

**28th South African Masters Swimming LC Champs**  
**UWC pool Bellville West. Cape 14-17 Mar 2012**  
**Team Roster**

**Amakhosi MSC-BO**

<u>Relay</u>	<u>Sex</u>
1 Amakhosi MSC - 'A' Skinner, Tazlin; Bentley, Angie; de Lacy, Nicky; Reeves, Jayne	F76 #33 Women 4x50 Free Relay
2 Amakhosi MSC - 'A' Rawlins, Samantha; MacKenzie, Carla; Skinner, Tazlin; de Lacy, Nicky	F120 #37 Women 4x50 Medley Relay
3 Amakhosi MSC - 'A' Birch, Chester; Coetzee, Butch; Townsend, Mike; Skidmore, Kerry	M160 #34 Men 4x50 Free Relay
4 Amakhosi MSC - 'A' Westgate, Rod; Jevon, Dave; Rawlins, Luke; Norris, Dale	M120 #34 Men 4x50 Free Relay
5 Amakhosi MSC - 'A' Wallace, Ronald; Jevon, Bryn; Barson, Tony; Meyer, Digby	M240 #34 Men 4x50 Free Relay
6 Amakhosi MSC - 'B' Reeves, Andy; Reeves, David; Reeves, Paul; Swartz, Michael	M120 #34 Men 4x50 Free Relay
7 Amakhosi MSC - 'A' Wallace, Ronald; van Rensburg, Neil; Barson, Tony; Coetzee, Butch	M240 #38 Men 4x50 Medley Relay
8 Amakhosi MSC - 'A' Rawlins, Luke; Westgate, Rod; Skidmore, Kerry; Townsend, Mike	M160 #38 Men 4x50 Medley Relay
9 Amakhosi MSC - 'A' Jevon, Bryn; Reeves, Paul; Reeves, Andy; Jevon, Dave	M200 #38 Men 4x50 Medley Relay
10 Amakhosi MSC - 'A' Reeves, David; Norris, Dale; Birch, Chester; Swartz, Michael	M100 #38 Men 4x50 Medley Relay
11 Amakhosi MSC - 'A' Skinner, Tazlin; Rawlins, Samantha; Westgate, Rod; Swartz, Michael	X100 #22 Mixed 4x50 Free Relay
12 Amakhosi MSC - 'A' de Lacy, Nicky; Bentley, Angie; Wallace, Ronald; Jevon, Dave	X160 #22 Mixed 4x50 Free Relay
13 Amakhosi MSC - 'B' Reeves, Jayne; Meyer, Gilly; Skidmore, Kerry; Coetzee, Butch	X160 #22 Mixed 4x50 Free Relay
14 Amakhosi MSC - 'A' MacKenzie, Carla; Meyer, Gilly; Townsend, Mike; Jevon, Dave	X160 #7 Mixed 4x100 Free Relay
15 Amakhosi MSC - 'A' Skinner, Tazlin; Reeves, Jayne; Swartz, Michael; Birch, Chester	X76 #7 Mixed 4x100 Free Relay
16 Amakhosi MSC - 'A' Bentley, Angie; de Lacy, Nicky; Norris, Dale; Reeves, Andy	X120 #7 Mixed 4x100 Free Relay
17 Amakhosi MSC - 'A' Jevon, Bryn; Bentley, Angie; Meyer, Gilly; Westgate, Rod	X120 #21 Mixed 4x50 Medley Relay
18 Amakhosi MSC - 'A' Rawlins, Samantha; Norris, Dale; Skinner, Tazlin; Swartz, Michael	X100 #21 Mixed 4x50 Medley Relay
19 Amakhosi MSC - 'B' Reeves, Jayne; de Lacy, Nicky; Birch, Chester; Rawlins, Luke	X100 #21 Mixed 4x50 Medley Relay

**Total Relays: 19****ATC Swimming-WP**

<u>Relay</u>	<u>Sex</u>
1 ATC Swimming - 'A' Richards, Jay; Reitzema, Albert; Spriggs, Jason; Rew, Stewart	M120 #34 Men 4x50 Free Relay

**Total Relays: 1**

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**Bay Eagle MSC-EP**

	<u>Relay</u>	<u>Sex</u>	
1	Bay Eagle MSC - 'A' Bosman, Denise; Finlay, Angela; Hunter-Smith, Adele; Scheepers, Erika	F160	#33 Women 4x50 Free Relay
2	Bay Eagle MSC - 'A' Finlay, Angela; Hunter-Smith, Adele; Scheepers, Erika; Bosman, Denise	F160	#37 Women 4x50 Medley Relay
3	Bay Eagle MSC - 'A' Lascelles, Ross; West, Ralph; Hatherly, Bob; Duffy, PJ	M160	#34 Men 4x50 Free Relay
4	Bay Eagle MSC - 'A' Searle, Alan; Hatherly, Bob; Lascelles, Ross; Duffy, PJ	M120	#38 Men 4x50 Medley Relay
5	Bay Eagle MSC - 'A' Lascelles, Ross; Craig, Elsa; Scheepers, Erika; Duffy, PJ	X160	#22 Mixed 4x50 Free Relay
6	Bay Eagle MSC - 'B' Searle, Alan; Bosman, Denise; Finlay, Angela; Hatherly, Bob	X160	#22 Mixed 4x50 Free Relay
7	Bay Eagle MSC - 'A' Duffy, PJ; Bosman, Denise; Scheepers, Erika; West, Ralph	X160	#7 Mixed 4x100 Free Relay
8	Bay Eagle MSC - 'A' Searle, Alan; Hunter-Smith, Adele; Finlay, Angela; Lascelles, Ross	X120	#7 Mixed 4x100 Free Relay
9	Bay Eagle MSC - 'A' Duffy, PJ; Hatherly, Bob; Scheepers, Erika; Bosman, Denise	X160	#21 Mixed 4x50 Medley Relay
10	Bay Eagle MSC - 'B' Lascelles, Ross; Finlay, Angela; Craig, Elsa; West, Ralph	X160	#21 Mixed 4x50 Medley Relay
	<b>Total Relays: 10</b>		

**28th South African Masters Swimming LC Champs**  
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**Cape Dolphin MSC-WP**

