

## South African Masters Swimming 2007-2008 Season

### Individual Top Times

Times since: 01-May-07 Times until: 30-Apr-08  
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
<b>Men 75-79 50 Free</b>									
1	39.41 L	F	Johnston, Don	79	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban		
2	49.52 L	F	Beukes, Ted	78	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban		
3	53.06 L	F	Park, Loy	76	FISH SW	2008-03-12	SAMS 24th LC Champs @ Durban		
4	54.14 L	F	Grobler, Matie	76	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban		
<b>Men 75-79 100 Free</b>									
1	1:32.71 L	F	Johnston, Don	79	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban		
2	1:49.71 L	F	Beukes, Ted	78	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban		
3	2:37.69 L	F	Grobler, Matie	76	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban		
<b>Men 75-79 200 Free</b>									
1	3:34.10 L	F	Johnston, Don	79	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban		
2	3:39.91 L	F	Arbuthnot, Buth	76	SEAL KZ	2008-03-12	SAMS 24th LC Champs @ Durban		
3	4:23.75 L	F	Beukes, Ted	78	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban		
4	5:24.32 L	F	Park, Loy	76	FISH SW	2008-03-12	SAMS 24th LC Champs @ Durban		
<b>Men 75-79 400 Free</b>									
1	7:34.26 L	F	Arbuthnot, Buth	76	SEAL KZ	2008-03-12	SAMS 24th LC Champs @ Durban		
2	7:40.96 L	F	Johnston, Don	79	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban		
3	9:06.52 L	F	Beukes, Ted	78	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban		
<b>Men 75-79 800 Free</b>									
1	15:14.10 L	F	Arbuthnot, Buth	76	SEAL KZ	2008-03-12	SAMS 24th LC Champs @ Durban		
2	18:48.70 L	F	Beukes, Ted	78	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban		
<b>Men 75-79 50 Back</b>									
1	47.67 L	F	Arbuthnot, Buth	76	SEAL KZ	2008-03-12	SAMS 24th LC Champs @ Durban		
2	56.28 L	F	Johnston, Don	79	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban		
3	1:03.05 L	F	Beukes, Ted	78	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban		
4	1:08.39 L	F	Verhoef, Pieter	76	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban		
<b>Men 75-79 100 Back</b>									
1	1:49.27 L	F	Arbuthnot, Buth	76	SEAL KZ	2008-03-12	SAMS 24th LC Champs @ Durban		
2	2:14.22 L	F	Johnston, Don	79	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban		
<b>Men 75-79 200 Back</b>									
1	3:59.76 L	F	Arbuthnot, Buth	76	SEAL KZ	2008-03-12	SAMS 24th LC Champs @ Durban		
<b>Men 75-79 50 Breast</b>									
1	1:14.64 L	F	Verhoef, Pieter	76	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban		
<b>Men 75-79 100 Breast</b>									
1	3:04.27 L	F	Verhoef, Pieter	76	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban		
<b>Men 75-79 200 Breast</b>									
1	7:14.28 L	F	Verhoef, Pieter	76	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban		