

South African Masters Swimming 2007-2008 Season

Individual Top Times

Times since: 01-May-07 Times until: 30-Apr-08
Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | | |
|-----------------------------|---------|-------|------|--------------------|----|------|----|------------|------------------------------------|
| Women 45-49 50 Free | | | | | | | | | |
| 1 | 29.88 | L | F | Stanford, Cecilia | 47 | CPTW | WP | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 2 | 30.73 | L | F | Carroll, Debbie | 46 | WAHO | CG | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 3 | 31.34 | L | F | McCarney, Gail | 49 | CPTW | WP | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 4 | 31.43 | L | F | Young, Cheryl | 49 | DOLP | WP | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 5 | 32.52 | L | F | Webb, Liz | 49 | DOLP | WP | 2008-02-03 | WPMSA LC Champs @ Various venue |
| 6 | 32.78 | L | F | Verryn, Sabine | 47 | COEL | NT | 2008-03-01 | GMS Interregional @ Wits Ed. Campu |
| 7 | 32.96 | L | F | Zambetti, Deane | 45 | WAHO | CG | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 8 | 33.54 | L | F | Degenaar, Jean | 48 | CPTW | WP | 2008-02-03 | WPMSA LC Champs @ Various venue |
| 9 | 34.50 | L | F | Rip, Laura | 48 | COEL | NT | 2008-02-14 | TMS LC Champs @ Hillcrest |
| 10 | 34.60 | L | F | Kosteljik, Marijke | 48 | COEL | NT | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 11 | 34.74 | L | F | Snyman, Annette | 49 | EACS | KZ | 2008-01-26 | KZNMSA LC Champs @ Kings Park |
| 12 | 35.43 | L | F | Geldard, Natalie | 45 | COEL | NT | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 13 | 35.73 | L | F | Harrison, Peta | 48 | HIGH | KZ | 2008-01-26 | KZNMSA LC Champs @ Kings Park |
| 14 | 36.30 | L | F | Thompson, Terry | 46 | HIGH | KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 15 | 36.32 | L | F | Bargate, Karen | 49 | EACS | KZ | 2007-11-18 | KZNMSA (Highway) @ Kings Park |
| 16 | 36.75 | L | F | Hau, Di | 48 | CPTW | WP | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 17 | 37.76 | L | F | Bridges, Carole | 46 | WAHO | CG | 2008-01-26 | GMS (Orphan Annie) @ Wits Ed Camp |
| 18 | 38.78 | L | F | Erasmus, Nickey | 45 | COEL | NT | 2008-02-14 | TMS LC Champs @ Hillcrest |
| 19 | 39.31 | L | F | Lourens, Gina | 45 | DOLP | WP | 2008-01-19 | WPMSA @ UWC |
| 20 | 40.94 | L | F | Coetzee, Yvette | 45 | PHOE | CG | 2008-03-01 | GMS Interregional @ Wits Ed. Campu |
| 21 | 41.66 | L | F | Bloem, Renette | 45 | DOLP | WP | 2008-02-03 | WPMSA LC Champs @ Various venue |
| 22 | 42.31 | L | F | Williams, Marina | 47 | EACS | KZ | 2007-11-18 | KZNMSA (Highway) @ Kings Park |
| 23 | 45.65 | L | F | Wooding, Janet | 46 | COEL | NT | 2007-11-10 | TMS Int Reg @ Hillcrest |
| Women 45-49 100 Free | | | | | | | | | |
| 1 | 1:03.40 | L | F | Stanford, Cecilia | 47 | CPTW | WP | 2008-04-18 | FINA 12th LC Champs @ Perth |
| 2 | 1:07.45 | L | F | Webb, Liz | 49 | DOLP | WP | 2008-04-18 | FINA 12th LC Champs @ Perth |
