

## South African Masters Swimming

### Individual Top Times

Times since: 01-May-08 Times until: 30-Apr-09  
 Number of Top Times: All Show Short Course Only

	Time	P/F/S	Name	Age/Yr				
<b>Men 65-69 50 Free</b>								
1	31.47 S	F	Stieger, Des	65	EACS KZ	2008-12-14	KZNMSA (East Coast) @ Gordon Roa	
2	31.50 S	F	Freeling, Gary	69	DOLP WP	2008-07-17	WPMSA (Winelands) @ Long Street	
3	33.57 S	F	Fyfe, Derek	68	COEL NT	2008-10-01	SAMS (Consol.) SC Champs @ variou	
4	34.22 S	F	Heuff, Roland	65	EACS KZ	2008-12-14	KZNMSA (East Coast) @ Gordon Roa	
5	34.72 S	F	Hadenham, Leslie	66	EACS KZ	2009-01-18	KZNMSA (East Coast) @ Gordon Roa	
6	36.27 S	F	Duncombe, Bill	66	COEL NT	2008-10-01	SAMS (Consol.) SC Champs @ variou	
7	44.15 S	F	Schoeman, Adrian	67	EACS KZ	2008-12-14	KZNMSA (East Coast) @ Gordon Roa	
8	45.37 S	F	Bath, Mike	66	SEAL KZ	2008-12-14	KZNMSA (East Coast) @ Gordon Roa	
<b>Men 65-69 100 Free</b>								
1	1:13.69 S	F	Stieger, Des	66	EACS KZ	2009-01-18	KZNMSA (East Coast) @ Gordon Roa	
2	1:18.75 S	F	Heuff, Roland	66	EACS KZ	2009-01-18	KZNMSA (East Coast) @ Gordon Roa	
3	1:20.14 S	F	Fyfe, Derek	68	COEL NT	2008-05-17	GMS (Wahoo) @ Wahoo AC (Frostbit	
4	1:50.28 S	F	Schoeman, Adrian	67	EACS KZ	2008-09-07	KZNMSA (East Coast) @ Kings Park	
<b>Men 65-69 200 Free</b>								
1	2:41.68 S	F	Freeling, Gary	69	DOLP WP	2008-07-17	WPMSA (Winelands) @ Long Street	
2	2:51.20 S	F	Stieger, Des	66	EACS KZ	2009-01-18	KZNMSA (East Coast) @ Gordon Roa	
3	2:54.72 S	F	Fyfe, Derek	68	COEL NT	2008-06-22	GMS (Wahoo) @ Wahoo AC (Frostbit	
4	3:00.21 S	F	Heuff, Roland	66	EACS KZ	2009-01-18	KZNMSA (East Coast) @ Gordon Roa	
5	3:26.30 S	F	Duncombe, Bill	66	COEL NT	2008-10-01	SAMS (Consol.) SC Champs @ variou	
6	4:16.27 S	F	Bath, Mike	66	SEAL KZ	2008-10-01	SAMS (Consol.) SC Champs @ variou	
<b>Men 65-69 400 Free</b>								
1	5:40.02 S	F	Freeling, Gary	69	DOLP WP	2008-08-17	WPMSA (Cape Dolphin) @ Stellenbos	
2	6:13.28 S	F	Stieger, Des	65	EACS KZ	2008-12-14	KZNMSA (East Coast) @ Gordon Roa	
3	6:19.85 S	F	Hadenham, Leslie	65	EACS KZ	2008-12-14	KZNMSA (East Coast) @ Gordon Roa	
4	6:22.06 S	F	Heuff, Roland	65	EACS KZ	2008-12-14	KZNMSA (East Coast) @ Gordon Roa	
5	8:26.35 S	F	Bath, Mike	66	SEAL KZ	2008-12-14	KZNMSA (East Coast) @ Gordon Roa	
<b>Men 65-69 800 Free</b>								
1	13:14.22 S	F	Hadenham, Leslie	65	EACS KZ	2008-10-01	SAMS (Consol.) SC Champs @ variou	
2	13:15.41 S	F	Fyfe, Derek	68	COEL NT	2008-10-01	SAMS (Consol.) SC Champs @ variou	
3	13:28.51 S	F	Heuff, Roland	65	EACS KZ	2008-10-01	SAMS (Consol.) SC Champs @ variou	
4	15:05.29 S	F	Duncombe, Bill	66	COEL NT	2008-10-01	SAMS (Consol.) SC Champs @ variou	
<b>Men 65-69 50 Back</b>								
1	41.49 S	F	Fyfe, Derek	68	COEL NT	2008-06-22	GMS (Wahoo) @ Wahoo AC (Frostbit	
2	45.03 S	F	Hadenham, Leslie	65	EACS KZ	2008-12-14	KZNMSA (East Coast) @ Gordon Roa	
3	46.88 S	F	Stieger, Des	65	EACS KZ	2009-03-29	KZNMSA (Highway) @ Gordon Road	
4	47.25 S	F	Tops, Paul	65	FISH SW	2008-10-01	SAMS (Consol.) SC Champs @ variou	
5	50.05 S	F	Duncombe, Bill	66	COEL NT	2008-10-01	SAMS (Consol.) SC Champs @ variou	
6	1:04.08 S	F	Schoeman, Adrian	67	EACS KZ	2008-09-07	KZNMSA (East Coast) @ Kings Park	
<b>Men 65-69 100 Back</b>								
1	2:28.94 S	F	Schoeman, Adrian	67	EACS KZ	2008-09-07	KZNMSA (East Coast) @ Kings Park	
<b>Men 65-69 200 Back</b>								
1	3:13.34 S	F	Fyfe, Derek	68	COEL NT	2008-10-01	SAMS (Consol.) SC Champs @ variou	
2	3:47.22 S	F	Hadenham, Leslie	65	EACS KZ	2008-12-14	KZNMSA (East Coast) @ Gordon Roa	
3	4:01.93 S	F	Duncombe, Bill	66	COEL NT	2008-10-01	SAMS (Consol.) SC Champs @ variou	
4	4:25.00 S	F	Tops, Paul	65	FISH SW	2008-10-01	SAMS (Consol.) SC Champs @ variou	
<b>Men 65-69 50 Breast</b>								
1	44.31 S	F	Heuff, Roland	65	EACS KZ	2008-10-01	SAMS (Consol.) SC Champs @ variou	
2	50.40 S	F	Schoeman, Adrian	67	EACS KZ	2008-10-01	SAMS (Consol.) SC Champs @ variou	
3	59.46 S	F	Tops, Paul	65	FISH SW	2008-10-01	SAMS (Consol.) SC Champs @ variou	
<b>Men 65-69 100 Breast</b>								
1	1:42.50 S	F	Heuff, Roland	65	EACS KZ	2008-12-14	KZNMSA (East Coast) @ Gordon Roa	
2	2:10.02 S	F	Schoeman, Adrian	68	EACS KZ	2009-01-18	KZNMSA (East Coast) @ Gordon Roa	

