC.



### **GALA PROGRAMME 2018/2019 SEASON TWO PROGRAMME**

GALA DATE	SUNDAY- 19Aug 2018 Charity 1hr Relay	SAT.aft- 08 Sept2018 Monthly	SUNDAY- 14 Oct.2018 SAMS Reg. sc Champs	SUNDAY-18 Nov. 2018 Monthly	SATURDAY-08 Dec.2018 Christmas Gala
VENUE	Glenwood Prep School	Gordon Rd School	Gordon Rd School	TBA	Gordon Rd Shool
POOL SIZE	s.c	s.c	s.c	l.c	s.c
START TIME	08h30 - 09h30 Session1	13h00 for 13h30	09h30 for 10h00	09h30 for 10h00	13h00 for 13h30
EVENTS	Relay teams of 4				
Freestyle	3-4 Sessions- specific	50 100 200	50 200 400	50 100 400/800	50 100 400
Butterfly	session times to	50 100	50 200	50 100	50 200
Backstroke	be pre-booked	50 100	50 100	50 100	50 200
Breaststroke		50 100	50 200	50 200	50 100
Medley		100	100 200	200 / 400	200
Entry Fee	Minimum R200/team	No	Paid pre-entry. TBA. Pre-reg SAMS	No	No

GALA DATE	SAT. Aft.- 13 Jan.2019 Monthly	SAT. Aft.- 16Feb. 2019 KZN l.c. Champs	SUN. - 17Feb 2019 KZN l.c. Champs	SUN. - 3 March 2019 Pre-Nationals	21-25 March 2019 SAMS Nationals	SAT.aft. - 13 April 2019 End of Season
VENUE	Gordon Rd School	TBA	TBA	Gordon Rd School	PORT ELIZABETH	Gordon Rd School
POOL SIZE	sc	l.c	l.c	s.c	l.c	s.c
START TIME	13h00 for 13h30	13h00 for 13h30	08h30 for 09h00	09h30 for 10h00		13h00 for 13h30
EVENTS						
Freestyle	50 200 800/1500			50 100 Opt	50 100 200 400 800	50 100 400/800
Butterfly	50 100			50 100 Opt	50 100 200	50 200
Backstroke	50 200	Events TBA		50 100 Opt	50 100 200	50 100
Breaststroke	50 100	Only swimmers pre-reg with SAMS may enter		50 100 Opt	50 100 200	50 200
Medley	100 200			With Optionals		200 400
Entry Fee	No	Paid Pre-entry-Fee TBA Pre-reg SAMS swimmers		200fs / 200fly 400fs / 400IM	Paid Pre-entry- Pre-reg SAMS swimmers	No
				200Bk /200Br /200IM		

**ALL GALAS TO BE PRE-ENTERED IF POSSIBLE- ORDER OF GALA PROGRAMME WILL BE SENT OUT 2 -3 WEEKS BEFORE CLOSING DATE**

**Visitors cost per gala = R50.00**

**NB. REMEMBER A SWIMMER NEEDS TO HAVE SWUM IN AT LEAST TWO GALAS BEFORE NATIONALS ENTRY CLOSING DATE**  
(mid January ) **TO BE ALLOWED TO SWIM IN SAMS NATIONALS (KZN Master Swimming Constitution clause)**