| 3 | 1:07.60 | L | F | Pedlar, Lesley | 45 | PHOE | CG | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 4 | 1:07.83 | L | F | Carroll, Debbie | 46 | WAHO | CG | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 5 | 1:10.69 | L | F | Young, Cheryl | 49 | DOLP | WP | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 6 | 1:12.44 | L | F | Bargate, Karen | 49 | EACS | KZ | 2007-11-18 | KZNMSA (Highway) @ Kings Park |
| 7 | 1:12.48 | L | F | Bouwer, Marieke | 45 | COEL | NT | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 8 | 1:17.31 | L | F | Kosteljik, Marijke | 48 | COEL | NT | 2008-02-14 | TMS LC Champs @ Hillcrest |
| 9 | 1:18.36 | L | F | Verryn, Sabine | 47 | COEL | NT | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 10 | 1:20.83 | L | F | Harrison, Peta | 48 | HIGH | KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 11 | 1:21.54 | L | F | Snyman, Annette | 49 | EACS | KZ | 2008-01-26 | KZNMSA LC Champs @ Kings Park |
| 12 | 1:22.70 | L | F | Rip, Laura | 48 | COEL | NT | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 13 | 1:24.38 | L | F | Lourens, Gina | 45 | DOLP | WP | 2008-02-03 | WPMSA LC Champs @ Various venue |
| 14 | 1:26.18 | L | F | Bridges, Carole | 46 | WAHO | CG | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 15 | 1:27.61 | L | F | Erasmus, Nickey | 45 | COEL | NT | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 16 | 1:29.99 | L | F | Bloem, Renette | 45 | DOLP | WP | 2008-02-03 | WPMSA LC Champs @ Various venue |
| 17 | 1:34.43 | L | F | Williams, Marina | 48 | EACS | KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 18 | 1:40.78 | L | F | Lindhorst, Merle | 46 | COEL | NT | 2007-11-10 | TMS Int Reg @ Hillcrest |
| 19 | 1:48.16 | L | F | Wooding, Janet | 47 | COEL | NT | 2008-03-01 | GMS Interregional @ Wits Ed. Campu |
| Women 45-49 200 Free | | | | | | | | | |
| 1 | 2:25.25 | L | F | Webb, Liz | 49 | DOLP | WP | 2008-04-18 | FINA 12th LC Champs @ Perth |
| 2 | 2:25.53 | L | F | Pedlar, Lesley | 45 | PHOE | CG | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 3 | 2:29.01 | L | F | Young, Cheryl | 49 | DOLP | WP | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 4 | 2:30.92 | L | F | Carroll, Debbie | 46 | WAHO | CG | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 5 | 2:32.49 | L | F | van Helden, Karen | 46 | DOLP | WP | 2008-02-03 | WPMSA LC Champs @ Various venue |
| 6 | 2:36.56 | L | F | McCarney, Gail | 49 | CPTW | WP | 2008-02-03 | WPMSA LC Champs @ Various venue |
| 7 | 2:44.31 | L | F | Foster, Kim | 49 | TUKM | NT | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 8 | 2:52.32 | L | F | van Dam, Carola | 48 | WAHO | CG | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 9 | 2:52.93 | L | F | Kosteljik, Marijke | 48 | COEL | NT | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 10 | 3:00.71 | L | F | Harrison, Peta | 48 | HIGH | KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban |

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2007-2008 Season**

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| | Time | P/F/S | Name | Age/Yr | | | | |
|------------------------------|--------------|-------|--------------------|--------|---------|------------|-----------------------------------|--|
| 11 | 3:01.60 L | F | Bridges, Carole | 46 | WAHO CG | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 12 | 3:04.56 L | F | Geldard, Natalie | 45 | COEL NT | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 13 | 3:13.66 L | F | Snyman, Annette | 49 | EACS KZ | 2008-01-26 | KZNMSA LC Champs @ Kings Park | |
| 14 | 3:38.00 L | F | Lindhorst, Merle | 46 | COEL NT | 2007-11-10 | TMS Int Reg @ Hillcrest | |
| 15 | 3:46.64 L | F | Williams, Marina | 48 | EACS KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 16 | 3:56.06 L | F | Wooding, Janet | 47 | COEL NT | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| Women 45-49 400 Free | | | | | | | | |
| 1 | 5:03.13 L | F | Stanford, Cecilia | 47 | CPTW WP | 2008-02-03 | WPMSA LC Champs @ Various venue | |
| 2 | 5:04.11 L | F | Pedlar, Lesley | 45 | PHOE CG | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 3 | 5:05.81 L | F | Webb, Liz | 49 | DOLP WP | 2008-04-18 | FINA 12th LC Champs @ Perth | |
| 4 | 5:24.34 L | F | Young, Cheryl | 49 | DOLP WP | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 5 | 5:50.11 L | F | Foster, Kim | 49 | TUKM NT | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 6 | 6:03.78 L | F | Lourens, Gina | 45 | DOLP WP | 2008-02-03 | WPMSA LC Champs @ Various venue | |
| 7 | 6:25.91 L | F | Bridges, Carole | 46 | WAHO CG | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 8 | 6:29.86 L | F | Harrison, Peta | 48 | HIGH KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 9 | 6:37.75 L | F | Bloem, Renette | 45 | DOLP WP | 2008-02-03 | WPMSA LC Champs @ Various venue | |
| 10 | 8:06.80 L | F | Williams, Marina | 48 | EACS KZ | 2008-01-26 | KZNMSA LC Champs @ Kings Park | |
| 11 | 8:17.62 L | F | Gower, Lynda | 49 | AMAK BO | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 12 | 8:19.00 L | F | Lindhorst, Merle | 47 | COEL NT | 2008-02-14 | TMS LC Champs @ Hillcrest | |
| 13 | 15:17.89 L | F | Ledbitter, Liz | 49 | COEL NT | 2008-02-14 | TMS LC Champs @ Hillcrest | |
| Women 45-49 800 Free | | | | | | | | |
| 1 | 10:33.20 L | F | Webb, Liz | 49 | DOLP WP | 2008-04-18 | FINA 12th LC Champs @ Perth | |
| 2 | 10:43.56 L | F | Stanford, Cecilia | 47 | CPTW WP | 2008-02-03 | WPMSA LC Champs @ Various venue | |
| 3 | 10:49.94 L | F | Young, Cheryl | 49 | DOLP WP | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 4 | 11:01.68 L | F | van Helden, Karen | 46 | DOLP WP | 2008-02-03 | WPMSA LC Champs @ Various venue | |
| 5 | 12:27.23 L | F | van Dam, Carola | 48 | WAHO CG | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 6 | 13:05.76 L | F | Bridges, Carole | 46 | WAHO CG | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 7 | 14:00.38 L | F | Bloem, Renette | 45 | DOLP WP | 2008-02-03 | WPMSA LC Champs @ Various venue | |
| 8 | 16:20.00 L | F | Lindhorst, Merle | 47 | COEL NT | 2008-02-14 | TMS LC Champs @ Hillcrest | |
| 9 | 31:29.00 L | F | Ledbitter, Liz | 49 | COEL NT | 2008-02-14 | TMS LC Champs @ Hillcrest | |
| Women 45-49 1500 Free | | | | | | | | |
| 1 | 21:06.22 L | F | Webb, Liz | 48 | DOLP WP | 2007-12-01 | WPMSA (Cape Town) @ UWC | |
| 2 | 21:26.31 L | F | McCarney, Gail | 48 | CPTW WP | 2007-12-01 | WPMSA (Cape Town) @ UWC | |