<u>Relay</u>	<u>Sex</u>
1 Cape Dolphin MSC - 'A' Alsop, Emma; Russell, Mia; Edwards, Kim; Harrington, Claire	F120 #33 Women 4x50 Free Relay
2 Cape Dolphin MSC - 'A' Webb, Liz; Fuchs, Mandi; Brimble, Mairi; Dokter, Monique	F200 #33 Women 4x50 Free Relay
3 Cape Dolphin MSC - 'B' Russell, Therese; Clark, Jeannette; Breslin, Susie; Matley, Terry	F200 #33 Women 4x50 Free Relay
4 Cape Dolphin MSC - 'A' Dokter, Monique; Harrington, Claire; Alsop, Emma; Edwards, Kim	F120 #37 Women 4x50 Medley Relay
5 Cape Dolphin MSC - 'A' Breslin, Susie; Matley, Terry; Russell, Mia; Fuchs, Mandi	F200 #37 Women 4x50 Medley Relay
6 Cape Dolphin MSC - 'B' Russell, Therese; Godfrey, Colleen; Webb, Liz; Brimble, Mairi	F200 #37 Women 4x50 Medley Relay
7 Cape Dolphin MSC - 'A' Freeling, Gary; Lancaster, Terry; Oosthuizen, Abraham;	M240 #34 Men 4x50 Free Relay
8 Cape Dolphin MSC - 'A' Waller, Kevin; Truter, Anton; Willmore, Richard; Spies, Izak	M160 #34 Men 4x50 Free Relay
9 Cape Dolphin MSC - 'A' Hassiem, Taariq; Kalan, Anesh; McGilvray, Grant; King, Christopher	M100 #34 Men 4x50 Free Relay
10 Cape Dolphin MSC - 'A' King, Christopher; Kalan, Anesh; Hassiem, Taariq; McGilvray, Grant	M100 #38 Men 4x50 Medley Relay
11 Cape Dolphin MSC - 'A' Brimble, Mairi; Russell, Therese; Freeling, Gary; Oosthuizen, Abraham	X240 #22 Mixed 4x50 Free Relay
12 Cape Dolphin MSC - 'A' Hassiem, Taariq; Harrington, Claire; Alsop, Emma; King, Christopher	X100 #22 Mixed 4x50 Free Relay
13 Cape Dolphin MSC - 'A' Webb, Liz; Dokter, Monique; Willmore, Richard; Spies, Izak	X200 #22 Mixed 4x50 Free Relay
14 Cape Dolphin MSC - 'B' Waller, Kevin; Russell, Mia; Edwards, Kim; Kalan, Anesh	X100 #22 Mixed 4x50 Free Relay
15 Cape Dolphin MSC - 'A' Webb, Liz; Edwards, Kim; Kalan, Anesh; Waller, Kevin	X120 #7 Mixed 4x100 Free Relay
16 Cape Dolphin MSC - 'A' Harrington, Claire; Alsop, Emma; Hassiem, Taariq; King, Christopher	X100 #7 Mixed 4x100 Free Relay
17 Cape Dolphin MSC - 'A' Fuchs, Mandi; Russell, Therese; Willmore, Richard; Spies, Izak	X200 #7 Mixed 4x100 Free Relay
18 Cape Dolphin MSC - 'A' King, Christopher; Harrington, Claire; Hassiem, Taariq; Alsop, Emma	X100 #21 Mixed 4x50 Medley Relay
19 Cape Dolphin MSC - 'A' Oosthuizen, Abraham; Matley, Terry; Webb, Liz; Freeling, Gary	X240 #21 Mixed 4x50 Medley Relay
20 Cape Dolphin MSC - 'A' Dokter, Monique; Kalan, Anesh; Russell, Mia; Willmore, Richard	X120 #21 Mixed 4x50 Medley Relay
<b>Total Relays: 20</b>	

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**Team Roster**

**Cape Town MSC-WP**

<u>Relay</u>	<u>Sex</u>
1 Cape Town MSC - 'A' Steenkamp, Aletta; Strauss, Marcelle; Stanford, Tarryn; Ottermann, Edith	F120 #33 Women 4x50 Free Relay
2 Cape Town MSC - 'A' Bihl, Kate; Minnaar, Annette; Minnie, Maggie; Amner, Claire	F160 #33 Women 4x50 Free Relay
3 Cape Town MSC - 'A' Kruger, Sanderina; Degenaar, Jean; Coetzee, Di; Stanford, Cecilia	F200 #33 Women 4x50 Free Relay
4 Cape Town MSC - 'A' Zundorf, Lenchen; Collins, Judy; Brewis, Judy; Fischer, Gai	F240 #33 Women 4x50 Free Relay
5 Cape Town MSC - 'A' Swanepoel, Miems; Geldenhuys, Jane; McLachlan, Eugenie; Kloos, Kascha	F320 #33 Women 4x50 Free Relay
6 Cape Town MSC - 'B' Challis, Lize; Maguire, Jeanne; Gannon, Leigh; Nurse, Kathryn	F120 #33 Women 4x50 Free Relay
7 Cape Town MSC - 'A' Stanford, Tarryn; Steenkamp, Aletta; Stanford, Cecilia; Ottermann, Edith	F120 #37 Women 4x50 Medley Relay
8 Cape Town MSC - 'A' Coetzee, Di; Zundorf, Lenchen; Kruger, Sanderina; Brewis, Judy	F240 #37 Women 4x50 Medley Relay
9 Cape Town MSC - 'A' Degenaar, Jean; Strauss, Marcelle; Nurse, Kathryn; Maguire, Jeanne	F160 #37 Women 4x50 Medley Relay
10 Cape Town MSC - 'A' Fischer, Gai; Minnie, Maggie; Collins, Judy; Vos, Janine	F200 #37 Women 4x50 Medley Relay
11 Cape Town MSC - 'A' McLachlan, Eugenie; Odendaal, Anne-Marie; Rix, Tricia; Kloos, Kascha	F280 #37 Women 4x50 Medley Relay
12 Cape Town MSC - 'B' Bihl, Kate; Gannon, Leigh; Amner, Claire; Minnaar, Annette	F160 #37 Women 4x50 Medley Relay
13 Cape Town MSC - 'A' van Wyk, Dieter; Oosthuizen, Christiaan; Weber, Shirwyn; Besanko, Matthew	M100 #34 Men 4x50 Free Relay
14 Cape Town MSC - 'A' Williams, Thane; Moore, Marc; Hall, Gary; Neethling, Ryk	M120 #34 Men 4x50 Free Relay
15 Cape Town MSC - 'A' Nel, Leon; Laurence, James; Commaille, Brett; Steenkamp, Neil	M160 #34 Men 4x50 Free Relay
16 Cape Town MSC - 'A' Shead, Tim; Hendricks, Nigel; Skinner, William; Kruger, Harald	M200 #34 Men 4x50 Free Relay
17 Cape Town MSC - 'A' Cheadle, Halton; Kloos, Rainer; Wilson, Doug; Tozer, Tyrone	M240 #34 Men 4x50 Free Relay
18 Cape Town MSC - 'A' McLachlan, Dave; King, Ralph; du Toit, Francois; Morrison, Allen	M280 #34 Men 4x50 Free Relay
19 Cape Town MSC - 'B' Howieson, Doug; Bezuidenhout, Bez; Winfield, Mike; Jenkins, Ken	M240 #34 Men 4x50 Free Relay
20 Cape Town MSC - 'B' Olivier, Marais; Bennetto, Pete; Snyman, Dawid; Arendse, Mike	M160 #34 Men 4x50 Free Relay
21 Cape Town MSC - 'B' Hodges, Mark; Holshausen, Rod; Wentworth, Gary; Bennetto, Peter	M200 #34 Men 4x50 Free Relay