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	Time	P/F/S	Name	Age/Yr				
<b>Men 65-69 200 Breast</b>								
1	3:52.09 S	F	Heuff, Roland	65	EACS KZ	2009-03-29	KZNMSA (Highway) @ Gordon Road	
2	4:55.52 S	F	Schoeman, Adrian	67	EACS KZ	2009-03-29	KZNMSA (Highway) @ Gordon Road	
<b>Men 65-69 50 Fly</b>								
1	38.10 S	F	Hadenham, Leslie	65	EACS KZ	2008-09-07	KZNMSA (East Coast) @ Kings Park	
2	40.61 S	F	Stieger, Des	65	EACS KZ	2009-03-29	KZNMSA (Highway) @ Gordon Road	
3	46.66 S	F	Schoeman, Adrian	67	EACS KZ	2008-12-14	KZNMSA (East Coast) @ Gordon Road	
4	47.59 S	F	Heuff, Roland	65	EACS KZ	2008-12-14	KZNMSA (East Coast) @ Gordon Road	
<b>Men 65-69 100 Fly</b>								
1	1:35.32 S	F	Hadenham, Leslie	65	EACS KZ	2008-09-07	KZNMSA (East Coast) @ Kings Park	
2	1:54.64 S	F	Schoeman, Adrian	67	EACS KZ	2008-10-01	SAMS (Consol.) SC Champs @ variou	
<b>Men 65-69 200 Fly</b>								
1	5:07.01 S	F	Schoeman, Adrian	67	EACS KZ	2008-12-14	KZNMSA (East Coast) @ Gordon Road	
<b>Men 65-69 100 IM</b>								
1	1:35.25 S	F	Hadenham, Leslie	65	EACS KZ	2008-09-07	KZNMSA (East Coast) @ Kings Park	
2	1:37.50 S	F	Heuff, Roland	65	EACS KZ	2009-03-29	KZNMSA (Highway) @ Gordon Road	
3	1:50.75 S	F	Schoeman, Adrian	67	EACS KZ	2008-10-01	SAMS (Consol.) SC Champs @ variou	
4	1:54.78 S	F	Tops, Paul	65	FISH SW	2008-10-01	SAMS (Consol.) SC Champs @ variou	
<b>Men 65-69 200 IM</b>								
1	3:38.57 S	F	Hadenham, Leslie	66	EACS KZ	2009-01-18	KZNMSA (East Coast) @ Gordon Road	
2	4:30.31 S	F	Schoeman, Adrian	67	EACS KZ	2008-12-14	KZNMSA (East Coast) @ Gordon Road	
<b>Men 65-69 400 IM</b>								
1	7:42.66 S	F	Hadenham, Leslie	65	EACS KZ	2008-10-01	SAMS (Consol.) SC Champs @ variou	
2	9:46.68 S	F	Schoeman, Adrian	68	EACS KZ	2009-01-18	KZNMSA (East Coast) @ Gordon Road	