| 3 | 24:25.00 L | F | vd Spuy, Christine | 45 | WAHO CG | 2007-09-29 | TMS (Coelacanth) 1500 @ Hillcrest | |
| 4 | 24:53.00 L | F | Carroll, Debbie | 45 | WAHO CG | 2007-09-29 | TMS (Coelacanth) 1500 @ Hillcrest | |
| 5 | 27:06.00 L | F | Foster, Kim | 48 | BRKL NT | 2007-09-29 | TMS (Coelacanth) 1500 @ Hillcrest | |
| 6 | 29:51.00 L | F | Lindhorst, Merle | 46 | COEL NT | 2007-09-29 | TMS (Coelacanth) 1500 @ Hillcrest | |
| 7 | 36:03.00 L | F | Wooding, Janet | 46 | COEL NT | 2007-09-29 | TMS (Coelacanth) 1500 @ Hillcrest | |
| 8 | 1:02:22.00 L | F | Ledbitter, Liz | 49 | COEL NT | 2008-02-14 | TMS LC Champs @ Hillcrest | |
| Women 45-49 50 Back | | | | | | | | |
| 1 | 35.25 L | F | Stanford, Cecilia | 47 | CPTW WP | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 2 | 37.05 L | F | Carroll, Debbie | 46 | WAHO CG | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 3 | 37.40 L | F | Degenaar, Jean | 48 | CPTW WP | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 4 | 39.04 L | F | Vettori, Stella | 46 | WAHO CG | 2008-04-18 | FINA 12th LC Champs @ Perth | |
| 5 | 39.13 L | F | Rip, Laura | 47 | COEL NT | 2007-11-10 | TMS Int Reg @ Hillcrest | |
| 6 | 40.20 L | F | Ueckermann, Hannah | 45 | COEL NT | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 7 | 41.25 L | F | Hore, Hayley | 45 | HIGH KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 8 | 42.61 L | F | Snyman, Annette | 49 | EACS KZ | 2008-01-26 | KZNMSA LC Champs @ Kings Park | |
| 9 | 43.95 L | F | Bargate, Karen | 49 | EACS KZ | 2007-11-18 | KZNMSA (Highway) @ Kings Park | |
| 10 | 44.11 L | F | Bloxham, Michelle | 48 | EACS KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 11 | 46.32 L | F | Erasmus, Nickey | 45 | COEL NT | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 12 | 47.42 L | F | Verryn, Sabine | 47 | COEL NT | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 13 | 50.88 L | F | Coetzee, Yvette | 45 | PHOE CG | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 14 | 52.65 L | F | Bloem, Renette | 45 | DOLP WP | 2008-01-19 | WPMSA @ UWC | |
| 15 | 59.91 L | F | Wooding, Janet | 46 | COEL NT | 2007-11-10 | TMS Int Reg @ Hillcrest | |

South African Masters Swimming 2007-2008 Season

Individual Top Times

Times since: 01-May-07 Times until: 30-Apr-08

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|-------------------------------|-----------|-------|--------------------|--------|---------|------------|------------------------------------|
| Women 45-49 100 Back | | | | | | | |
| 1 | 1:17.77 L | F | van Helden, Karen | 46 | DOLP WP | 2008-02-03 | WPMSA LC Champs @ Various venue |
| 2 | 1:19.55 L | F | Stanford, Cecilia | 47 | CPTW WP | 2008-02-03 | WPMSA LC Champs @ Various venue |
| 3 | 1:22.23 L | F | Degenaar, Jean | 48 | CPTW WP | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 4 | 1:23.69 L | F | Carroll, Debbie | 46 | WAHO CG | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 5 | 1:26.82 L | F | Vettori, Stella | 46 | WAHO CG | 2008-04-18 | FINA 12th LC Champs @ Perth |
| 6 | 1:28.22 L | F | Rip, Laura | 48 | COEL NT | 2008-02-14 | TMS LC Champs @ Hillcrest |