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**Cape Town MSC-WP**

<u>Relay</u>	<u>Sex</u>
22 Cape Town MSC - 'A' King, Ralph; du Toit, Francois; McLachlan, Dave; Morrison, Allen	M280 #38 Men 4x50 Medley Relay
23 Cape Town MSC - 'A' Winfield, Mike; Tozer, Tyrone; Cheadle, Halton; Kloos, Rainer	M240 #38 Men 4x50 Medley Relay
24 Cape Town MSC - 'A' Shead, Tim; Kruger, Harald; vd Merwe, Johan; Hendricks, Nigel	M200 #38 Men 4x50 Medley Relay
25 Cape Town MSC - 'A' Emslie, Phil; Commaille, Brett; Skinner, William; Nel, Leon	M160 #38 Men 4x50 Medley Relay
26 Cape Town MSC - 'A' van Wyk, Dieter; Hall, Gary; Moore, Marc; Williams, Thane	M120 #38 Men 4x50 Medley Relay
27 Cape Town MSC - 'B' Wilson, Doug; Hodges, Mark; Bennetto, Peter; Hugo-Hamman, Christopher	M240 #38 Men 4x50 Medley Relay
28 Cape Town MSC - 'B' Howieson, Doug; Bezuidenhout, Bez; Arendse, Mike; Wentworth, Gary	M200 #38 Men 4x50 Medley Relay
29 Cape Town MSC - 'B' Bennetto, Pete; Snyman, Dawid; Olivier, Marais; Laurence, James	M160 #38 Men 4x50 Medley Relay
30 Cape Town MSC - 'B' Weber, Shirwyn; Besanko, Matthew; Holshausen, Rod; Steenkamp, Neil	M120 #38 Men 4x50 Medley Relay
31 Cape Town MSC - 'A' Hendricks, Nigel; Degenaar, Jean; Strauss, Marcelle; Kruger, Harald	X200 #22 Mixed 4x50 Free Relay
32 Cape Town MSC - 'A' Shead, Tim; Coetzee, Di; Kruger, Sanderina; Tozer, Tyrone	X240 #22 Mixed 4x50 Free Relay
33 Cape Town MSC - 'A' Morrison, Allen; Kloos, Kascha; Odendaal, Anne-Marie; McLachlan, Dave	X280 #22 Mixed 4x50 Free Relay
34 Cape Town MSC - 'A' Hall, Gary; Stanford, Cecilia; Ottermann, Edith; vd Merwe, Johan	X160 #22 Mixed 4x50 Free Relay
35 Cape Town MSC - 'A' Moore, Marc; Gannon, Leigh; Stanford, Tarryn; Williams, Thane	X120 #22 Mixed 4x50 Free Relay
36 Cape Town MSC - 'B' Commaille, Brett; Steenkamp, Aletta; Nurse, Kathryn; Steenkamp, Neil	X120 #22 Mixed 4x50 Free Relay
37 Cape Town MSC - 'B' Bennetto, Pete; Amner, Claire; Bihl, Kate; Nel, Leon	X160 #22 Mixed 4x50 Free Relay
38 Cape Town MSC - 'B' Olivier, Marais; Collins, Judy; Minnie, Maggie; Howieson, Doug	X200 #22 Mixed 4x50 Free Relay
39 Cape Town MSC - 'B' Cheadle, Halton; Zundorf, Lenchen; Brewis, Judy; Wilson, Doug	X240 #22 Mixed 4x50 Free Relay
40 Cape Town MSC - 'C' Winfield, Mike; Minnaar, Annette; Maguire, Jeanne; Laurence, James	X160 #22 Mixed 4x50 Free Relay
41 Cape Town MSC - 'C' Holshausen, Rod; Fischer, Gai; Vos, Janine; Kloos, Rainer	X200 #22 Mixed 4x50 Free Relay
42 Cape Town MSC - 'C' du Toit, Francois; Rix, Tricia; Nel, Hester; Hodges, Mark	X240 #22 Mixed 4x50 Free Relay

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**Team Roster**

**Cape Town MSC-WP**

<u>Relay</u>	<u>Sex</u>
43 Cape Town MSC - 'A' Williams, Thane; Reynolds, Bevin; Stanford, Tarryn; Neethling, Ryk	X100 #7 Mixed 4x100 Free Relay
44 Cape Town MSC - 'A' McLachlan, Dave; Kloos, Kascha; Zundorf, Lenchen; Wilson, Doug	X280 #7 Mixed 4x100 Free Relay
45 Cape Town MSC - 'A' Coetzee, Di; Cheadle, Halton; Kruger, Sanderina; Tozer, Tyrone	X240 #7 Mixed 4x100 Free Relay
46 Cape Town MSC - 'A' Ottermann, Edith; Stanford, Cecilia; Hendricks, Nigel; Shead, Tim	X200 #7 Mixed 4x100 Free Relay
47 Cape Town MSC - 'A' Kruger, Harald; Strauss, Marcelle; Cadiz, Perry; Moore, Marc	X160 #7 Mixed 4x100 Free Relay
48 Cape Town MSC - 'A' Steenkamp, Neil; Bihl, Kate; Steenkamp, Aletta; van Wyk, Dieter	X120 #7 Mixed 4x100 Free Relay
49 Cape Town MSC - 'B' du Toit, Francois; Brewis, Judy; Collins, Judy; Howieson, Doug	X240 #7 Mixed 4x100 Free Relay
50 Cape Town MSC - 'B' Winfield, Mike; Hau, Di; Minnie, Maggie; Holshausen, Rod	X200 #7 Mixed 4x100 Free Relay
51 Cape Town MSC - 'B' Nel, Leon; Maguire, Jeanne; Gannon, Leigh; Hall, Gary	X160 #7 Mixed 4x100 Free Relay
52 Cape Town MSC - 'A' Cadiz, Perry; Hall, Gary; Nurse, Kathryn; Kruger, Harald	X120 #21 Mixed 4x50 Medley Relay
53 Cape Town MSC - 'A' Challis, Lize; Commaille, Brett; Olivier, Marais; Minnaar, Annette	X160 #21 Mixed 4x50 Medley Relay
54 Cape Town MSC - 'A' Stanford, Cecilia; Shead, Tim; Ottermann, Edith; Hendricks, Nigel	X200 #21 Mixed 4x50 Medley Relay
55 Cape Town MSC - 'A' Coetzee, Di; Tozer, Tyrone; Cheadle, Halton; Kruger, Sanderina	X240 #21 Mixed 4x50 Medley Relay
56 Cape Town MSC - 'A' Geldenhuis, Jane; Kloos, Kascha; Wentworth, Gary; Morrison, Allen	X280 #21 Mixed 4x50 Medley Relay
57 Cape Town MSC - 'A' Stanford, Tarryn; Steenkamp, Aletta; Williams, Thane; Moore, Marc	X100 #21 Mixed 4x50 Medley Relay
58 Cape Town MSC - 'B' van Wyk, Dieter; Gannon, Leigh; Maguire, Jeanne; Steenkamp, Neil	X120 #21 Mixed 4x50 Medley Relay
59 Cape Town MSC - 'B' Minnie, Maggie; Snyman, Dawid; Nel, Leon; Vos, Janine	X160 #21 Mixed 4x50 Medley Relay
60 Cape Town MSC - 'B' Winfield, Mike; Fischer, Gai; Hodges, Mark; Nel, Hester	X200 #21 Mixed 4x50 Medley Relay
61 Cape Town MSC - 'B' Brewis, Judy; du Toit, Francois; Collins, Judy; Bennetto, Peter	X240 #21 Mixed 4x50 Medley Relay
62 Cape Town MSC - 'C' Weber, Shirwyn; Amner, Claire; Oosthuizen, Christiaan; Bihl, Kate	X120 #21 Mixed 4x50 Medley Relay
63 Cape Town MSC - 'C' Degenaar, Jean; Strauss, Marcelle; Holshausen, Rod; Jenkins, Ken	X200 #21 Mixed 4x50 Medley Relay
64 Cape Town MSC - 'C' Wilson, Doug; Hau, Di; McLachlan, Dave; Zundorf, Lenchen	X240 #21 Mixed 4x50 Medley Relay

**28th South African Masters Swimming LC Champs****UWC pool Bellville West. Cape 14-17 Mar 2012****Team Roster****Cape Town MSC-WP**

<b>Relay</b>	<b>Sex</b>
65 Cape Town MSC - 'D' Howieson, Doug; Odendaal, Anne-Marie; Rix, Tricia; Arendse, Mike	X240 #21 Mixed 4x50 Medley Relay

**Total Relays: 65**

**28th South African Masters Swimming LC Champs**  
**UWC pool Bellville West. Cape 14-17 Mar 2012**  
**Team Roster**

**Coelacanth MSC-NT**

<u>Relay</u>	<u>Sex</u>
1 Coelacanth MSC - 'A' Burger, Rita; Grobler, Vilma; Hanson, Ann; Fyfe, Joyce	F280 #33 Women 4x50 Free Relay
2 Coelacanth MSC - 'A' Lambrechts, Elize; Stewart, Marena; van Rooyen, L'Re; Fraatz, Babs	F120 #33 Women 4x50 Free Relay
3 Coelacanth MSC - 'A' Geldard, Natalie; Philipps, Bronwyn; Arbuthnot, Cheryl; Dorlas, Sandra	F160 #33 Women 4x50 Free Relay
4 Coelacanth MSC - 'A' Foster, Kim; Kostelijk, Marijke; Bouwer, Marieke; Dressler, Annemarie	F200 #33 Women 4x50 Free Relay
5 Coelacanth MSC - 'A' McLaren, Isabel; Vorwerk Marren, Ingrid; Hurwitz, Salome; Sandri, Angelika	F240 #33 Women 4x50 Free Relay
6 Coelacanth MSC - 'B' Russell, Marcilla; Collignon, Denise; Hefer, Monica; vd Berg, Elsje	F160 #33 Women 4x50 Free Relay
7 Coelacanth MSC - 'A' Russell, Marcilla; Ledbitter, Liz; Arbuthnot, Cheryl; Nell, Margaret	F200 #37 Women 4x50 Medley Relay
8 Coelacanth MSC - 'A' Bouwer, Marieke; Dressler, Annemarie; Foster, Kim; Fraatz, Babs	F160 #37 Women 4x50 Medley Relay
9 Coelacanth MSC - 'A' Stewart, Marena; Kostelijk, Marijke; van Rooyen, L'Re; Lambrechts, Elize	F120 #37 Women 4x50 Medley Relay
10 Coelacanth MSC - 'A' Fyfe, Joyce; Hanson, Ann; Hurwitz, Salome; Grobler, Vilma	F280 #37 Women 4x50 Medley Relay
11 Coelacanth MSC - 'A' McLaren, Isabel; Sandri, Angelika; Muir, Wendy; Burger, Rita	F240 #37 Women 4x50 Medley Relay
12 Coelacanth MSC - 'B' Collignon, Denise; Hefer, Monica; Geldard, Natalie; Philipps, Bronwyn	F160 #37 Women 4x50 Medley Relay
13 Coelacanth MSC - 'A' Arbuthnot, Dave; Fyfe, Derek; Duncombe, Bill; Downes, Terry	M240 #34 Men 4x50 Free Relay
14 Coelacanth MSC - 'A' Thompson, Hendrik; Kok, Johan; McHendrie, Donovan; Kok, Christoff	M76 #34 Men 4x50 Free Relay
15 Coelacanth MSC - 'A' Langenhoven, Chris; Nel, Brent; Bouwer, Shaun; Langenhoven, Leonard	M100 #34 Men 4x50 Free Relay
16 Coelacanth MSC - 'A' Geldard, Darren; Nel, Jan; Stanton, Craig; Ruck, Harald	M160 #34 Men 4x50 Free Relay
17 Coelacanth MSC - 'A' Grobler, Martie; Harrop-Allin, Anton; Theron, Sarel; Meyer, Koos	M280 #34 Men 4x50 Free Relay
18 Coelacanth MSC - 'A' Theron, Hennie; Merritt, Charlie; Holtzhausen, Sakkie; Rankin, Bruce	M200 #34 Men 4x50 Free Relay
19 Coelacanth MSC - 'B' Swanepoel, Pieter; Bull, Colin; Cotterell, Clive; Dwyer, Gordon	M200 #34 Men 4x50 Free Relay



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**Team Roster**

**Coelacanth MSC-NT**

	<u>Relay</u>	<u>Sex</u>
20	Coelacanth MSC - 'A' Thompson, Hendrik; McHendrie, Donovan; Kok, Johan; Kok, Christoff	M76 #38 Men 4x50 Medley Relay
21	Coelacanth MSC - 'A' Bouwer, Shaun; Nel, Brent; Langenhoven, Chris; Langenhoven, Leonard	M100 #38 Men 4x50 Medley Relay
22	Coelacanth MSC - 'A' van Renen, Owen; Meyer, Koos; Stanton, Craig; Merritt, Charlie	M240 #38 Men 4x50 Medley Relay
23	Coelacanth MSC - 'A' Fyfe, Derek; Theron, Sarel; Sundelowitz, Selwyn; Duncombe, Bill	M280 #38 Men 4x50 Medley Relay
24	Coelacanth MSC - 'A' Ruck, Harald; Nel, Jan; Geldard, Darren; Downes, Terry	M200 #38 Men 4x50 Medley Relay
25	Coelacanth MSC - 'B' Holtzhausen, Sakkie; Theron, Hennie; Arbuthnot, Dave; Rankin, Bruce	M200 #38 Men 4x50 Medley Relay
26	Coelacanth MSC - 'C' Burger, Francois; Dwyer, Gordon; Bull, Colin; Cotterell, Clive	M200 #38 Men 4x50 Medley Relay
27	Coelacanth MSC - 'A' Foster, Kim; Fyfe, Derek; Kosteljik, Marijke; Downes, Terry	X240 #22 Mixed 4x50 Free Relay
28	Coelacanth MSC - 'A' Kok, Johan; Fraatz, Babs; Dressler, Annemarie; Langenhoven, Leonard	X120 #22 Mixed 4x50 Free Relay
29	Coelacanth MSC - 'A' Ruck, Harald; Dorlas, Sandra; Bouwer, Marieke; Geldard, Darren	X160 #22 Mixed 4x50 Free Relay
30	Coelacanth MSC - 'A' Burger, Francois; Burger, Rita; McLaren, Isabel; Thompson, Hendrik	X200 #22 Mixed 4x50 Free Relay
31	Coelacanth MSC - 'A' Duncombe, Bill; Hurwitz, Salome; Grobler, Vilma; Merritt, Charlie	X280 #22 Mixed 4x50 Free Relay
32	Coelacanth MSC - 'B' Hanson, Ann; Nell, Margaret; Theron, Sarel; Muir, Neville	X280 #22 Mixed 4x50 Free Relay
33	Coelacanth MSC - 'B' Bouwer, Shaun; Stewart, Marena; Geldard, Natalie; Kok, Christoff	X120 #22 Mixed 4x50 Free Relay
34	Coelacanth MSC - 'B' Holtzhausen, Sakkie; Sandri, Angelika; Fyfe, Joyce; Arbuthnot, Dave	X240 #22 Mixed 4x50 Free Relay
35	Coelacanth MSC - 'C' Stanton, Craig; vd Berg, Elsje; Collignon, Denise; Theron, Hennie	X160 #22 Mixed 4x50 Free Relay
36	Coelacanth MSC - 'C' Nel, Brent; van Rooyen, L'Re; Lambrechts, Elize; Nel, Jan	X120 #22 Mixed 4x50 Free Relay
37	Coelacanth MSC - 'C' Vorwerk Marren, Ingrid; Harrop-Allin, Anton; Arbuthnot, Cheryl; Swanepoel, Pieter	X240 #22 Mixed 4x50 Free Relay

