

We are extremely proud to launch our
BRAND NEW SAMS WEB SITE

SOUTH AFRICAN MASTERS SWIMMING



- HOME
- INFORMATION
- NEWS
- SAMS CHAMPS
- OPEN WATER
- REGIONS / RESULTS
- EVENTS
- RECORDS

SAMS SC CHAMPIONSHIPS 2018 (GAUTENG) – ENTRY FORMS AVAILABLE

Published October 27, 2018 | By Carole Bridges

[SAMS short course champs 2018_Gauteng \(Printable\)](#)

[SAMS short course champs 2018_Gauteng \(Editable\)](#)

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Which include:
Events,
Results,
Tips, and

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Year Summer Spring Winter Autumn

2018
2017

<p>SAMS NEWSLETTER</p> <p>SUMMER EDITION December 2107</p> <p>SAMS NEWSLETTER</p> <p>Spring EDITION September 2017</p> <p>SAMS NEWSLETTER</p> <p>Winter EDITION July 2017</p> <p>SAMS NEWSLETTER</p> <p>Autumn EDITION April 2017</p>

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<https://new.samastersswimming.com/wp-content/uploads/2018/03/Pre-Nationals-2018.compressed-1.pdf>

Designed by Romeo Botes.



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REGIONS / RESULTS

8This list all SAMS Regions in SA.

- South African Masters Swimming (SAMS) Committee
 - Buffalo City Aquatics [Buffalo City / East London area]
 - Amakhosi Masters Swimming Club (AMAK-BUF)
 - Easterns Masters Swimming Association (MEGA) [Eastern Gauteng area]
 - Masters Eastern Gauteng Aquatics (MEGA-EKU)

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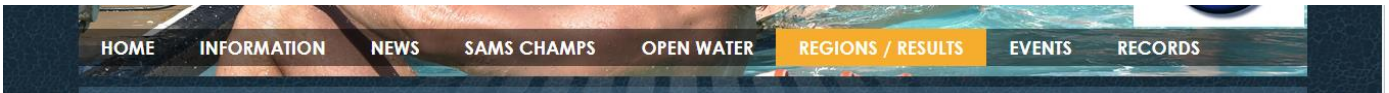
NEW WEB PAGE CONTD.

The examples of some randomly chosen pages, as seen above, will give you a feel as to how the new site will look and function.

A brief rundown is as follows:

1 The Home Page.

Under the picture there is the bar with all the main tabs. These tabs in turn will direct you through many various sub-files to a subject that you might be searching for.



Home: Is the leader/home page with the most current news and events. The right-hand column is for all swimmers to subscribe to the site for access to news, results, events, tips etc.

Information: The information tab will only have SAMS info, the SAMS constitution, SAMS committee details etc

News: Catch up on the continually updated news, profiles of Masters swimmers etc. All the previous Newsletters will be there, with lots of tips etc for you to catch up on.

SAMS Champs: Will bring you all the news covering SAMS Championship events including upcoming championships and information on many previous Nationals. Just click on the year and then the event.

Open Water: Will cover many aspects of Open Water events in South Africa and Internationally. Tips on improving your Open Water swim skills, qualification and general rules pertaining to Open Water events

Regions/Results: Has sub folders of all clubs associated with SAMS and your regions. For example, your club registration procedures, your club's constitution, a region registration template for 2018/2019 etc. As well as Results from events that have taken place in your Regions and hosted by various clubs

Events: This folder is basically an events calendar with a search bar for specific events. These events on a given date will have entry forms, rules of events, with 2 options, one to edit (to complete the entry electronically) and two to print.

Records: This folder is categorised under, Fina World Records, Long and Short Course. South African Masters long course records and South African Masters short course events. Qualifying guidelines for achieving SA Colours.

Kindly note that the new website is still under construction and we will do our best to make your navigations a most pleasurable experience.

It's all up to you to open the web site, start scrolling and ENJOY!

You can find us at the same web address

samastersswimming.com