

## South African Masters Swimming

---

### Individual Top Times

Times since: 01-May-08    Times until: 30-Apr-09  
 Number of Top Times: All    Show Long Course Only

Time	P/F/S	Name	Age/Yr
<b>Men 80-84 50 Free</b>			
1      38.96 L	F	Johnston, Don	80    PHOE CG    2009-03-11    SAMS 25th LC Champs @ East Lond
<b>Men 80-84 100 Free</b>			
1      1:38.12 L	F	Johnston, Don	80    PHOE CG    2009-03-11    SAMS 25th LC Champs @ East Lond
<b>Men 80-84 200 Free</b>			
1      3:45.91 L	F	Johnston, Don	80    PHOE CG    2009-03-11    SAMS 25th LC Champs @ East Lond
<b>Men 80-84 400 Free</b>			
1      8:06.42 L	F	Johnston, Don	80    PHOE CG    2009-03-11    SAMS 25th LC Champs @ East Lond
<b>Men 80-84 50 Back</b>			
1      1:01.27 L	F	Johnston, Don	80    PHOE CG    2009-03-11    SAMS 25th LC Champs @ East Lond
<b>Men 80-84 100 Back</b>			
1      2:26.65 L	F	Johnston, Don	80    PHOE CG    2009-03-11    SAMS 25th LC Champs @ East Lond