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**Team Roster**

**Coelacanth MSC-NT**

<u>Relay</u>	<u>Sex</u>
38 Coelacanth MSC - 'A' Langenhoven, Chris; Lambrechts, Elize; Louw, Liesel; McHendrie, Donovan	X76 #7 Mixed 4x100 Free Relay
39 Coelacanth MSC - 'A' Kok, Johan; Fraatz, Babs; Dressler, Annemarie; Langenhoven, Leonard	X120 #7 Mixed 4x100 Free Relay
40 Coelacanth MSC - 'A' Nel, Brent; Dorlas, Sandra; Bouwer, Marieke; Geldard, Darren	X160 #7 Mixed 4x100 Free Relay
41 Coelacanth MSC - 'A' Duncombe, Bill; Hurwitz, Salome; Grobler, Vilma; Sundelowitz, Selwyn	X280 #7 Mixed 4x100 Free Relay
42 Coelacanth MSC - 'A' Foster, Kim; Fyfe, Derek; Kostelijk, Marijke; Downes, Terry	X240 #7 Mixed 4x100 Free Relay
43 Coelacanth MSC - 'A' Swanepoel, Pieter; Hefer, Monica; Russell, Marcilla; Dwyer, Gordon	X200 #7 Mixed 4x100 Free Relay
44 Coelacanth MSC - 'B' Bouwer, Shaun; Stewart, Marena; Verryn, Sabine; Kok, Christoff	X120 #7 Mixed 4x100 Free Relay
45 Coelacanth MSC - 'B' Stanton, Craig; van Rooyen, L'Re; Geldard, Natalie; Nel, Jan	X160 #7 Mixed 4x100 Free Relay
46 Coelacanth MSC - 'B' Hanson, Ann; Nell, Margaret; Theron, Sarel; Meyer, Koos	X280 #7 Mixed 4x100 Free Relay
47 Coelacanth MSC - 'B' Holtzhausen, Sakkie; Sandri, Angelika; Fyfe, Joyce; Arbuthnot, Dave	X240 #7 Mixed 4x100 Free Relay
48 Coelacanth MSC - 'B' Burger, Francois; Burger, Rita; McLaren, Isabel; Thompson, Hendrik	X200 #7 Mixed 4x100 Free Relay
49 Coelacanth MSC - 'C' Rankin, Bruce; vd Berg, Elsje; Collignon, Denise; Theron, Hennie	X160 #7 Mixed 4x100 Free Relay
50 Coelacanth MSC - 'C' Vorwerk Marren, Ingrid; van Renen, Owen; Arbuthnot, Cheryl; Merritt, Charlie	X240 #7 Mixed 4x100 Free Relay
51 Coelacanth MSC - 'A' Bouwer, Marieke; Nel, Jan; Stanton, Craig; van Rooyen, L'Re	X160 #21 Mixed 4x50 Medley Relay
52 Coelacanth MSC - 'A' Bouwer, Shaun; Dressler, Annemarie; Langenhoven, Chris; Fraatz, Babs	X120 #21 Mixed 4x50 Medley Relay
53 Coelacanth MSC - 'A' McLaren, Isabel; Vorwerk Marren, Ingrid; Sundelowitz, Selwyn; Merritt, Charlie	X240 #21 Mixed 4x50 Medley Relay
54 Coelacanth MSC - 'A' Ruck, Harald; Verryn, Sabine; Foster, Kim; Downes, Terry	X200 #21 Mixed 4x50 Medley Relay
55 Coelacanth MSC - 'A' Fyfe, Joyce; Meyer, Koos; Hurwitz, Salome; Fyfe, Derek	X280 #21 Mixed 4x50 Medley Relay
56 Coelacanth MSC - 'B' Duncombe, Bill; Theron, Sarel; Burger, Rita; Hanson, Ann	X280 #21 Mixed 4x50 Medley Relay
57 Coelacanth MSC - 'B' Rankin, Bruce; Strydom, Juanita; Geldard, Darren; vd Berg, Elsje	X160 #21 Mixed 4x50 Medley Relay
58 Coelacanth MSC - 'B' Philipps, Bronwyn; Holtzhausen, Sakkie; Arbuthnot, Dave; Sandri, Angelika	X200 #21 Mixed 4x50 Medley Relay
59 Coelacanth MSC - 'B' Dorlas, Sandra; Geldard, Natalie; Kok, Johan; Langenhoven, Leonard	X120 #21 Mixed 4x50 Medley Relay

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	<u>Relay</u>	<u>Sex</u>
60	Coelacanth MSC - 'C' van Renen, Owen; Harrop-Allin, Anton; Muir, Wendy; Grobler, Vilma	X280 #21 Mixed 4x50 Medley Relay
61	Coelacanth MSC - 'C' Stewart, Marena; Kostelijk, Marijke; Thompson, Hendrik; Nel, Brent	X120 #21 Mixed 4x50 Medley Relay
62	Coelacanth MSC - 'C' Burger, Francois; Theron, Hennie; Hefer, Monica; Lambrechts, Elize	X160 #21 Mixed 4x50 Medley Relay
63	Coelacanth MSC - 'D' Cotterell, Clive; Kruger, Doreth; Russell, Marcilla; Dwyer, Gordon	X160 #21 Mixed 4x50 Medley Relay
	<b>Total Relays: 63</b>	

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**East Coast MSC-KZ**

	<u>Relay</u>	<u>Sex</u>
1	East Coast MSC - 'A' McLeod, Fiona; Clark, Rosemary; Bailey, Colleen; Bromfield, Morag	F240 #33 Women 4x50 Free Relay
2	East Coast MSC - 'A' Cook, Wendy; Hicks, Loraine; Strydom, Caren; Campbell, Heather	F160 #33 Women 4x50 Free Relay
3	East Coast MSC - 'B' Angelos, Merle; Tregenna, Gill; Bloxham, Michelle; Snyman, Annette	F240 #33 Women 4x50 Free Relay
4	East Coast MSC - 'A' Saunders, Wendy; Hughes, Diane; Tregenna, Gill; Angelos, Merle	F280 #37 Women 4x50 Medley Relay
5	East Coast MSC - 'A' Bromfield, Morag; McLeod, Fiona; Bailey, Colleen; Clark, Rosemary	F240 #37 Women 4x50 Medley Relay
6	East Coast MSC - 'A' Hicks, Loraine; Cook, Wendy; Campbell, Heather; Strydom, Caren	F160 #37 Women 4x50 Medley Relay
7	East Coast MSC - 'A' Lawrenson, Kieren; Dahlmann, Sven; Taylor, Julian; Tatterson, Bryan	M160 #34 Men 4x50 Free Relay
8	East Coast MSC - 'A' du Toit, Graham; Harley, John; van Rooijen, Gerhard; Deyi, Lwazi	M200 #34 Men 4x50 Free Relay
9	East Coast MSC - 'A' Saunders, Jim; Hadenham, Leslie; Hughes, Jimmy; Stewart, Brian	M280 #34 Men 4x50 Free Relay
10	East Coast MSC - 'A' Dahlmann, Sven; Lawrenson, Kieren; Tatterson, Bryan; Taylor, Julian	M160 #38 Men 4x50 Medley Relay
11	East Coast MSC - 'A' du Toit, Graham; Deyi, Lwazi; Larcombe, Peter; van Rooijen, Gerhard	M200 #38 Men 4x50 Medley Relay
12	East Coast MSC - 'A' Saunders, Jim; Miller, Trevor; Harley, John; Robinson, Graham	M240 #38 Men 4x50 Medley Relay
13	East Coast MSC - 'A' Hughes, Jimmy; Cordell, Bill; Hadenham, Leslie; Stewart, Brian	M280 #38 Men 4x50 Medley Relay
14	East Coast MSC - 'A' du Toit, Graham; Cook, Wendy; Strydom, Caren; Taylor, Julian	X160 #22 Mixed 4x50 Free Relay
15	East Coast MSC - 'A' Campbell, Heather; Bromfield, Morag; Hughes, Jimmy; Stewart, Brian	X240 #22 Mixed 4x50 Free Relay
16	East Coast MSC - 'A' Miller, Trevor; Snyman, Annette; Hicks, Loraine; Robinson, Graham	X200 #22 Mixed 4x50 Free Relay
17	East Coast MSC - 'B' Saunders, Jim; Bloxham, Michelle; McLeod, Fiona; van Rooijen, Gerhard	X240 #22 Mixed 4x50 Free Relay
18	East Coast MSC - 'A' Saunders, Jim; Tregenna, Gill; Cordell, Bill; Clark, Rosemary	X280 #7 Mixed 4x100 Free Relay
19	East Coast MSC - 'A' Deyi, Lwazi; Strydom, Caren; Campbell, Heather; Stewart, Brian	X200 #7 Mixed 4x100 Free Relay
20	East Coast MSC - 'B' Larcombe, Peter; Snyman, Annette; Hicks, Loraine; Hughes, Jimmy	X200 #7 Mixed 4x100 Free Relay