| 7 | 1:31.19 L | F | Snyman, Annette | 49 | EACS KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 8 | 1:32.68 L | F | Hore, Hayley | 45 | HIGH KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 9 | 1:36.09 L | F | Bloxham, Michelle | 48 | EACS KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 10 | 1:49.76 L | F | Bloem, Renette | 45 | DOLP WP | 2008-01-19 | WPMSA @ UWC |
| 11 | 2:00.65 L | F | Lindhorst, Merle | 46 | COEL NT | 2007-11-10 | TMS Int Reg @ Hillcrest |
| 12 | 2:13.32 L | F | Wooding, Janet | 47 | COEL NT | 2008-03-01 | GMS Interregional @ Wits Ed. Campu |
| Women 45-49 200 Back | | | | | | | |
| 1 | 2:46.66 L | F | van Helden, Karen | 46 | DOLP WP | 2008-02-03 | WPMSA LC Champs @ Various venue |
| 2 | 2:47.69 L | F | Stanford, Cecilia | 47 | CPTW WP | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 3 | 3:00.05 L | F | Degenaar, Jean | 48 | CPTW WP | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 4 | 3:11.62 L | F | Carroll, Debbie | 46 | WAHO CG | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 5 | 3:13.84 L | F | Vettori, Stella | 46 | WAHO CG | 2008-04-18 | FINA 12th LC Champs @ Perth |
| 6 | 3:20.96 L | F | Hore, Hayley | 45 | HIGH KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 7 | 3:28.38 L | F | Bloxham, Michelle | 48 | EACS KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 8 | 3:28.42 L | F | Snyman, Annette | 49 | EACS KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| Women 45-49 50 Breast | | | | | | | |
| 1 | 38.49 L | F | McCarney, Gail | 49 | CPTW WP | 2008-04-18 | FINA 12th LC Champs @ Perth |
| 2 | 40.22 L | F | van Dam, Carola | 48 | WAHO CG | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 3 | 40.61 L | F | Ueckermann, Hannah | 45 | COEL NT | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 4 | 41.35 L | F | Hau, Di | 48 | CPTW WP | 2008-04-18 | FINA 12th LC Champs @ Perth |
| 5 | 44.83 L | F | Kosteljik, Marijke | 48 | COEL NT | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 6 | 44.89 L | F | Thompson, Terry | 46 | HIGH KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 7 | 45.28 L | F | Verryn, Sabine | 47 | COEL NT | 2008-02-14 | TMS LC Champs @ Hillcrest |
| 8 | 45.64 L | F | Zambetti, Deane | 45 | WAHO CG | 2008-03-01 | GMS Interregional @ Wits Ed. Campu |
| 9 | 46.26 L | F | Bloxham, Michelle | 48 | EACS KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 10 | 49.23 L | F | Coetzee, Yvette | 45 | PHOE CG | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 11 | 49.32 L | F | Snyman, Annette | 49 | EACS KZ | 2008-01-26 | KZNMSA LC Champs @ Kings Park |
| 12 | 50.56 L | F | Bloem, Renette | 45 | DOLP WP | 2008-02-03 | WPMSA LC Champs @ Various venue |
| 13 | 51.33 L | F | Bridges, Carole | 46 | WAHO CG | 2008-01-26 | GMS (Orphan Annie) @ Wits Ed Campu |
| 14 | 1:08.66 L | F | Wooding, Janet | 47 | COEL NT | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 15 | 1:11.37 L | F | Ledbitter, Liz | 48 | COEL NT | 2007-11-10 | TMS Int Reg @ Hillcrest |
| Women 45-49 100 Breast | | | | | | | |
| 1 | 1:27.10 L | F | McCarney, Gail | 49 | CPTW WP | 2008-04-18 | FINA 12th LC Champs @ Perth |
