

South African Masters Swimming

Individual Top Times

Times since: 01-May-08 Times until: 30-Apr-09

Number of Top Times: All Show Short Course Only

Time	P/F/S	Name	Age/Yr					
Women 70-74 25 Free								
1		23.03 S	F	Hanson, Ann	70	COEL NT	2008-06-22	GMS (Wahoo) @ Wahoo AC (Frostbit
Women 70-74 50 Free								
1		52.50 S	F	Hanson, Ann	70	COEL NT	2008-10-01	SAMS (Consol.) SC Champs @ variou
Women 70-74 100 Free								
1		1:59.66 S	F	Hanson, Ann	70	COEL NT	2008-06-22	GMS (Wahoo) @ Wahoo AC (Frostbit
Women 70-74 200 Free								
1		4:15.27 S	F	Hanson, Ann	70	COEL NT	2008-11-22	GMS (Killer Whales) @ Linden
Women 70-74 25 Back								
1		54.76 S	F	Swanepoel, Miems	73	CPTW WP	2008-11-15	WPMSA (Cape Dolphin) @ Rondebos
Women 70-74 50 Back								
1		1:50.92 S	F	Swanepoel, Miems	73	CPTW WP	2008-09-18	WPMSA (Cape Town) @ Long Street
Women 70-74 100 Back								
1		3:58.80 S	F	Swanepoel, Miems	73	CPTW WP	2008-09-18	WPMSA (Cape Town) @ Long Street
Women 70-74 25 Breast								
1		1:31.82 S	F	Swanepoel, Miems	73	CPTW WP	2008-11-15	WPMSA (Cape Dolphin) @ Rondebos
Women 70-74 50 Breast								
1		1:08.87 S	F	Hanson, Ann	70	COEL NT	2008-06-22	GMS (Wahoo) @ Wahoo AC (Frostbit
2		3:26.06 S	F	Swanepoel, Miems	73	CPTW WP	2008-09-18	WPMSA (Cape Town) @ Long Street
Women 70-74 100 Breast								
1		8:12.15 S	F	Swanepoel, Miems	73	CPTW WP	2008-11-15	WPMSA (Cape Dolphin) @ Rondebos