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**East Coast MSC-KZ**

	<u>Relay</u>	<u>Sex</u>
21	East Coast MSC - 'A' Bromfield, Morag; Lawrenson, Kieren; Tatterson, Bryan; Campbell, Heather	X200 #21 Mixed 4x50 Medley Relay
22	East Coast MSC - 'A' Saunders, Jim; Cordell, Bill; Clark, Rosemary; Tregenna, Gill	X280 #21 Mixed 4x50 Medley Relay
23	East Coast MSC - 'A' Hicks, Loraine; Deyi, Lwazi; Dahlmann, Sven; Strydom, Caren	X120 #21 Mixed 4x50 Medley Relay
24	East Coast MSC - 'A' Bloxham, Michelle; McLeod, Fiona; Hughes, Jimmy; Stewart, Brian	X240 #21 Mixed 4x50 Medley Relay
25	East Coast MSC - 'B' Saunders, Wendy; Schoeman, Adrian; Hadenham, Leslie; Angelos, Merle	X280 #21 Mixed 4x50 Medley Relay
26	East Coast MSC - 'B' Harley, John; Berridge, Barbara; Robinson, Graham; Leiman, Barbara	X240 #21 Mixed 4x50 Medley Relay
27	East Coast MSC - 'B' Bailey, Colleen; Cook, Wendy; du Toit, Graham; Taylor, Julian	X200 #21 Mixed 4x50 Medley Relay

**Total Relays: 27****ET Stingrays MSC-ES**

	<u>Relay</u>	<u>Sex</u>
1	ET Stingrays MSC - 'A' Meaker, Jane; Roets, Gillian; vd Walt, Carol; de Beer, Stephanie	F240 #33 Women 4x50 Free Relay
2	ET Stingrays MSC - 'A' de Beer, Stephanie; Harris, Laraine; Meaker, Jane; vd Walt, Carol	F240 #37 Women 4x50 Medley Relay
3	ET Stingrays MSC - 'A' Miller, Sean; Gordon-Davis, Keith; Gordon-Davis, Brian; Jacobs, Roy	M200 #34 Men 4x50 Free Relay
4	ET Stingrays MSC - 'A' Gordon-Davis, Keith; Jacobs, Roy; Gordon-Davis, Brian; Miller, Sean	M200 #38 Men 4x50 Medley Relay
5	ET Stingrays MSC - 'A' Gordon-Davis, Keith; de Beer, Stephanie; Roets, Gillian; Miller, Sean	X200 #22 Mixed 4x50 Free Relay
6	ET Stingrays MSC - 'A' Jacobs, Roy; Meaker, Jane; vd Walt, Carol; Gordon-Davis, Brian	X240 #22 Mixed 4x50 Free Relay
7	ET Stingrays MSC - 'A' vd Walt, Carol; Jacobs, Roy; Gordon-Davis, Brian; Meaker, Jane	X240 #21 Mixed 4x50 Medley Relay
8	ET Stingrays MSC - 'A' Miller, Sean; Harris, Laraine; Gordon-Davis, Keith; Roets, Gillian	X200 #21 Mixed 4x50 Medley Relay

**Total Relays: 8****Fish Eagle Aquatics-SW**

	<u>Relay</u>	<u>Sex</u>
1	Fish Eagle Aquatics - 'A' Roos, Moneque; Bishop, Pippy; Menton, Gareth; du Plessis, EP	X120 #22 Mixed 4x50 Free Relay
2	Fish Eagle Aquatics - 'A' Roos, Moneque; Bishop, Pippy; Roos, Mihan; Menton, Gareth	X120 #7 Mixed 4x100 Free Relay
3	Fish Eagle Aquatics - 'A' Bishop, Pippy; Roos, Moneque; du Plessis, EP; Menton, Gareth	X120 #21 Mixed 4x50 Medley Relay

**Total Relays: 3**

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**Free State MSC-FS**

<u>Relay</u>	<u>Sex</u>
1 Free State MSC - 'A' Pieterse, Elzanie; van Niekerk, Carolyn; Olivier, Lienkie; Bekker, JC	F120 #33 Women 4x50 Free Relay
2 Free State MSC - 'A' Guiney, Gwyn; Rottanburg, Dawn; Lordan, Beth; Carson, Petro	F240 #33 Women 4x50 Free Relay
3 Free State MSC - 'A' Guiney, Gwyn; van Niekerk, Carolyn; Pieterse, Elzanie; Bekker, JC	F160 #37 Women 4x50 Medley Relay
4 Free State MSC - 'A' van Niekerk, Antoinette; Lordan, Beth; Rottanburg, Dawn; Scott, Amelia	F240 #37 Women 4x50 Medley Relay
5 Free State MSC - 'A' Kropman, Derek; Loxton, Shani; Rowan, George; Scott, Amelia	X200 #22 Mixed 4x50 Free Relay
6 Free State MSC - 'A' Kropman, Derek; Lordan, Beth; Rowan, George; van Niekerk, Antoinette	X240 #7 Mixed 4x100 Free Relay
7 Free State MSC - 'A' Kropman, Derek; Bekker, JC; Schoeman, Danie; Pieterse, Elzanie	X160 #21 Mixed 4x50 Medley Relay

**Total Relays: 7****Highway MSC-KZ**

<u>Relay</u>	<u>Sex</u>
1 Highway MSC - 'A' Thatcher, Annette; Blakeway, Dawn; Thompson, Terry; Nortje, Debbie	F200 #33 Women 4x50 Free Relay
2 Highway MSC - 'B' Geraty, Estelle; Heymans, Maretha; Shuttleworth, Bev; Rode, Dawn	F200 #33 Women 4x50 Free Relay
3 Highway MSC - 'A' Thatcher, Annette; Thompson, Terry; Blakeway, Dawn; Nortje, Debbie	F200 #37 Women 4x50 Medley Relay
4 Highway MSC - 'B' Harrison, Peta; Heymans, Maretha; Goldstein, Heather; Rode, Dawn	F200 #37 Women 4x50 Medley Relay
5 Highway MSC - 'A' Bromfield, Brendan; Fechter, Wolfgang; Baker, Anthony; vd Merwe, Theo	M160 #34 Men 4x50 Free Relay
6 Highway MSC - 'A' Baker, Anthony; Phielix, Huibert; Bromfield, Brendan; vd Merwe, Theo	M200 #38 Men 4x50 Medley Relay
7 Highway MSC - 'A' Thatcher, Annette; Fechter, Wolfgang; Harrison, Peta; vd Merwe, Theo	X200 #22 Mixed 4x50 Free Relay
8 Highway MSC - 'A' Nortje, Debbie; Bromfield, Brendan; Blakeway, Dawn; vd Merwe, Theo	X160 #7 Mixed 4x100 Free Relay
9 Highway MSC - 'A' Thatcher, Annette; Baker, Anthony; Blakeway, Dawn; vd Merwe, Theo	X200 #21 Mixed 4x50 Medley Relay
10 Highway MSC - 'A' Shuttleworth, Bev; Phielix, Huibert; Ireland, Jenny; Bromfield, Brendan	X240 #21 Mixed 4x50 Medley Relay

**Total Relays: 10**

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**Phoenix MSC-CG**

<u>Relay</u>	<u>Sex</u>
1 Phoenix MSC - 'A' Kennedy, Karen; Homveld, Alexis; Troup, Bianca; Gunther, Sam	F120 #33 Women 4x50 Free Relay
2 Phoenix MSC - 'A' Davie, Clare; Homveld, Jade; Rollnick, Marissa; Sabiston, Jaki	F200 #33 Women 4x50 Free Relay
3 Phoenix MSC - 'A' Crawford, Linda; Leone-Allner, Rene; Johnson, Justine; Vermeulen, Junel	F160 #33 Women 4x50 Free Relay
4 Phoenix MSC - 'A' Gunther, Sam; Kennedy, Karen; Troup, Bianca; Homveld, Alexis	F120 #37 Women 4x50 Medley Relay
5 Phoenix MSC - 'A' Davie, Clare; Leone-Allner, Rene; Johnson, Justine; Sabiston, Jaki	F160 #37 Women 4x50 Medley Relay
6 Phoenix MSC - 'A' Bulkin, Kyle; Brits, Rudi; Allner, Anton; Venter, Tyron	M120 #34 Men 4x50 Free Relay
7 Phoenix MSC - 'A' Ponsonby, Peter; Wolpe, Russel; Rivers, Andy; Petersen, John	M240 #34 Men 4x50 Free Relay
8 Phoenix MSC - 'A' Greaves, Gordon; Wolpe, Russel; Petersen, John; Rivers, Andy	M240 #38 Men 4x50 Medley Relay
9 Phoenix MSC - 'A' Allner, Anton; Bulkin, Kyle; Venter, Tyron; Brits, Rudi	M120 #38 Men 4x50 Medley Relay
10 Phoenix MSC - 'A' Kennedy, Karen; Rivers, Andy; Rollnick, Marissa; Petersen, John	X240 #22 Mixed 4x50 Free Relay
11 Phoenix MSC - 'A' Bulkin, Kyle; Sabiston, Jaki; Gunther, Sam; Venter, Tyron	X100 #22 Mixed 4x50 Free Relay
12 Phoenix MSC - 'A' Davie, Clare; Greaves, Gordon; Vermeulen, Junel; Ponsonby, Peter	X200 #22 Mixed 4x50 Free Relay
13 Phoenix MSC - 'A' Allner, Anton; Brits, Rudi; Homveld, Alexis; Troup, Bianca	X120 #22 Mixed 4x50 Free Relay
14 Phoenix MSC - 'A' Rollnick, Marissa; Rivers, Andy; Petersen, John; Kennedy, Karen	X240 #7 Mixed 4x100 Free Relay
15 Phoenix MSC - 'A' Bulkin, Kyle; Homveld, Alexis; Gunther, Sam; Venter, Tyron	X100 #7 Mixed 4x100 Free Relay
16 Phoenix MSC - 'A' Troup, Bianca; Brits, Rudi; Allner, Anton; Davie, Clare	X160 #7 Mixed 4x100 Free Relay
17 Phoenix MSC - 'B' Sabiston, Jaki; Greaves, Gordon; Johnson, Justine; Ponsonby, Peter	X160 #7 Mixed 4x100 Free Relay
18 Phoenix MSC - 'A' Kennedy, Karen; Ponsonby, Peter; Crawford, Linda; Brits, Rudi	X200 #21 Mixed 4x50 Medley Relay
19 Phoenix MSC - 'A' Allner, Anton; Greaves, Gordon; Troup, Bianca; Sabiston, Jaki	X160 #21 Mixed 4x50 Medley Relay
20 Phoenix MSC - 'A' Gunther, Sam; Bulkin, Kyle; Venter, Tyron; Homveld, Alexis	X100 #21 Mixed 4x50 Medley Relay
21 Phoenix MSC - 'A' Davie, Clare; Wolpe, Russel; Petersen, John; Rollnick, Marissa	X240 #21 Mixed 4x50 Medley Relay

**Total Relays: 21**

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<b>Relay</b>	<b>Sex</b>
1 Uniswim MSC - 'A' van Dyk, Eric; Smart, Lucinda; White, Rose; McClean, Raymond	X160 #21 Mixed 4x50 Medley Relay