| 2 | 1:27.41 L | F | Ueckermann, Hannah | 45 | COEL NT | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 3 | 1:31.78 L | F | van Dam, Carola | 48 | WAHO CG | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 4 | 1:31.86 L | F | Ledbitter, Liz | 49 | COEL NT | 2008-02-14 | TMS LC Champs @ Hillcrest |
| 5 | 1:35.05 L | F | Hau, Di | 48 | CPTW WP | 2008-04-18 | FINA 12th LC Champs @ Perth |
| 6 | 1:36.38 L | F | Foster, Kim | 49 | TUKM NT | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 7 | 1:39.91 L | F | Thompson, Terry | 46 | HIGH KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 8 | 1:40.07 L | F | Bloxham, Michelle | 48 | EACS KZ | 2008-01-26 | KZNMSA LC Champs @ Kings Park |
| 9 | 1:40.57 L | F | Kosteljik, Marijke | 48 | COEL NT | 2008-02-14 | TMS LC Champs @ Hillcrest |
| 10 | 1:42.88 L | F | Zambetti, Deane | 45 | WAHO CG | 2008-03-01 | GMS Interregional @ Wits Ed. Campu |
| 11 | 1:44.97 L | F | Verryn, Sabine | 47 | COEL NT | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 12 | 1:49.69 L | F | Bloem, Renette | 45 | DOLP WP | 2008-01-19 | WPMSA @ UWC |
| 13 | 2:00.57 L | F | Gower, Lynda | 49 | AMAK BO | 2008-03-12 | SAMS 24th LC Champs @ Durban |
| 14 | 2:30.66 L | F | Wooding, Janet | 47 | COEL NT | 2008-03-01 | GMS Interregional @ Wits Ed. Campu |

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| | Time | P/F/S | Name | Age/Yr | | | | |
|-------------------------------|-----------|-------|--------------------|--------|---------|------------|------------------------------------|--|
| Women 45-49 200 Breast | | | | | | | | |
| 1 | 3:03.93 L | F | McCarney, Gail | 49 | CPTW WP | 2008-04-18 | FINA 12th LC Champs @ Perth | |
| 2 | 3:08.44 L | F | Ueckermann, Hannah | 45 | COEL NT | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 3 | 3:24.90 L | F | Hau, Di | 48 | CPTW WP | 2008-04-18 | FINA 12th LC Champs @ Perth | |
| 4 | 3:32.79 L | F | Bloxham, Michelle | 48 | EACS KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 5 | 3:40.04 L | F | Bloem, Renette | 45 | DOLP WP | 2008-02-03 | WPMSA LC Champs @ Various venue | |
| 6 | 3:40.27 L | F | Zambetti, Deane | 45 | WAHO CG | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 7 | 5:16.71 L | F | Wooding, Janet | 47 | COEL NT | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 8 | 6:54.15 L | F | Ledbitter, Liz | 49 | COEL NT | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| Women 45-49 50 Fly | | | | | | | | |
| 1 | 32.01 L | F | Stanford, Cecilia | 47 | CPTW WP | 2008-04-18 | FINA 12th LC Champs @ Perth | |
| 2 | 32.32 L | F | McCarney, Gail | 49 | CPTW WP | 2008-04-18 | FINA 12th LC Champs @ Perth | |
| 3 | 34.03 L | F | Webb, Liz | 49 | DOLP WP | 2008-04-18 | FINA 12th LC Champs @ Perth | |
| 4 | 34.47 L | F | Foster, Kim | 49 | TUKM NT | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 5 | 35.39 L | F | Young, Cheryl | 49 | DOLP WP | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 6 | 37.94 L | F | Snyman, Annette | 49 | EACS KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 7 | 38.19 L | F | Hore, Hayley | 45 | HIGH KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
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| 9 | 39.36 L | F | Hau, Di | 48 | CPTW WP | 2008-04-18 | FINA 12th LC Champs @ Perth | |
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| 11 | 41.32 L | F | Vettori, Stella | 46 | WAHO CG | 2008-04-18 | FINA 12th LC Champs @ Perth | |
| 12 | 41.34 L | F | Thompson, Terry | 46 | HIGH KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 13 | 43.50 L | F | Bargate, Karen | 49 | EACS KZ | 2007-11-18 | KZNMSA (Highway) @ Kings Park | |
| 14 | 46.80 L | F | Bridges, Carole | 46 | WAHO CG | 2008-03-01 | GMS Interregional @ Wits Ed. Campu | |
| 15 | 56.00 L | F | Bloem, Renette | 45 | DOLP WP | 2008-01-19 | WPMSA @ UWC | |
| Women 45-49 100 Fly | | | | | | | | |
| 1 | 1:10.16 L | F | Stanford, Cecilia | 47 | CPTW WP | 2008-04-18 | FINA 12th LC Champs @ Perth | |
| 2 | 1:19.73 L | F | Degenaar, Jean | 48 | CPTW WP | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 3 | 1:19.78 L | F | Foster, Kim | 49 | TUKM NT | 2008-02-14 | TMS LC Champs @ Hillcrest | |
| 4 | 1:21.97 L | F | Webb, Liz | 49 | DOLP WP | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 5 | 1:33.68 L | F | Snyman, Annette | 49 | EACS KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 6 | 1:52.49 L | F | Bridges, Carole | 46 | WAHO CG | 2008-03-01 | GMS Interregional @ Wits Ed. Campu | |
| Women 45-49 200 Fly | | | | | | | | |
| 1 | 2:51.76 L | F | Stanford, Cecilia | 47 | CPTW WP | 2008-02-03 | WPMSA LC Champs @ Various venue | |
| 2 | 3:03.60 L | F | Foster, Kim | 49 | TUKM NT | 2008-02-14 | TMS LC Champs @ Hillcrest | |
| 3 | 4:04.90 L | F | Snyman, Annette | 49 | EACS KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| Women 45-49 200 IM | | | | | | | | |
| 1 | 2:37.66 L | F | Stanford, Cecilia | 47 | CPTW WP | 2008-04-18 | FINA 12th LC Champs @ Perth | |
| 2 | 2:53.75 L | F | Degenaar, Jean | 48 | CPTW WP | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 3 | 2:57.30 L | F | Ueckermann, Hannah | 45 | COEL NT | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 4 | 3:00.08 L | F | Bouwer, Marieke | 45 | COEL NT | 2008-04-18 | FINA 12th LC Champs @ Perth | |
| 5 | 3:18.84 L | F | Hore, Hayley | 45 | HIGH KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 6 | 3:19.84 L | F | Vettori, Stella | 46 | WAHO CG | 2008-04-18 | FINA 12th LC Champs @ Perth | |
| 7 | 3:21.99 L | F | Hau, Di | 48 | CPTW WP | 2008-04-18 | FINA 12th LC Champs @ Perth | |
| 8 | 3:38.52 L | F | Bridges, Carole | 46 | WAHO CG | 2008-01-26 | GMS (Orphan Annie) @ Wits Ed Campu | |
| 9 | 3:44.67 L | F | Bloem, Renette | 45 | DOLP WP | 2008-01-19 | WPMSA @ UWC | |
| Women 45-49 400 IM | | | | | | | | |
| 1 | 5:39.29 L | F | Stanford, Cecilia | 47 | CPTW WP | 2008-04-18 | FINA 12th LC Champs @ Perth | |
| 2 | 6:18.49 L | F | Degenaar, Jean | 48 | CPTW WP | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 3 | 6:26.54 L | F | Bouwer, Marieke | 45 | COEL NT | 2008-04-18 | FINA 12th LC Champs @ Perth | |
| 4 | 7:17.25 L | F | Vettori, Stella | 46 | WAHO CG | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 5 | 7:28.40 L | F | Snyman, Annette | 49 | EACS KZ | 2008-03-12 | SAMS 24th LC Champs @ Durban | |
| 6 | 7:33.62 L | F | Bridges, Carole | 46 | WAHO CG | 2008-03-12 | SAMS 24th LC Champs @ Durban | |