**Total Relays: 1**



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**Wahoo MSC-CG**

	<u>Relay</u>	<u>Sex</u>
1	Wahoo MSC - 'A' Gilmartin, Theresa; du Rand, Dawn; Lawless, Helen; Alder, Elaine	F200 #33 Women 4x50 Free Relay
2	Wahoo MSC - 'A' Dick, Jean; Marais, Elizabeth; Ferreira, Mercia; Adan, Marilyn	F240 #33 Women 4x50 Free Relay
3	Wahoo MSC - 'A' Dmons, Tracy; Parsons, Sue; Williams, Angela; Barnard, Yvonne	F160 #33 Women 4x50 Free Relay
4	Wahoo MSC - 'A' Scholtz, Eurika; Helps, Tracy; Cronje, Cathy; Lee, Niki	F120 #33 Women 4x50 Free Relay
5	Wahoo MSC - 'A' Helps, Tracy; Lee, Niki; Cronje, Cathy; Marais, Elizabeth	F160 #37 Women 4x50 Medley Relay
6	Wahoo MSC - 'A' Alder, Elaine; Scholtz, Eurika; Lawless, Helen; du Rand, Dawn	F200 #37 Women 4x50 Medley Relay
7	Wahoo MSC - 'A' Garson, John; Williams, Ken;	M280 #34 Men 4x50 Free Relay
8	Wahoo MSC - 'A' Selmer-Olsen, Bjorn; Hutchings, Peter; Hanna, Ken	M240 #34 Men 4x50 Free Relay
9	Wahoo MSC - 'A' Steynberg, Andre; Hickling, Glenn; Tustin, Royden; Grobler, Francois	M200 #34 Men 4x50 Free Relay
10	Wahoo MSC - 'A' Parsons, Graeme; Sheftz, Owen; Josephson, Matt; Erasmus, Jaco	M120 #34 Men 4x50 Free Relay
11	Wahoo MSC - 'B' Mountjoy, Mark; van Heerden, Carel; May, Walter; Crowther, Bobbie	M200 #34 Men 4x50 Free Relay
12	Wahoo MSC - 'C' Boyd, Shaun; Roeloffze, Alexander; Miller, Mervyn; Mitchell, Tocher	M200 #34 Men 4x50 Free Relay
13	Wahoo MSC - 'A' Tustin, Royden; Mountjoy, Mark; van Heerden, Carel; Mitchell, Tocher	M200 #38 Men 4x50 Medley Relay
14	Wahoo MSC - 'A' Crowther, Bobbie; Parsons, Graeme; Grobler, Francois; Hickling, Glenn	M160 #38 Men 4x50 Medley Relay
15	Wahoo MSC - 'A' Steynberg, Andre; Josephson, Matt; Sheftz, Owen; Erasmus, Jaco	M120 #38 Men 4x50 Medley Relay
16	Wahoo MSC - 'B' Garson, John; Miller, Mervyn; Roeloffze, Alexander; Hanna, Ken	M240 #38 Men 4x50 Medley Relay
17	Wahoo MSC - 'A' Grobler, Francois; Parsons, Sue; Barnard, Yvonne; Boyd, Shaun	X120 #22 Mixed 4x50 Free Relay
18	Wahoo MSC - 'A' Steynberg, Andre; Carroll, Debbie; Scholtz, Eurika; Erasmus, Jaco	X160 #22 Mixed 4x50 Free Relay
19	Wahoo MSC - 'A' May, Walter; Adan, Marilyn; Lawless, Helen; Tustin, Royden	X240 #22 Mixed 4x50 Free Relay
20	Wahoo MSC - 'B' Parsons, Graeme; Cronje, Cathy; Alder, Elaine; Josephson, Matt	X160 #22 Mixed 4x50 Free Relay
21	Wahoo MSC - 'B' van Heerden, Carel; Dick, Jean; Marais, Elizabeth; vd Hoven, Hendrik	X240 #22 Mixed 4x50 Free Relay

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**Wahoo MSC-CG**

	<u>Relay</u>	<u>Sex</u>	
22	Wahoo MSC - 'C' Williams, Ken; Helps, Tracy; Ferreira, Mercia; Mitchell, Tocher	X240	#22 Mixed 4x50 Free Relay
23	Wahoo MSC - 'C' Sheftz, Owen; du Rand, Dawn; Lee, Niki; Hickling, Glenn	X160	#22 Mixed 4x50 Free Relay
24	Wahoo MSC - 'D' Roeloffze, Alexander; Gilmartin, Theresa; Williams, Angela; Garson, John	X240	#22 Mixed 4x50 Free Relay
25	Wahoo MSC - 'D' Mountjoy, Mark; Lawless, Diana; Damons, Tracy; Crowther, Bobbie	X160	#22 Mixed 4x50 Free Relay
26	Wahoo MSC - 'A' Tustin, Royden; Cronje, Cathy; Helps, Tracy; Grobler, Francois	X160	#7 Mixed 4x100 Free Relay
27	Wahoo MSC - 'A' Parsons, Graeme; Carroll, Debbie; Alder, Elaine; Steynberg, Andre	X200	#7 Mixed 4x100 Free Relay
28	Wahoo MSC - 'A' Mitchell, Tocher; du Rand, Dawn; Ferreira, Mercia; Williams, Ken	X240	#7 Mixed 4x100 Free Relay
29	Wahoo MSC - 'A' Erasmus, Jaco; Lee, Niki; Scholtz, Eurika; Sheftz, Owen	X120	#7 Mixed 4x100 Free Relay
30	Wahoo MSC - 'A' Helps, Tracy; van Heerden, Carel; Mitchell, Tocher; Ferreira, Mercia	X200	#21 Mixed 4x50 Medley Relay
31	Wahoo MSC - 'A' Barnard, Yvonne; Crowther, Bobbie; Grobler, Francois; Parsons, Sue	X120	#21 Mixed 4x50 Medley Relay
32	Wahoo MSC - 'A' Carroll, Debbie; Scholtz, Eurika; Steynberg, Andre; Parsons, Graeme	X160	#21 Mixed 4x50 Medley Relay
33	Wahoo MSC - 'A' May, Walter; Adan, Marilyn; Lawless, Helen; Hickling, Glenn	X240	#21 Mixed 4x50 Medley Relay
34	Wahoo MSC - 'B' Alder, Elaine; Josephson, Matt; Erasmus, Jaco; Cronje, Cathy	X120	#21 Mixed 4x50 Medley Relay
35	Wahoo MSC - 'B' Lee, Niki; Boyd, Shaun; Sheftz, Owen; du Rand, Dawn	X160	#21 Mixed 4x50 Medley Relay
36	Wahoo MSC - 'B' Dick, Jean; Williams, Angela; Roeloffze, Alexander; Williams, Ken	X240	#21 Mixed 4x50 Medley Relay
37	Wahoo MSC - 'C' Lawless, Diana; Mountjoy, Mark; Tustin, Royden; Damons, Tracy	X160	#21 Mixed 4x50 Medley Relay
	<b>Total Relays: 37</b>		

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**Winelands MSC-WP**

<u>Relay</u>	<u>Sex</u>	
1 Winelands MSC - 'A' van Wilgen, Jane; Louw, Niki; de Kock, Lindsay; Sharkey, Therese	F200	#33 Women 4x50 Free Relay
2 Winelands MSC - 'A' Sharkey, Therese; de Kock, Lindsay; Wessels, Marsha; Sharkey, Julia	F160	#37 Women 4x50 Medley Relay
3 Winelands MSC - 'A' Louw, Attie; Louw, Chris; Platte, Gary; Hawkins, Peter	M160	#34 Men 4x50 Free Relay
4 Winelands MSC - 'A' Platte, Gary; Smuts, Iain; Frost, David; Hawkins, Peter	M200	#38 Men 4x50 Medley Relay
5 Winelands MSC - 'A' Sharkey, Julia; Louw, Niki; Smuts, Iain; Hawkins, Peter	X160	#22 Mixed 4x50 Free Relay
6 Winelands MSC - 'A' Frost, David; Sharkey, Therese; van Wilgen, Jane; Louw, Attie	X200	#22 Mixed 4x50 Free Relay
7 Winelands MSC - 'B'	X160	#22 Mixed 4x50 Free Relay
8 Winelands MSC - 'A' Wessels, Marsha;	X120	#7 Mixed 4x100 Free Relay
9 Winelands MSC - 'A' Wessels, Liezel; Sharkey, Therese; Frost, David; Louw, Attie	X200	#7 Mixed 4x100 Free Relay
10 Winelands MSC - 'B' Louw, Niki; Sharkey, Julia; Louw, Chris; Cozett, Marlin	X200	#7 Mixed 4x100 Free Relay
11 Winelands MSC - 'A' Sharkey, Therese; Frost, David; Louw, Attie; van Wilgen, Jane	X200	#21 Mixed 4x50 Medley Relay
12 Winelands MSC - 'B' de Kock, Lindsay; Louw, Niki; Platte, Gary; Hawkins, Peter	X200	#21 Mixed 4x50 Medley Relay
<b>Total Relays: 12</b>		

**Total Athletes: 0****Total Relays: 304**